

BEFORE THE BOARD OF COUNTY COMMISSIONERS
FOR MULTNOMAH COUNTY, OREGON

PROCLAMATION NO. 08-006

Proclaiming the Month of February 2008 as American Heart Month and February 1, 2008 as National Wear Red Day

The Multnomah County Board of Commissioners Finds:

- a. Cardiovascular disease – including heart disease and stroke – is the number one killer of women and men in Oregon.
- b. Heart disease and stroke claim the lives of more than 4,600 Oregon women each year – nearly 13 deaths per day.
- c. Nationally, 53% of all cardiovascular disease deaths occur in females. Furthermore, approximately 32,500 more women than men die from stroke.
- d. The direct and indirect cost of heart disease and stroke in the U.S. is estimated to be \$448 billion.
- e. February is designated as National American Heart Month.
- f. American Heart Association's National Wear Red Day is a call to increase awareness of heart disease, inspiring women to take charge of their heart health.

The Multnomah County Board of Commissioners Proclaims:

1. The Month of February, 2008 is American Heart Month in Multnomah County. The Board of County Commissioners urges recognition of the importance to fight against heart disease and stroke.
2. Furthermore, The Board proclaims Friday, February 1 as National Wear Red Day and urges all residents to show their support for women and the fight against heart disease by commemorating this day by wearing the color red. By increasing awareness and empowering women to reduce their risk for cardiovascular disease, thousands of lives can be saved each year.
3. To show Multnomah County's support, the Morrison Bridge will be lit red for the first two weeks of February to encourage everyone to take time to focus on their own heart health.

ADOPTED this 31st day of January, 2008.



BOARD OF COUNTY COMMISSIONERS
FOR MULTNOMAH COUNTY, OREGON



Ted Wheeler, Chair

SUBMITTED BY:
Maria Rojo de Steffey, Commissioner District 1