

Mental Health Board Briefing
FY11 Program Offers - Summary

						Program Description	Total Expenditures	Program Revenue Source						
PO Number	Program Offer Name	Prevention & Early Intervention	Community Based Treatment	Intensive/Residential Treatment	Safety Net/Crisis Services			CGF	CGF Match	State & Fed	OHP	ARRA	Total	Most at Risk of State General Fund Reduction
DCHS - MENTAL HEALTH AND ADDICTION SERVICES														
25055	Behavioral Health Crisis Services				X	Multnomah County Mental Health and Addiction Services Division operates a 24-hour, 365-day-a-year behavioral health emergency crisis response system. Services include a crisis hotline, mobile crisis outreach and an urgent walk-in clinic. Included in the management of the crisis system is the authorization of services for Verity enrolled members as well as indigent services. The total number of people served in this program offer is 61,586 per year.	6,897,871	1,073,345		4,089,275	1,735,251		6,897,871	Call Center, Walk-in Clinic, Mobile Crisis
25056B	Operations of the Crisis Assessment & Tx Center			X		The Mental Health and Addiction Services Division (MHASD) has identified crisis assessment and treatment, also known as sub-acute, as a missing service in the system of care. This facility offers 16 beds of short-term mental health treatment in a secure locked environment as a lower cost alternative to hospitalization for 600-800 clients per year. Facility staffing will include physical and mental health professionals and peer support specialists. This program offer supports ongoing operating costs that would be funded once the facility has been renovated with the build-out funds identified in program offer 25056A.	375,000	200,000		175,000			375,000	
25057	Inpatient, Sub-acute and Res MH Svcs for Children			X	X	The more intensive mental health needs of children and families enrolled in Oregon Health Plan are met through the following service types: psychiatric inpatient hospitalization services, psychiatric residential treatment services for children, and secure alternatives to psychiatric hospitalization for children. The three program elements combined provide a continuum of services for 668 children each year who need secure placement outside the home for mental health care.	2,847,600				2,847,600		2,847,600	
25058	MH Commitment Services			X		Commitment Services includes Emergency Psychiatric Holds (E-Holds), Involuntary Commitment Program (ICP), Commitment Monitors, and the State Hospital Waitlist Reduction Program (WLRP). The county is the payor of last resort for indigent E-Holds and ICP staff are required to investigate and determine whether individuals on an E-Hold present a risk of harm to themselves or others and if a court hearing should be recommended. Provision of commitment monitors is a requirement of the county as the Local Mental Health Authority (LMHA). In FY09 ICP, investigated 1,103 E-Holds for indigent residents and 4,491 total holds; commitment staff monitored 489 patients and 116 trial visits.	5,675,579	1,098,489		4,577,090			5,675,579	Emergency Holds, Involuntary Commitment, Commitment Monitors
25060	MH Residential Services			X		This program includes Mental Health Residential Services and Transitional Housing. Staff in Residential Services facilitates referral, screening and placement for individuals with a severe mental illness that requires care in a 24-hour-a-day setting. Transitional Housing focuses on individuals who require assistance obtaining permanent housing while addressing their mental health needs. The Bridgeview provides 48 units of single-room housing, support services and on-site mental health and dual diagnosis treatment. Royal Palm provides 20 dormitory shelter beds and 30 units of Single Room Occupancy housing.	8,951,466	1,113,979		7,837,487			8,951,466	Transitional Housing, Residential Services Staff
25062	Mental Health Services for Adults		X		X	Mental health services describe the existing continuum of mental health care for adults. Psychiatric hospitalization treats persons at immediate risk to themselves or others. Respite services provide intervention when an individual's symptoms have risen beyond the scope of outpatient treatment. Outpatient treatment services provide a range of care matched to diagnosis and acuity to over 6,800 adults annually. Primarily funded by the Oregon Health Plan, this continuum addresses the needs of adults at emergent (most acute), urgent and routine (least acute) levels of care.	21,526,586				21,526,586		21,526,586	

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25063A	MH Tx & Medications for the Uninsured - Base			X		The Multnomah Treatment Fund (MTF) prioritizes community-based services to severely mentally ill individuals who have been released from jail or psychiatric hospitals and/or are at risk of hospitalization or significant decompensation but are uninsured and ineligible for Oregon Health Plan (OHP). MTF addresses immediate health and safety concerns until insurance or OHP coverage is obtained. The program will provide mental health services to 500 adults (decrease due to reduction in funds to keep program in target).	1,437,976	1,177,976		260,000			1,437,976	
25064	Early Assessment & Support Alliance	X	X			The Early Assessment and Support Alliance (EASA) is an early psychosis intervention program addressing the needs of young persons age 15-25 who demonstrate initial symptoms of psychosis, with the goal of managing long-term problems and consequences. EASA offers formal psychiatric treatment services as well as vocational and educational support, and involves the young person's family in treatment. The program will provide services for approximately 80 clients.	1,048,280			997,430	50,850		1,048,280	Early Assessment and Support Alliance (EASA)
25067	Comm Based MH Svcs for Children and Families	X	X			This mental health service array serves children and youth up to age 21. Services range from prevention/early intervention in the Early Childhood and Head Start program that serves 4,511 children annually, to a comprehensive outpatient system that successfully maintains over 4,200 children in the community, to the Intensive Community Based Treatment program that has successfully reduced the average length of stay in psychiatric residential facilities over the last three years.	14,333,834	1,456,486		1,223,219	11,654,129		14,333,834	Early Childhood, CARES, Outpatient Mental Health Services
25068	Family Care Coordinators		X			Family Care Coordinators (FCC's) are Master's level clinicians serving children and adolescents up to age 18 years who have severe mental health disorders, and their families. These at risk children need the most intensive mental health services and have multiple service systems involvement. FCC's served 275 children and their families last fiscal year. FCC's provide clinical care coordination to identify, access and coordinate services for children and families that are clinically appropriate, evidence based, cost effective and in the least restrictive and most culturally appropriate environment. FCC's develop and facilitate Child and Family Teams that are family-guided, culturally competent, multidisciplinary and naturally supported to help children stay with family, in the community, in school and out of trouble.	1,067,423			104,000	963,423		1,067,423	Family Care Coordinators, now known as Wraparound
25070	Bienestar Mental Health & Addiction Services	X	X			Bienestar de La Familia (Wellbeing of the Family) is a multidisciplinary approach serving a large Latino community. Bienestar provides culturally specific, linguistically appropriate direct mental health and addiction treatment services to children, adolescents, adults and families at sites throughout Multnomah County. Qualified mental health professionals and an Addiction Specialist served 530 Hispanic children and families in their homes and in the community last year. Service sites include schools, Headstarts, CARES NW, and La Clinica Health Clinic. About 93% of individuals served are uninsured. Bienestar strives for health equity by providing services to traditionally underserved populations of Spanish speaking Latino families who experience significant barriers to service access.	319,547	319,547					319,547	
25075	School Based Mental Health Services		X			School Based Mental Health is an essential component of the mental health system of care for children and families. This program serves 924 children and teens with serious mental health disorders in over 88 school settings throughout the county. Mental health professionals provide culturally competent, family focused, evidence based treatment. Children and teens receive service that decreases the risk of hospitalization or other restrictive and costly services. Additional children with emotional and behavioral needs are helped through 12,381 preventative consultation contacts with school based health center staff and others that averted need for higher level of care. Sustainability efforts has been focused on improving the program's OHP billing reimbursement, which increased 30% in the last year.	1,515,354	531,914		983,440			1,515,354	

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25078	Culturally Specific Mental Health Services		X			Culturally specific outpatient mental health services provide treatment for five underserved communities in our county (Asian, African-American, Eastern European, Latino and Native-American). These communities have encountered difficulty finding mental health treatment that incorporates their culture, tradition and language. These services provide culturally and linguistically relevant care for these populations. Some communities of color are also overrepresented in the criminal justice system. Approximately 400 individuals receive services.	1,292,239	1,292,239					1,292,239	
25080	Adult Addictions Treatment Continuum		X	X		The adult treatment continuum consists of outpatient addictions treatment including various counseling options, medication management and relapse prevention; residential treatment (intensive addictions services in a 24 hour setting); community recovery (aftercare services for clients learning to live sober); and a specialized program for severely addicted and multi-diagnosed, homeless clients. The continuum will serve about 5,500 clients next year. Research has shown that Oregon taxpayers save \$5.60 for every dollar spent on treatment.	11,495,516	3,026,170		8,469,346			11,495,516	Addiction Treatment, Counseling, Relapse Prevention, Outpatient and Residential Treatment
25085	Addiction Services Gambling Tx and Prevention	X	X			Gambling addiction treatment uses evidence-based practices in an outpatient setting to provide treatment to persons diagnosed with problem or pathological gambling. The county's community-based providers treat approximately 513 gamblers and their family members annually. Countywide data shows that problem gamblers and family members seeking treatment can access services in less than five days 99% of the time.	816,001			816,001			816,001	
25086	Addiction Services Alcohol and Drug Prevention	X				The alcohol and drug prevention program provides an array of services for children and families at high risk for substance abuse, school failure and juvenile justice problems. Prevention services include structured after-school activities (homework assistance, tutoring and home visits), a parent-child readership program, and culturally-specific youth leadership activities. These programs promote school success, family bonding, improved parenting skills and youth life skills. The aim is to reduce youth substance abuse, school failure and juvenile crime. The program is projected to provide over 5,000 prevention service contacts to over 250 participants.	194,259			194,259			194,259	
25088	Coord Diversion for Persons with Mental Illness		X			Coordinated diversion includes three jail and/or hospital diversion programs for consumers with a serious mental illness. Three teams of mental health professionals work with the Community Court, Mental Health Court and Aid and Assist/Treat Until Fit programs. All three programs provide assertive, short term support for persons with serious mental illness, with the goal of connecting them with appropriate ongoing community treatment options. Staff working with the Community Court and Mental Health Court focus on jail diversion. Staff with the Aid and Assist/Treat Until Fit Program focus on avoiding or decreasing days of unnecessary psychiatric hospitalizations. In FY08-09 Community Court served 999 clients, Aid and Assist/Treat Until Fit served 195 clients, Mental Health Court opened 23 cases and served 19.	886,592	231,576		655,016			886,592	Mental Health Court, Treat Until Fit, Community Court
25090A	Detoxification and Post-Detox Hsg - Base			X	X	Detoxification and Supportive Housing are two vital steps to working towards long-term recovery and stability. Detoxification, a medically monitored inpatient service, is the primary entrance point into addiction services for many severely addicted and low-income persons. There are approximately 2,500 admissions to detoxification annually with an average successful completion rate of 75%. Supportive Housing is available for homeless addicts who have completed detoxification and are continuing treatment. The 50 Supportive Housing units can serve approximately 150 clients annually. Benefiting from both clinical and housing support, clients move from active addiction, through treatment and into the recovery world; and from homelessness, through supportive housing and into permanent housing.	2,915,525	1,037,166		1,878,359			2,915,525	Medically Monitored Alcohol and Drug Detoxification, Post-Detox Supportive Housing

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25091A	Sobering - Base				X	The Sobering program provides a safe, secure holding environment for persons publicly intoxicated due to alcohol or drug abuse. As these individuals regain their functionality, staff encourages them to seek further care. The Sobering program has more than 11,000 annual admissions.	477,722	477,722					477,722	
25091B	Sobering - Scale B				X	This scale-up reflects last year's County/City agreement to assist the Sobering program by helping to replace a \$300,000 annual contribution from local hospitals. The hospital contributions are ending in fiscal year 2009-2010. The \$150,000 represents the County's portion of that agreement.	150,000	150,000					150,000	
25094A	Family & Youth Addiction Tx Continuum - Base		X	X		This program provides a continuum of youth outpatient and residential addictions treatment as well as two culturally specific intensive outpatient service packages for high-risk Latino youth and African-American youth and their families; and Alcohol and Drug Free housing resources for families in which the adult parent(s) are in early addiction recovery. In 2010-11, 250 youth will be provided outpatient treatment services, about 40 youth will receive residential treatment, and a minimum of 100 families will receive housing supports in recovery-focused housing communities.	1,136,493	-	272,941	863,552			1,136,493	Outpatient and residential alcohol and drug treatment, Family Alcohol and Drug Free Network long-term supportive housing for those in recovery.
25096	Sexual Offense & Abuse Prevention		X			This program provides treatment services for children and youth who are exhibiting significant sexual reactivity and/or who are sexually predatory. There were 100 youth served by this program in FY09. 98% of youth served do not re-offend within six months after treatment in this program. Medically necessary services are funded through Multnomah County Verity Mental Health Outpatient Services for children while non-Medicaid reimbursable services are funded through county general fund contained in this offer. Empirical evidence shows that this model reduces recidivism and helps the youth acquire prosocial skills needed for successful transition to productive adult life style.	200,000	200,000					200,000	
25098	Enhanced Family Involvement Team		X	X		The Family Involvement Team (FIT) for Recovery program is a team effort among alcohol and drug treatment providers, social service agencies, and the Family Dependency Court to connect parents with an allegation of child abuse or neglect with drugs and/or alcohol involved to appropriate treatment. Last year, the FIT for Recovery program connected 887 clients entering Family Dependency Court with addictions treatment as expeditiously as possible and provided enhanced services to keep them in treatment.	1,724,171			1,724,171			1,724,171	Jail diversion program that offers treatment for parents involved with Family Dependency Court

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HEALTH DEPARTMENT							-							
							-							
40019-40026 and 40029	Health Department: Primary Care and School Based Health Clinics	X	X			The Health Department Primary Care clinics provide comprehensive, culturally appropriate primary care and enabling services to vulnerable citizens who are uninsured our underinsured and otherwise might not have access to healthcare. The School-Based Health Center program provides access to comprehensive preventive, primary, and mental healthcare for Multnomah County school-aged youth to keep them healthy and ready to learn. Without this safety net many school age youth would not receive necessary health care. <u>Of the more than 44,000 clients served by our clinics in 2010, 44 percent have a mental health diagnosis and 22 percent are receiving psychotherapeutic medications. Nearly one-third of these clients are uninsured.</u>	43,135,364	2,909,072		6,239,133	32,195,389	1,791,770	43,135,364	X
40049, 40050 & 40051	Health Department: Corrections Health		X			Corrections Health provides health care to detained youth and adults. Corrections Health personnel provide effective screening, illness identification, evaluation and treatment services. Over 60% having serious unstable and chronic health conditions, such as diabetes, kidney failure, infections, alcohol and drug withdrawal and major mental /behavioral illnesses.	12,394,883	12,394,883					12,394,883	