



Learn more about childhood hunger in Multnomah County and how you can help

You are invited to join the Board of County Commissioners for a special briefing on childhood hunger at 11 a.m. on **Tuesday, Feb. 12** in the Multnomah Building board room. A reception to honor our panelists will follow the briefing.

At this briefing, experts on child hunger will discuss the extent and consequences of childhood hunger in Multnomah County and Oregon. Participants will also discuss effective strategies for addressing childhood hunger.

Panelists include: Oregon's First Lady Cylvia Hayes; Susannah Morgan, executive director for the Oregon Food Bank; Patti Whitney-Wise, executive director of Oregon Hunger Task Force/Partners for a Hunger-Free Oregon; and Portland City Commissioner Dan Saltzman.

Hunger places children at risk of developmental delays, academic problems, frequent illness and nutritional inadequacies. About 1 in 7 households in Oregon is food insecure, meaning that they report reduced quality, variety or desirability of diet or uncertainty about having enough food for all household members. And about 1 in 16 households reports multiple instances of disrupted eating patterns and reduced food intake as defined by skipping meals, reducing portions, or going without food for whole days. Join us as we learn more about the problem and how our community can help hungry children.

Food Drive: Bring a can of food to the Multnomah Building lobby between **Feb. 7-12** to support the Oregon Food Bank.

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