

Interest Form for Portland Multnomah Food Policy Council

Office of Neighborhood Involvement
1221 SW 4th Ave, Room 110
Portland, OR 97204

Name: Adriana Voss-Andreae

Mailing Address: 6329 NE Martin Luther King Blvd., Portland, OR 97211-3029

Occupation: Program Manager, Healthy Foods Access Initiative

Daytime Phone: (503) 329-5302

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Résumé attached? Yes

List education, including degree(s) earned:

Graduate

2007 – 2009 Oregon Health & Science University, Portland, OR
MD, School of Medicine

1999 – 2006 Oregon Health & Science University.
PhD, Department of Neuroscience

1996 – 1998 Oregon Health & Science University
Completed first two years of medical school.

Undergraduate

1989 – 1993 Reed College, Portland, OR
BA in the Division of Mathematics and Natural Science

1991 – 1992 Hebrew University, Jerusalem, Israel

Reed College Overseas Study Program in organic chemistry, cellular biology, Hebrew language and cultural anthropology

A. Reasons for wanting to serve on this group:

I believe that many of our greatest challenges, including the exploding obesity epidemic, lack of affordable health care, and depletion of our resources, can be overcome. Changing the way we nourish ourselves (including increasing access to healthy foods that support healthy local food systems) as well as fighting our alarming economic disparities, are central elements of the solution. This has motivated me to devote myself professionally to working toward health equity and social justice, and is my reason for wanting to serve on the FPC.

B. List skills, knowledge or affiliations that would be relevant to the Portland Multnomah Food Policy Council:

I received my PhD in neuroscience conducting research in obesity. I also earned an MD, training and volunteering in low-income community clinics. For over ten years, parallel to my scientific and clinical work, I have been extensively involved in childhood nutrition and health advocacy in disadvantaged communities. I currently work for Portland Community Reinvestment Initiatives, Inc. (PCRI), an affordable housing community development organization, as program manager for the Healthy Food Access Initiative with coalition partners Hacienda CDC and the Native American Youth and Family Center

(NAYA). We recently completed a comprehensive healthy food access assessment for affordable housing residents and other low-income community members in Portland, and are currently developing strategies and organizing our communities to advocate for the types of environmental changes and policies that will address the serious health inequities and food access challenges that our communities suffer. Skills and knowledge that I could contribute to the FPC are in the areas of public policy analysis and advocacy, science and research, health and nutrition, food systems, team-building, inclusive group facilitation, grassroots networking and community organizing, as well as a background that provides me with an ability to bridge the gap across different disciplines and cultures.

C. List work or volunteer experience that would add to your expertise for this Board/Commission

I have volunteered on numerous committees, projects and community organizing efforts and events that relate to nutrition and health access, health equity, civic engagement and social justice (see resumé for a partial list). The experiences I have gained through my volunteer work (e.g. nutrition, policy, community engagement with diverse populations) would, I believe, serve as valuable contributions to the work of the FPC.

D. List your experience working on diverse teams or committees:

I have served on numerous culturally and ethnically diverse teams and committees including a team project focusing on nutritious food access for youth with the Village Market community in the New Columbia neighborhood (as part of a Robert Wood Johnson Foundation fellowship) and my current work with the Housing Organizations of Color Coalition's Healthy Foods Access Initiative.

E. Briefly describe your experience and/or interest in advancing effective food policy.

I have worked with coalitions on a number of prevention-oriented policy solutions, including the successful *Menu Labeling* legislation and *Farm to School* legislation. As one of two legislative appointees from Oregon Health & Sciences University serving on the *Task Force for a Comprehensive Obesity Prevention Initiative*, I worked together with legislators, public health leaders and academic experts, in putting together a report with policy and funding recommendations for the Oregon legislature. My experience in this and other policy work includes developing vision and strategic campaign plans, research and policy development, coalition building, communications, legislative testimony and policy advocacy.

My signature affirms that all information contained herein is true to the best of my knowledge, and that I understand that any misstatement of fact or misrepresentation of credentials may result in this application being disqualified from further consideration.

Signature:

A handwritten signature in black ink, appearing to read "Adana Vasquez". The signature is written in a cursive, flowing style.

Date: 10/11/21

Résumé Adriana Voss-Andreae, MD PhD

Address: 1517 SE Holly St, Portland, OR 97214

Email: weissman@ohsu.edu

Phone: (503) 239-5302

Birthplace: London, United Kingdom

Date of Birth: November 15, 1970

Education

Graduate

2007 – 2009 **Oregon Health & Science University**, Portland, OR
MD, School of Medicine

1999 – 2006 **Oregon Health & Science University**.
PhD, Department of Neuroscience

1996 – 1998 **Oregon Health & Science University**
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BA in the Division of Mathematics and Natural Science

1991 – 1992 **Hebrew University**, Jerusalem, Israel
Reed College Overseas Study Program in organic chemistry, cellular biology,
Hebrew language and cultural anthropology

Research Experience and Training

2001 – 2006 **Oregon Health & Sciences University**, Vollum Institute. Thesis title: *Examining The Role of the Central Melanocortin System in the Regulation of Adaptive Thermogenesis*. Studied the neuroendocrinology of obesity and weight regulation using physiological, molecular and anatomic approaches. Principal Investigator: Dr. Roger D Cone.

1999 – 2000 **Oregon Health & Sciences University**, Vollum Institute & Department of Biochemistry. Completed graduate research projects in the laboratories of Dr. Richard Goodman (transcriptional regulation of DNA); Dr. John Edelman (molecular genetics and physiology of the potassium channel); and Dr. David Kabat (structure and function of the Human Immunodeficiency Virus (HIV)).

1994 – 1996 **Cold Spring Harbor Laboratory**, Department of Neuroscience. Research project developing an inducible Vaccinia virus-based gene expression system to study a candidate mechanism for learning and memory (calcium/calmodulin-dependent protein kinase II in long-term potentiation). Supervising Principle Investigators: Dr. Roberto Malinow and Dr. Grigori Enikolopov

1993 – 1994 **Reed College**, Department of Biology. Senior thesis title: *Molecular Mechanisms of Organ Fusion in Arabidopsis thaliana*. Thesis advisor: Dr. Susan Lolle. Continued to work on research project several months after graduation.

1993 **Reed College**, Department of Biology. Undergraduate research award from the National Science Foundation to study peroxide metabolism in legume root nodules. Supervising professor: Dr. David A Dalton

Public Health Work

2011 **Portland Community Reinvestment Initiatives, Inc.**, Project Manager, Housing Organizations of Color Coalition Healthy Foods Access Initiative. Supervisor: Deborah Turner. Duties include: Facilitating and organizing community meetings with culturally diverse stakeholders around food access, including low-income affordable housing residents and coalition partners (primarily African American, Native American and Latino communities); policy-related research; carrying out comprehensive community food assessment and data analysis; advocacy and strategic visioning around food access; coalition and network development; communications; public presentations; event planning and organizing; fundraising.

2009 **Upstream Public Health**, Project Manager and Policy Research Fellow. Supervisor: Mel Rader. Duties included: Facilitating and coordinating coalition meetings; policy-related research and data analysis; policy development; identifying and communicating with potential legislative champions and key stakeholders in community; coalition and network development; coordinating with organizations working on local, state and national campaigns; researching, compiling information and initiating development of media and grassroots communications campaign; policy-related data collection and analysis; grant writing to fund long-term policy development and advocacy campaign.

2008 – 2009 **Center for the Study of Weight Regulation, Oregon Health & Sciences University**, Public Health Policy Research and Analysis. Supervisor: Joan Randall. 10-20 hours/week while simultaneously completing MD degree requirements. Worked with community partners on collaborative teams as part of committees, boards and task force focused on obesity and chronic disease-prevention; included the following responsibilities: policy-related research, policy development, drafting legislative concept, making legislative recommendations,

communicating with legislators, advocacy, organizing media communications, delivering public and expert testimony at local and state hearings, forming bridges between the scientific, clinical and public health advocacy communities.

Public Health Fellowship

2010 Selected as a **Robert Wood Johnson Foundation *Ladder to Leadership*** Fellow. Offers emerging leaders in nonprofit health a 16-month program to develop expertise in collaboration, managing staff, inclusive team building, networking and innovation. Also worked with team on a community-based project focused on engaging 4th grade students at Rosa Parks Elementary School in the New Columbia neighborhood, a culturally diverse Portland neighborhood, to create a Kids' Healthy Snack Corner at the new community-driven Village Market corner grocery store. Through development and teaching of an interactive nutrition curriculum and real food project, we directly connected the school youth with healthy food choices at their neighborhood grocery store.

Selected peer-reviewed publications

Published Scientific Articles

Voss-Andreae A, Murphy JG, Ellacott KL, Stuart RC, Nillni EA, Cone RD, Fan W. *Role of the central melanocortin circuitry in adaptive thermogenesis of brown adipose tissue*. *Endocrinology*. 2007 Apr; 148(4): 1550-60

Fan W, **Voss-Andreae A**, Cao WH, Morrison SF. *Regulation of thermogenesis by the central melanocortin system*. *Peptides*. 2005 Oct; 26(10): 1800-13

Published Scientific Abstracts

Voss-Andreae A, Murphy JG, Ellacott KL, Cone RD, Fan W. *Role of the melanocortin system in the regulation of interscapular brown adipose tissue thermogenesis*. Keystone Symposium 2005, Santa Fe, Gut Hormones and Other Regulators of Appetite, Satiety and Energy Expenditure

Voss-Andreae A, Ellacott KL, Fan W, Cone RD. *Central melanocortin circuits innervating brown adipose tissue*. Endocrine Society 86th Meeting Program and Abstracts June 2004, New Orleans, Obesity Endocrinology and the Future

Voss-Andreae A, Cone RD. *Melanocortin-4 receptor and glutamic acid decarboxylase colocalize in sexually dimorphic nuclei in the mouse brain*. The Melanocortin System: Proceedings of the Fifth International Melanocortin Meeting (Annals of the New York Academy of Sciences). 2002; Vol. 994

Malinow R, Hessler NA, Pettit, DL, Liao D, Shirke AM, Koothan T, Frenguelli B,

Weissmann A. *Molecular and biophysical studies of synaptic plasticity*. 1994 Learning & Memory Symposium Abstract, Cold Spring Harbor Laboratory Press, Cold Spring Harbor, New York

Published Public Health Reports and Abstracts

Voss-Andreae A, French M, Friedle C. Healthy Food Access Assessment Study in Portland Communities Served by Affordable Housing. Oregon Public Health Association Conference, October 2011

Bernell S, Bradley K, representative Bruun S, senator Carter M, Crespo C, Goldberg B, Hennrich ML, Kohn M, representative Kotek T, senator Kruse J, Manore M, Purnell J, **Voss- Andreae A**, Williams, M-Y. *SB 931: Task Force for a Comprehensive Obesity Prevention Initiative, Policy Recommendations*. Oregon Department of Human Services: Public Health Division, 2009

Mosbaek C, Pickle K, **Voss-Andreae A**, Livingston C, Boles M. *Case Study of the Voluntary Implementation of Menu Labeling in an Exempt Organization*. Oregon Public Health Association Annual Conference, October 2009

A Healthy Active Oregon: Statewide Physical Activity and Nutrition plan, 2007-2012 (multiple authors). Nutrition Council of Oregon and the Oregon Coalition for Promoting Physical Activity, 2007

Research and Academic Awards and Scholarships

2006 Keystone Symposia Scholarship

2005 – 2009 Medical Scientist Training Program, a grant of the National Institutes of Health that “encourages and supports the training of students with outstanding credentials and potential who are motivated to undertake careers in biomedical research and academic medicine.”

2003 – 2009 National Research Service Award

2000 Cold Spring Harbor Scholarship to attend laboratory course: Physiological Approaches to Ion Channels

2000 Tartar Research Fellowship Award

1999 – 2009 Neuroendocrine Training Grant, National Institutes of Health

1999 – 2009 Oregon Laurel Merit Award

1997 Campbell Scholarship for academic achievement in medicine and medical

research

1993 Undergraduate Research Grant Award from the National Science Foundation

1989 – 1993 Commended for Excellence in Scholarship at Reed College

Additional Funding Awards

2011 *Youth Service America* UnitedHealth HEROES grant recipient for Ladder to Leadership fellowship project: Engaging Neighborhood Youth at the Village Market Healthy Corner Store

2011 *American Leadership Forum's Oregon Youth in Action Award*. Coordinated youth living in affordable housing around a Healthy Snacks Project "TEENS" ("Teenagers Engaged in Eating Nutritious Snacks"), leadership award presented to youth by governor.

2009 *Northwest Health Foundation* grant recipient through *Upstream Public Health: A Sugar Sweetened Beverage Tax to Fund a Comprehensive Chronic Disease Prevention Initiative*

2009 Oregon Health & Sciences University student senate funding award to attend the *National Farm to Cafeteria Conference*

2008 Oregon Health & Sciences University student senate funding award to attend course: *The Psychology of Eating Disorders*

Community Leadership Awards

2009 The recipient of Oregon Health & Sciences University's *Community Service & Outreach Award*, which "recognizes a student who demonstrates outstanding commitment to serving the community and enhancing the health and/or quality of life of others, with service benefiting underprivileged members of society and fulfilling the OHSU mission for outreach."

2004 Award for "Outstanding Performance and Excellence" in Oregon Action's Leadership Program, with the mission of empowering underserved low-income communities through community organizing and advocacy.

1989 *City of Berkeley Leadership Award*, as chairperson of the *City of Berkeley Youth Commission*, presented by the mayor for leading a youth-driven communitywide effort to aid the city's homeless youth.

Public Health-Related Committees, Task Forces and Boards

2011 Serve on Hacienda CDC's Portland Mercado Economic Development Committee.

2011 Serve on Community Food Security Coalition (CFSC) Policy Committee.

2011 Served on People of Color Health Equity Collaborative (POCHEC) Policy Committee.

2010 - 2011 Serve on Oregon Public Health Association's (OPHA) legislative policy committee.

2009 – 2010 Serve on *Oregon Nutrition Policy Alliance's* (ONPA) committee that exploring policy solutions to sustainably fund community obesity prevention and other public health initiatives, with an emphasis on disadvantaged populations.

2009 – 2010 Serve on *the Portland Public Schools Foundation's* Advisory Board for *Eat Think Grow*, with the commitment to advancing healthy local school foods, garden education and the Portland Public School's Wellness Policy.

2009 Helped organize an Obesity Summit at Oregon Health & Sciences University. The summit brought together laboratory and clinical obesity researchers from across the state with leading public health advocates to explore common areas of interest and potential collaborations.

2008 – 2009 Served as a legislative appointee on the *Task Force for a Comprehensive Obesity Prevention Initiative*, created by Oregon legislature-approved and governor-signed Senate Bill 931. The 14-member task force, which included legislators, obesity prevention experts and the state directors of public health and the department of human services, culminated in a published report of our policy recommendations that was presented to the 2009 state legislature.

2008 – 2009 Serve on *Oregon Nutrition Policy Alliance's* (ONPA) policy committee that led the effort to pass a statewide menu labeling law requiring chain restaurants to post the calories on their menus. I worked with this committee to draft the original legislative concept, organize and deliver public testimony at county and state legislative hearings, communicate with legislators, and organize grassroots and media campaigns.

2008 – 2009 Serve on legislative policy committee with goal of developing a funded statewide Farm to School and School Garden program to subsidize the national school lunch and breakfast program with healthy locally produced foods and create grants to fund school gardens and garden-based education. My work with the committee included organizing and delivering public testimony,

communicating with legislators, organizing and implementing grassroots campaign.

2008 Served on the board of directors of *Upstream Public Health*, a non-profit public health advocacy organization. I resigned my position on the board in order to have the opportunity to work as for *Upstream* as program manager and research fellow.

2006 – 2008 Served on non-profit advocacy organization *Stand for Children's* Nutrition and Wellness Committee; developed a pilot project aimed at implementing the “Student Wellness through Nutrition and Physical Activity” legislative directive in the Portland Public Schools.

2006 Served on the Schools and Childcare Settings Committee to help develop *A Healthy Active Oregon: Statewide Physical Activity and Nutrition plan, 2007-2012* with the Nutrition Council of Oregon and the Oregon Coalition for Promoting Physical Activity.

Volunteer Activities and Health-Related Training

2011 Training on Effective Advocacy and Lobbying at the State Legislature, sponsored by the *Northwest Health Foundation* and *People of Color Health Equity Collaborative (POCHEC)*.

2011 Training on Community Organizing & Leadership, sponsored by *Immigrant Refugee Community Organization (IRCO)* and City of Portland Office of Neighborhood Involvement.

2010 Training on *Race, Power and Privilege and Challenging White Supremacy*. Prior to this have had multiple trainings and workshops on cultural competency as part of medical training.

2009 Completed the *Health Impact Assessments (HIAs) Training to Promote Community Health*, to learn how to use HIAs to inform a variety of public policy decisions in order to prevent disease, and improve the health of vulnerable and other populations.

2009 Completed the *Policy Analysis and Advocacy Training for Community-Based Participatory Research Practitioners*, sponsored by the *Northwest Health Foundation*.

2008 – 2009 Volunteer on the *Kitchen Garden* committee at *Abernethy Elementary School*. Abernethy's School Kitchen Garden program includes garden activities and integrates garden curriculum and wellness into academic benchmarks, serving as a national model and receiving much press. The

program also serves the Portland Public School district as a demonstration 'scratch' kitchen (on-site meal preparation) and tests out new recipes for the entire district, with the mission of creating healthy and tasty meals made primarily from locally grown produce. I work with the SKG committee to develop short-term and long-term vision, work on community outreach, and help organize fundraising events that promote our mission.

2007-2008 Served on *Stand For Children's* School Nutrition and Wellness Committee to make policy recommendations on nutrition standards for the Portland Public School breakfast and lunch programs and design a pilot project that engaged parents, teachers and principals in nutrition and wellness awareness and advocacy.

2007 Completed the *National School Lunch/School Breakfast/School Health Index Training*, sponsored by the national *Centers for Disease Control* and the *Oregon Department of Education*.

2005 – 2006 Served on steering committee for the first annual *Oregon Bus Project's Rebooting Democracy*, a 300+ person conference (political leaders, young emerging leaders and political activists) focused on spurring discussion, developing the tools, and building momentum and grassroots actions for progressive health-, environmental-, economic- and education-related statewide policy initiatives.

2004 – 2005 Served as the student representative on *Oregon Health & Sciences University's Promotion & Tenure Committee*.

2002 – 2004 Elected and actively served as precinct captain for my district in NE Portland.

2000 – 2001 Mentor to ethnically and culturally diverse at-risk youth as part of intense one-year training and mentoring program for *Committed Partners for Youth*.

2000 Helped organize *Oregon Bus Project's Hip-Hop Voter Registration*, a non-partisan voter registration drive creatively designed to recruit and engage young people from underprivileged neighborhoods and involve them in voter registration in their own communities.

1998 Initiated and helped develop a nutrition course for medical students at *Oregon Health & Sciences University*, which invites prominent experts to teach about dietary science, healthy lifestyle and cooking, motivational interviewing and public health policy.

1996 – 1998 and 2006 – 2008 Volunteer nutrition and health educator for underinsured populations with obesity and obesity-related diseases at the *NE*

Neighborhood Health Clinic and *Oregon Health & Sciences University* community clinics.

1996 – 1998 Nutrition and health educator in after-school program for socio-economically disadvantaged children in North and Northeast Portland, Oregon.

1994 – 1995 Trained and served as a volunteer clinical educator at *Planned Parenthood* in New York.

2008 Presenter at Oregon Museum of Science and Industry's (OMSI) Brain Fair: an educational public event featuring “interactive exhibits, demonstrations, and neuroscientists explaining their groundbreaking research.”

1991-1992 Research and communications intern for a non-profit advocacy organization whose mission is to increase public awareness of domestic violence, Jerusalem, Israel.

1988 – 1989 and 1996 – 1999 Volunteered in programs serving at-risk youth in disadvantaged communities: math, science and career planning to high-school students; tobacco prevention to junior high school students; health, nutrition and human anatomy to elementary school students.

Invited Lectures/Speaking Engagements

2011 Oregon Health & Sciences University, School of Medicine; lecture titled *Sugar Sweetened Beverages and other Local Food and Public Health Policy Battles in Oregon*

2010 Oregon Public Health Association Annual Conference; presentation titled *Sugar-Sweetened Beverages and the Growing Obesity Epidemic*

2010 Wallace Medical Concern Hispanic patient advisory board; presentation titled *Sugar-Sweetened Beverages and Obesity: The targeting of Hispanics and African Americans*

2009 Oregon Health & Sciences University, School of Medicine, medical student lecture course series; lecture titled *Obesity: Policy and the Politics of Food*

Media Coverage Related to Public Health

2011 Interviewed on KATU TV (Oregon) AM Northwest News: *How You Can Help Fight Childhood Obesity*

2011 Featured in Robert Wood Johnson Foundation national e-newsletter on

building human capacity and leadership in the Health field

2009 Featured in KATU TV (Oregon) 6 o'clock News piece: Multnomah County Menu Labeling Policy Passes. Feb 13

2009 Quoted in Oregonian front-page article: "Local chain restaurants will serve up the truth" on passage of the Multnomah county menu labeling policy. Feb 13, by Nikole Hannah-Jones

2009 Quoted in Oregonian front-page article: "The calorie battle: Is knowledge willpower? A state bill to require calorie counts on restaurant chains' menus feeds legislative debate". March 14, by Bill Graves.

Professional Memberships

American Association for the Advancement of Science

The Endocrine Society

American Society for Nutrition

Oregon Nutrition Policy Alliance

Oregon Public Health Association