



Providing comprehensive solutions to ending homelessness and achieving self-sufficiency.

Founded in 1979, Portland Oregon



Eastside Campus

1949 SE 122nd Ave.



Programs:
Eastside Concern & Puentes



Eastside Concern

- Established around 1983 – private for profit outpatient AOD treatment
- Primarily served DUII offenders
- CCC purchased this site October, 2012 and it is now called Eastside Concern

Eastside Concern



“I was surprised at how comfortable I was in group. My counselor allows us to each share and grow from all of our experiences. Thank you ALL for making group one of the better parts of my life that has not been the best.”

Eastside Concern – Populations Served

- DUI Offenders – both convicted and diversion
- DHS referrals – child abuse and neglect custody cases
- Criminal justice clients – medium and high risk for recidivism
- Male perpetrators of domestic violence
- African American culturally specific program recently established

“I learned a lot and believe you are doing something good for our community.”

Eastside Concern - Barriers & Challenges

- Closed channel thinking
- History of trauma
- Lack of understanding re substance abuse
- Criminal “thinking errors”
- Lack of sober pro-social support system
- Male privilege mind set
- Cultural barriers

*“At first I hated class: why me? I don’t need this.
But I have learned a lot.”*

Eastside Concern - What We Do

- Motivational interviewing
- Coping skills (Seeking Safety)
- Psychoeducation re substance abuse/addiction
- Role playing for communication skills and empathy
- Personal triggers and relapse prevention plan
- Self-help group
- Random UAs to assist in maintaining abstinence
- Culturally-specific treatment for African American clients

Eastside Concern - Type of Programs

- Primarily group
- Length of stay typically 4-5 months – DV clients 1 year
- Utilize evidence-based models such as motivational interviewing and cognitive-behavioral therapies; Duluth model for DV clients

Client Population

- 250- 300 clients at any given time

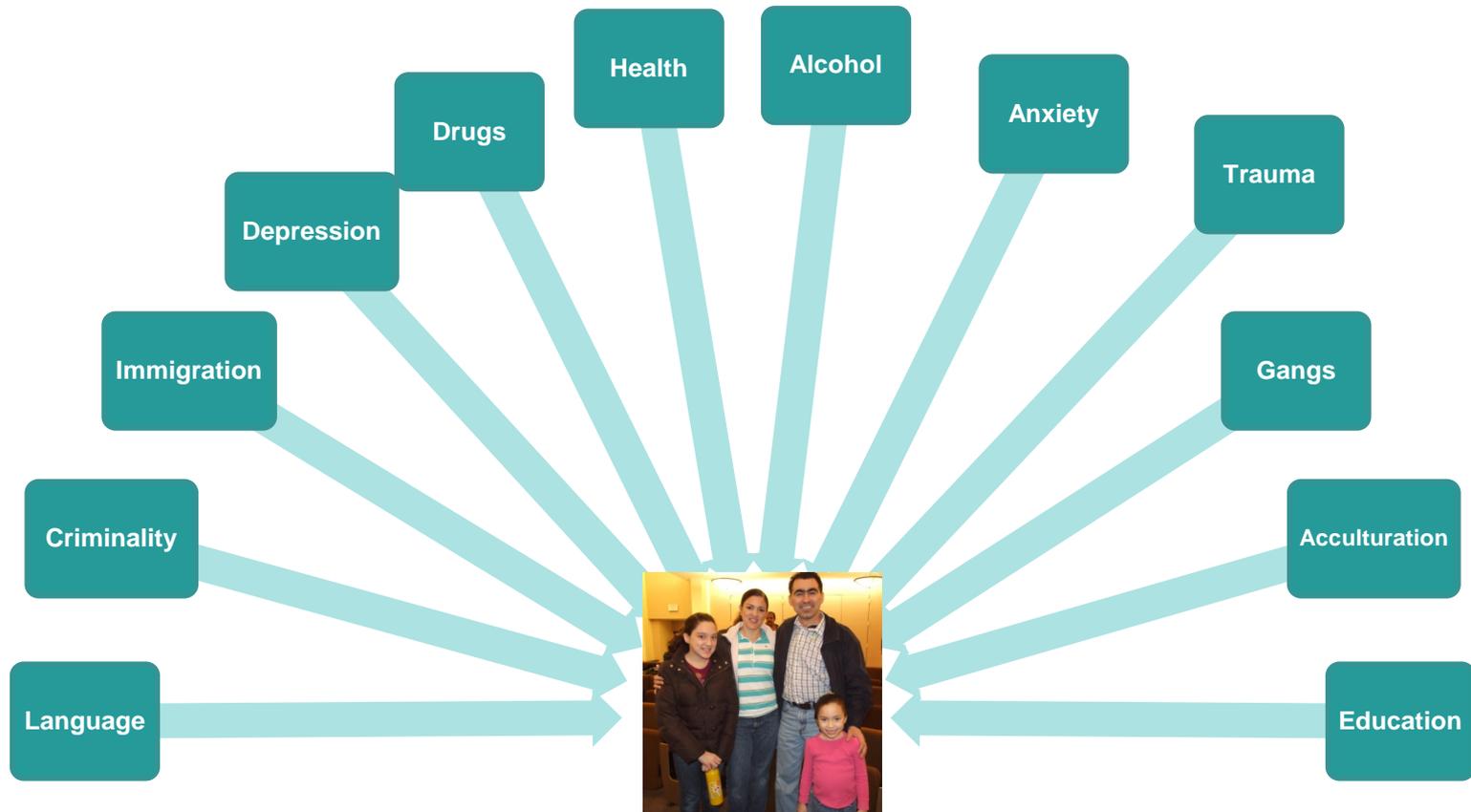
“The UAs definitely kept me clean and sober.”

Puentes

- Began in 2005 initially under the name of FLOAT
- Teen services (Esperanza Juvenil) added in 2007
- Mental health services for adults added in 2008



Puentes - Disparities Among Clients



Puentes – Our Mission & Purpose

Mission

Puentes helps promote the well-being of Spanish-speaking Latino families through accessible, culturally competent services.



Purpose

The goal is to provide an array of culturally specific and linguistically appropriate programs addressing prevention, substance abuse, and mental health treatment for the underserved and uninsured Latinos in the community.

Puentes - Culturally Specific

Since 2005 Puentes is helping Latino families with their alcohol, drugs and mental health needs!



- Bilingual and bicultural certified professionals deliver:
 - outreach
 - assessment
 - appropriate treatment
 - case management
 - linkage to medical, mental health, post incarceration, and other services in the community.

Puentes - Recovery & Mental Health

- treatment lasts six months; followed by a six-month aftercare

>300 served

Intensive outpatient alcohol and drug treatment - Adults

Intensive outpatient alcohol and drug treatment - Youth

>300 served

- Promotes abstinence by helping modify the conditions that encourage use, encourages positive social activities, and motivates family participation in the process

Since 1/2013

DUII treatment for Spanish-speaking individuals

Mental health services for adults

>370 served

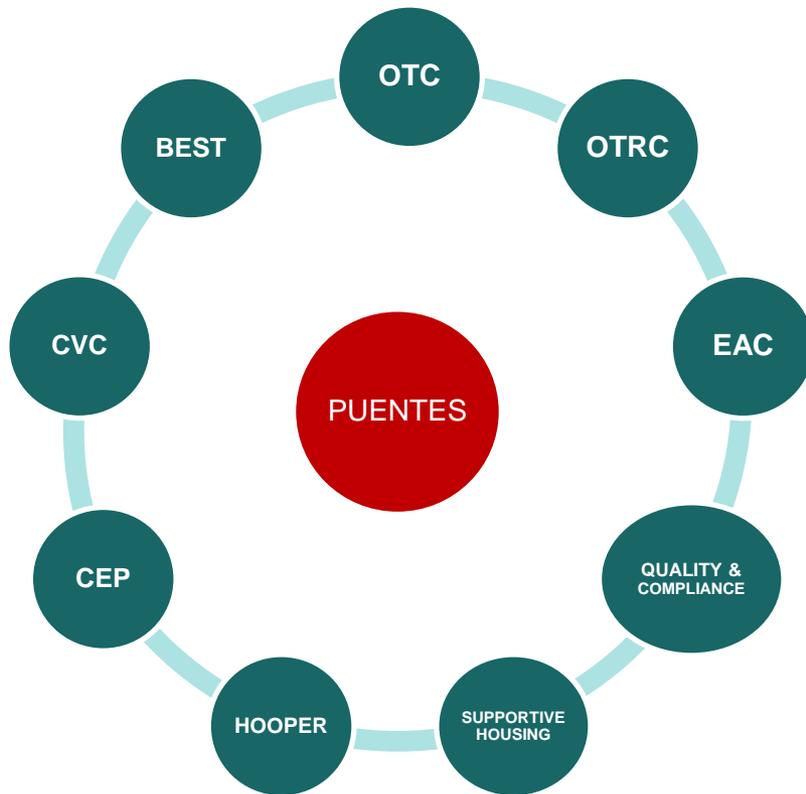
- promote abstinence, identifies triggers for use, and provides the appropriate tools to embark on a new life free of substances

- Treatment and case management services. No funding to pay. May be involved in the criminal justice system

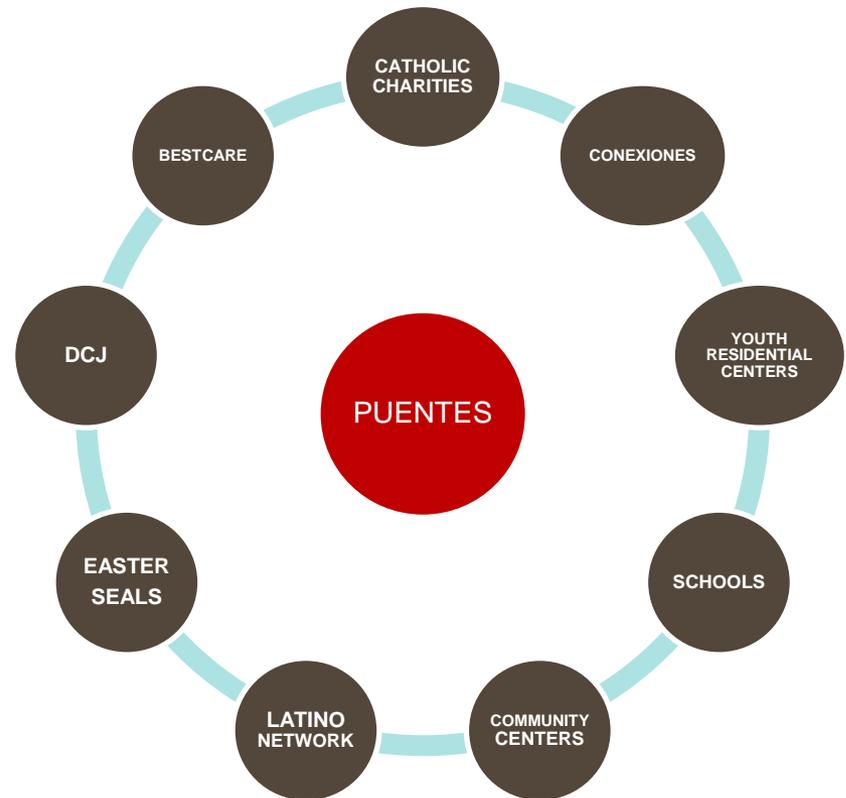
Services Rendered

Puentes - A Comprehensive Effort

In-reach



Outreach



Hundreds of success stories

