

ANNOTATED MINUTES

Tuesday, September 10, 1991 - 9:30 AM
Multnomah County Courthouse, Room 602

BOARD BRIEFING

- B-1 *Annual Report of the Portland/Multnomah Commission on Aging. Presented by Becky Wehrli and PMCoA Members.*

**BECKY WEHRLI, RUTH CURRIE, BERNIE MEDINA,
GWEN HARRISON AND MARILYN HOTH
PRESENTATION AND RESPONSE TO BOARD
QUESTIONS.**

Tuesday, September 10, 1991 - 10:00 AM
Multnomah County Courthouse, Room 602

AGENDA REVIEW

- B-2 *Review of Agenda for Regular Meeting of September 12, 1991.*

R-1 **STAFF SUGGESTED THAT BOARD AMEND
ORDINANCE 676 TO ALLOW SHERIFF TO USE HIS
DISCRETION WHEN TRANSFERRING FORFEITED
PROPERTY VALUED AT \$500 OR LESS TO OTHER
GOVERNMENTAL AGENCIES.**

R-2 **BOARD RECOMMENDED THAT POLICIES BE
DEVELOPED TO INSURE THAT LAND SALE
CONTRACTS ARE PAID IN A TIMELY FASHION AND
THE PROPERTIES ADEQUATELY MAINTAINED.**

R-4 **FRED NEAL REMINDED BOARD MEMBERS THEY
VOLUNTEERED TO PARTICIPATE AT THE OREGON
CONVENTION CENTER ON SUNDAY, SEPTEMBER 22,
1991 DURING THE GOVERNOR'S "CONVERSATION
WITH OREGON".**

R-6 **COMMISSIONER HANSEN EXPLAINED HIS PROPOSED
ORDINANCE IS AN ADDITIONAL TOOL TO BALANCE
THE BUDGET. VICE-CHAIR BAUMAN ADVISED HE
WOULD PREFER A HIRING FREEZE VESTING
INDIVIDUAL EXEMPTION DECISIONS WITH THE
CHAIR VERSUS DEPARTMENTS HAVING TO GO TO
THE BOARD EACH TIME. CHAIR McCOY ADVISED**

SHE WOULD NOT SUPPORT THE ORDINANCE BUT WOULD DEVELOP AN EXECUTIVE ORDER AT THE BOARD'S DIRECTION.

R-7

BASED ON PREVIOUS DISCUSSION AND DIRECTION, STAFF PREPARED AND SUBMITTED 61 BUDGET MODIFICATIONS REDUCING THE GENERAL FUND BUDGET BY \$8,700,000. STAFF ADVISED APPROXIMATELY \$300,000 IN ADDITIONAL CHANGES WILL REQUIRE SUPPLEMENTAL BUDGET ACTION IN THE NEAR FUTURE. STAFF RESPONDED TO SPECIFIC BOARD QUESTIONS. COMMISSIONER KELLEY EXPLAINED SHE CONTINUES TO OPPOSE ACROSS THE BOARD CUTS AND SUBMITTED A PROPOSED BUDGET RESTORING SOME PUBLIC SAFETY AND HUMAN SERVICES FUNDS. COMMISSIONER HANSEN ADVISED HE SUPPORTS LOOKING INTO ALTERNATE REVENUE SOURCES BEFORE MAKING ACROSS THE BOARD CUTS.

*Thursday, September 12, 1991 - 8:45 AM
Multnomah County Courthouse, Room 602*

EXECUTIVE SESSION

1. Pursuant to ORS 192.660 (1)(d), the Multnomah County Board of Commissioners will Meet in Executive Session to Discuss Labor Negotiations

BOARD CONSENSUS REACHED. STAFF TO SCHEDULE FOLLOW UP EXECUTIVE SESSION.

*Thursday, September 12, 1991 - 9:30 AM
Multnomah County Courthouse, Room 602*

REGULAR MEETING

Chair Gladys McCoy convened the meeting at 9:50 a.m., with Vice-Chair Rick Bauman, Commissioners Pauline Anderson, Sharron Kelley and Gary Hansen present.

CONSENT CALENDAR

FOLLOWING DISCUSSION WITH CHAIR McCOY AND UPON MOTION OF COMMISSIONER BAUMAN, SECONDED BY COMMISSIONER ANDERSON, CONSENT CALENDAR ITEMS C-1 THROUGH C-9 WERE

UNANIMOUSLY APPROVED.

JUSTICE SERVICES

SHERIFF'S OFFICE

- C-1 *Ratification of an Intergovernmental Agreement Between the State of Oregon and Multnomah County Providing Access and Use of the Oregon Law Enforcement Data System, National Crime Information Center and Other Systems for the Period July 1, 1991 Through June 30, 1993*

DEPARTMENT OF HUMAN SERVICES

- C-2 *Ratification of an Intergovernmental Agreement Between Multnomah County and Barlow-Gresham Union High School District Number U2-20 JT Providing School Mental Health Services for Youths in the Barlow-Gresham Union High School District for the Period September 1, 1991 Through June 30, 1992*
- C-3 *Ratification of an Intergovernmental Agreement Between Multnomah County and David Douglas School District Number 40 Providing School Mental Health Services for Youths in the David Douglas School District for the Period September 1, 1991 Through June 30, 1992*
- C-4 *Ratification of an Intergovernmental Agreement Between Multnomah County and Gresham Grade School District Number 4 Providing School Mental Health Services for Youths in Dexter McCarty Middle School for the Period September 1, 1991 Through June 30, 1992*
- C-5 *Ratification of an Intergovernmental Agreement Between Multnomah County and Gresham Grade School District Number 4 Providing School Mental Health Services for Youths in East Gresham Grade School for the Period September 1, 1991 Through June 30, 1992*
- C-6 *Ratification of an Intergovernmental Agreement Between Multnomah County and Gresham Grade School District Number 4 Providing School Mental Health Services for Youths in Gordon Russell Middle School for the Period September 1, 1991 Through June 30, 1992*
- C-7 *Ratification of an Intergovernmental Agreement Between Multnomah County and Parkrose School District Number 3 Providing School Mental Health Services for Youths in the Parkrose School District for the Period September 1, 1991 Through June 30, 1992*

NON-DEPARTMENTAL

- C-8 *In the Matter of the Appointment of Judy Boyer to the Bi-Centennial Commission for a Term to Expire December 31, 1991*

- C-9 *In the Matter of the Reappointment of Joseph Labadie and the Appointments of Hazel Hays and Oliver Norville to the Board of Equalization*

REGULAR AGENDA

NON-DEPARTMENTAL

- C-10 *In the Matter of the Appointment of James Moore to the Community Action Commission for a Term to Expire September, 1993*

CHAIR McCOY EXPLAINED THAT C-10 SHOULD NOT HAVE BEEN PLACED ON THE CONSENT CALENDAR BECAUSE MR. MOORE WAS SELECTED TO BE THE CHAIR'S REPRESENTATIVE ON THE COMMUNITY ACTION COMMISSION AND IT IS NOT A BOARD APPOINTMENT. UPON MOTION OF COMMISSIONER BAUMAN, SECONDED BY COMMISSIONER KELLEY, C-10 WAS UNANIMOUSLY TABLED.

JUSTICE SERVICES

SHERIFF'S OFFICE

- R-1 *RESOLUTION in the Matter of the Transfer of Certain Forfeited Property to Orient Elementary Grade School (From August 29, 1991)*

UPON MOTION OF COMMISSIONER ANDERSON, SECONDED BY COMMISSIONER KELLEY, RESOLUTION 91-132 WAS UNANIMOUSLY APPROVED.

DEPARTMENT OF ENVIRONMENTAL SERVICES

- R-2 *ORDER in the Matter of Cancellation of Land Sale Contract 15380 Between Multnomah County, Oregon and William James Upon Default of Payments and Performance of Covenants*

UPON MOTION OF COMMISSIONER KELLEY, SECONDED BY COMMISSIONER ANDERSON, ORDER 91-133 WAS UNANIMOUSLY APPROVED.

- R-3 *Budget Modification DES #7 Authorizing Deletion of the Transportation Planning/Operations Supervisor Position and Creation of an Administrative Services Officer Position Within the Transportation Division*

UPON MOTION OF COMMISSIONER ANDERSON, SECONDED BY COMMISSIONER KELLEY, R-3 WAS UNANIMOUSLY APPROVED.

NON-DEPARTMENTAL

- R-4 *Budget Modification NOND #3 Authorizing One-Time Payment to the Association of Oregon Counties to Provide Support for the Revenue Alternatives Project*

UPON MOTION OF COMMISSIONER KELLEY, SECONDED BY COMMISSIONER HANSEN, R-4 WAS UNANIMOUSLY APPROVED.

- R-5 *First Reading of an ORDINANCE Amending MCC 2.30.640(G), Relating to Membership and Operation of the Citizen Budget Advisory Committees*

PROPOSED ORDINANCE READ BY TITLE ONLY. COPIES AVAILABLE. COMMISSIONER KELLEY MOVED AND COMMISSIONER ANDERSON SECONDED, APPROVAL OF THE FIRST READING. NO ONE WISHED TO TESTIFY. FIRST READING UNANIMOUSLY APPROVED. SECOND READING SCHEDULED FOR THURSDAY, SEPTEMBER 19, 1991.

- R-7 *Budget Modifications to Reduce Expenditures or Increase Other Revenues to Offset Revenues Lower Than Budgeted and to Balance the 1991-92 Budget*

COMMISSIONER BAUMAN MOVED AND COMMISSIONER ANDERSON SECONDED, APPROVAL OF R-7. DEBORAH WOOD, KATHY OLIVER, PENELOPE LEIMERT, CHUCK CURRIE, PATRICK DONALDSON, MATTHEW WITT, ARLENE COLLINS, WINNIE FRANCIS, ROBB SIMONS, RUSS FARRELL, SUSAN MUZZARELLI AND MANNY DIZON TESTIMONY AND RESPONSE TO BOARD QUESTIONS. BOARD COMMENTS. 61 BUDGET MODIFICATIONS REDUCING THE GENERAL FUND BUDGET BY \$8,700,000 APPROVED, WITH COMMISSIONERS ANDERSON, BAUMAN AND McCOY VOTING AYE, AND COMMISSIONERS KELLEY AND HANSEN VOTING NO. COMMISSIONER ANDERSON REPORTED SHE WILL SUBMIT BUDGET MODIFICATIONS RESTORING CERTAIN SERVICES FOR BOARD CONSIDERATION NEXT WEEK.

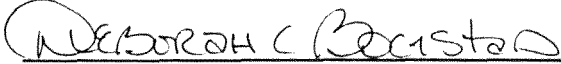
- R-6 *First Reading and Possible Adoption of an ORDINANCE Establishing a Selective Hiring Freeze and Procedures to Govern Hiring for General Fund Supported Positions and Declaring an Emergency*

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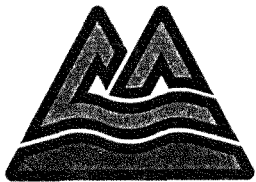
**COPIES AVAILABLE. NO ONE WISHED TO TESTIFY.
UPON MOTION OF COMMISSIONER HANSEN,
SECONDED BY COMMISSIONER BAUMAN, R-6 WAS
UNANIMOUSLY TABLED .**

There being no further business, the meeting was adjourned at 10:50 a.m.

**OFFICE OF THE BOARD CLERK
for MULTNOMAH COUNTY, OREGON**



Deborah L. Bogstad



MULTNOMAH COUNTY OREGON

BOARD OF COUNTY COMMISSIONERS
ROOM 606, COUNTY COURTHOUSE
1021 S.W. FOURTH AVENUE
PORTLAND, OREGON 97204

GLADYS McCOY •	CHAIR •	248-3308
PAULINE ANDERSON •	DISTRICT 1 •	248-5220
GARY HANSEN •	DISTRICT 2 •	248-5219
RICK BAUMAN •	DISTRICT 3 •	248-5217
SHARRON KELLEY •	DISTRICT 4 •	248-5213
CLERK'S OFFICE •		248-3277

AGENDA

MEETINGS OF THE MULTNOMAH COUNTY BOARD OF COMMISSIONERS FOR THE WEEK OF

SEPTEMBER 9 - 13, 1991

Tuesday, September 10, 1991 - 9:30 AM - Board Briefing. . . .Page 2
Tuesday, September 10, 1991 - 10:00 AM - Agenda Review. . . .Page 2
Thursday, September 12, 1991 - 9:30 AM - Regular Meeting. . . .Page 2

Thursday Meetings of the Multnomah County Board of Commissioners are recorded and can be seen at the following times:

Thursday, 10:00 PM, Channel 11 for East and West side subscribers
Friday, 6:00 PM, Channel 27 for Paragon Cable (Multnomah East) subscribers
Saturday 12:00 PM, Channel 21 for East Portland and East County subscribers

Tuesday, September 10, 1991 - 9:30 AM

Multnomah County Courthouse, Room 602

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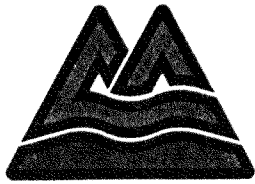
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Establishing a Selective Hiring Freeze and Procedures to
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Declaring an Emergency
- R-7 Budget Modifications to Reduce Expenditures or Increase
Other Revenues to Offset Revenues Lower Than Budgeted and
to Balance the 1991-92 Budget



MULTNOMAH COUNTY OREGON

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PORTLAND, OREGON 97204

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SHARRON KELLEY •	DISTRICT 4 •	248-5213
CLERK'S OFFICE •		248-3277

SUPPLEMENTAL AGENDA

Thursday, September 12, 1991 - 8:45 AM

Multnomah County Courthouse, Room 602

EXECUTIVE SESSION

1. Pursuant to ORS 192.660 (1)(d), the Multnomah County Board of Commissioners will Meet in Executive Session to Discuss Labor Negotiations

0104C/44/dr

Submit 9/10

Meeting Date: SEP 10 1991

Agenda No.: B-1

(Above space for Clerk's Office Use)

AGENDA PLACEMENT FORM
(For Non-Budgetary Items)

SUBJECT: Ptld/Multnomah Commission on Aging Presentation of Annual Report

AGENDA REVIEW/
BOARD BRIEFING September 10, 1991 REGULAR MEETING
(date) (date)

DEPARTMENT Non-departmental DIVISION County Chair

CONTACT Kathy Millard TELEPHONE 248-3308

PERSON(S) MAKING PRESENTATION _____

ACTION REQUESTED:

☒ INFORMATIONAL ONLY ☐ POLICY DIRECTION ☐ APPROVAL

ESTIMATED TIME NEEDED ON BOARD AGENDA: 20 - 30 minutes

CHECK IF YOU REQUIRE OFFICIAL WRITTEN NOTICE OF ACTION TAKEN: _____

BRIEF SUMMARY (include statement of rationale for action requested,
as well as personnel and fiscal/budgetary impacts, if applicable):

BOARD OF
COUNTY COMMISSIONERS
1991 SEP - 3 AM 11:43
MULTNOMAH COUNTY
OREGON

(If space is inadequate, please use other side)

SIGNATURES:

ELECTED OFFICIAL Gladys McCoy

Or

DEPARTMENT MANAGER _____

(All accompanying documents must have required signatures)

ANNUAL REPORT

of the

PORTLAND/MULTNOMAH COMMISSION ON AGING

September 1990 - July 1991

**Submitted to:
Portland City Council
Multnomah County Board of Commissioners**

July 17, 1991

PORTLAND/MULTNOMAH COMMISSION ON AGING

ANNUAL REPORT

September 1990 - July 1991

Funding was the theme of the past year for the volunteers and staff of the Portland/Multnomah Commission on Aging. The passage of the property tax limitation challenged the stability of vital social and health services for those least able to care for themselves, young and old alike. As representatives of the community's 108,000 elderly residents, especially those low-income, minority, or frail, Commission members played a vigilant and active role during the budget process. Volunteers testified at public hearings advocating for the continuation of services, ranging from teen health clinics to elderly door-to-door transportation. Behind the scenes the Commission leadership worked to promote constructive solutions for a more efficient delivery of services and increased cooperation between governments.

The Commission on Aging also focused on its internal operations. Office and reception systems were reorganized and streamlined to make the best use of staff time. Printing and distribution expenses were slashed and less costly means of communication implemented. External funding sources such as grants, corporate and individual contributions were explored as a means of continuing critical services.

Throughout these budget reviews, a high level of volunteer energy sustained vigorous advocacy on other issues critical to the maintenance of a high quality of life for elders. Several of these other activities merit special note:

- Under a one year VISTA project, the Commission on Aging increased the number of minority and low-income advocates active in the local aging network. Twenty-two individuals were recruited, trained, and placed on advisory committees of 5 community aging agencies in order to increase the participation of consumers in decision-making on issues that effect them.

- New relationships were forged in the public safety arena largely due to the commitment of liaison staff from Multnomah County Aging Services Division and the Portland Police Bureau. Opportunities for better coordination between aging and law enforcement programs were uncovered in the areas of training, crime prevention, victims assistance, crime analysis, and emergency response. The advent of Community Policing facilitated the implementation of collaborative efforts which have led to better service for those seniors who fall victim to crime and elder abuse.
- Progress has continued towards achieving greater stability for the community's 8 senior service centers which serve as focal points for a broad range of education, recreation, social, and health services. Increased coordination between the Portland Parks Bureau and Aging Services Division is evident in both programming and facility development. The efforts of the Senior Center Task Force have effectively moved the focus of attention to the long-range stability of these vital centers and posed solutions which will broaden the public and private foundation for their support.

The outstanding commitment and efforts of the 26 volunteer board members, 107 additional committee members, 59 long-term-care Ombudsmen, and staff have combined to produce significant accomplishments for this year. These 192 volunteers generously contributed 14,711 hours of their time, experience, knowledge, and ingenuity to make a difference, especially in the lives of those elders least able to care for themselves.

PORTLAND
MULTNOMAH
COMMISSION
ON AGING

Aging

1120 S.W. 5th AVE., 5th FLOOR
PORTLAND, OR 97204-1978
(503) 796-5269

Chair: Channing Briggs
First Vice-Chair: Marian Sarles
Second Vice-Chair: Ruth Currie

Members:

Olive Ashworth
Karen Belding
Elizabeth Davis
William French
Ellen Glynn
Jimmie Green
Gwen Harrison
Elsie Hastings
Shirley McGrew
Bernie Medina
Jean Mitchell
Wanda Moman

Augustus Morgan
Marilyn Mork
Nanci Muhle
Sue Sakai
Earla Sherwood
Hazel Sherwood
Jim Smith
Cecil Thompson
Vincent Wannassay
Martha White
Robert White
Sterling Williams
Charles Wyland

ASD Staff: Jim McConnell

PMCoA Staff:

Director: Becky Wehrli
Secretary: Patti George
Special Projects: Chris Larson
Ombudsman Coordinator: Nancy Erckenbrack
VISTA Volunteer: Sharon Mitchell



The City of Portland



AREA AGENCY ON AGING COMMITTEE

GOAL #1 TO PARTICIPATE IN THE DEVELOPMENT AND SUPPORT OF THE 91-92 AREA PLAN AND BUDGET FOR MULTNOMAH COUNTY AGING SERVICES DIVISION AND IMPLEMENTATION OF THE LONG RANGE PLAN.

Activities:

1. Reviewed, advised, and approved long range plan for services.
2. Sponsored public hearing attended by 35 persons on four year area plan for services.
3. Provided input to City, County, and Aging Services Division on budget for FY 91/92.
4. Met with City and County officials regarding funding for aging and other social programs.
5. Encouraged involvement of other senior advocates in local budget decisions by issuing 5 action alerts to 3,072 individuals.
6. Twenty-five testified and 49 attended City and County budget hearings on local funding for aging and other social/health programs.
7. Wrote letters and telephoned County Commissioners to restore proposed cuts in senior services.

GOAL #2 TO PARTICIPATE IN REQUEST FOR PROPOSAL (RFP) AND ON-SITE ASSESSMENTS OF COMMUNITY SERVICES AND LONG-TERM-CARE PROGRAMS.

Activities:

1. Seven individuals served on Review and Selection Teams for 2 RFPs to develop service policies and identify agency providers.
2. Twenty-one individuals served in formal assessments of 8 contractors to provide consumer review of quality of services provided.

GOAL #3 TO ADVOCATE FOR ISSUES THAT IMPACT THE AGING SERVICE SYSTEM AND/OR SERVICES FOR OLDER OR DISABLED PERSONS.

Activities:

1. Supported legislation based on the top priorities of the Governor's Conference on Aging including testifying at public hearings, letter writing, and phoning state legislators.
2. Organized grass roots support to restore funding for Oregon Project Independence including issued action alert to 260 individuals and sponsored meeting of 75 advocates to plan strategy.
3. Provided input and advocated for Senior and Disabled Services Division budget including testimony by 6 individuals at Ways and Means subcommittee hearing.
4. Met with 8 local legislators to advocate for continued funding for aging programs.
5. Advocated for repeal of the 2% Kicker and spending limitation.
6. Supported and testified on HB 2494 to restore license plates for disabled drivers.
7. Provided advice to ASD on policies for the Client Employed Provider program, private case management contract, private preadmission screening, and contracts for case management with hospitals.
8. Monitored implementation of local Disability Service Offices.
9. Opposed Ballot Measure 5, provided Action Alert to 100; held press conference covered by daily and 1 monthly newspapers, 1 radio, and 1 television station; provided public presentations; and wrote letters to the editor.
10. Reaffirmed support of cost sharing as a means to expand service availability.
11. Reviewed changes in meals programs and impact on seniors.
12. Supported funding for Medically Needy Program.
13. Monitored City allocation of \$65,000 for renovation of the NE Multicultural Senior Center.

GOAL #4 TO INCREASE COMMUNICATION WITH DISTRICT ADVISORY COMMITTEES AND OTHER AGING ADVOCATES.

Activities:

1. Provided 14 sessions of Aging Advisory Committee Training for 63 advisory committee members.
2. Cosponsored local advocacy workshop with Oregon State Council of Senior Citizens for 40 individuals.

Chair: Robert White
Vice Chair: Martha White

Members:

Linda Cramer
William French
Lisa Goddard
William Gordon
Irene Gray
MaryAnne Hannibal
Elsie Hastings
Curt Markus
Anne Montgomery

LaVerne Moore
Augustus Morgan
Jim Paynter
Cecil Posey
Elfie Richards
Sue Sakai
Jim Smith
Eileen White

ASD Staff:

Jim McConnell

Don Keister

July 8, 1991

IT CAN ALL BEGIN WITH A FALL

Hilda's Story

Hilda was a 79 year old retired school teacher who had lived alone in her own home since her husband died 20 years ago. Hilda was carrying in groceries one day, slipped on her entry way throw rug, and landed on her hip, breaking it in two places. After two weeks in the hospital, surgery to pin the broken hip and physical therapy, Hilda went to a nursing home to continue her convalescence. In the nursing home, she was placed in a 3-bed room with two women who suffered from advanced Alzheimers disease. Because of their illnesses, they were unable to communicate. When Hilda wasn't involved in therapy, there was little for her to do except lie on her bed and watch TV. She had very few people visit. Hilda became depressed. She began to exhibit signs of confusion. She lost ability to care for herself. When, at last, she was ready to leave the nursing home, she was unable to return home. She needed help with personal care, could not walk well without assistance, and was still depressed and slightly confused. Hilda's doctor recommended placement in a foster care home.

After a year in foster care, Hilda still had not recovered enough to be able to return home. Her son sold her home to help pay for the long term care that Hilda would likely need for the rest of her life.

Hilda's story is not unique. Falls are a significant, costly, sometimes fatal, health problem for older adults. Each year, one out of every three people over the age of 65 falls. Those who fall can suffer physical injury, from which they may never recover, as in Hilda's case, or they may experience psychological trauma. The fear of falling again may prevent them from living an active, full life.

Many falls are related to hazards in the home and environment. Studies show that as many as 44% of such falls could be prevented. Because falls are such a major health issue for older people, PMCoA's Health and Safety Committee decided to sponsor an educational program that would educate older adults and those who care for them about the risks, and about resources available to help create a safer living environment.

A Health Promotion Subcommittee was formed and within a few months, the subcommittee had grown into an 18-member coalition of health care providers and senior advocates committed to presenting a fall prevention program. The program entitled "A Fall Could Trip You Up . . . for Life!" is being developed now and is designed to educate the 144,000 elderly people living in Multnomah, Clackamas, and Washington Counties about falls, prevention, and resources available to make safety modifications.

HEALTH AND SAFETY COMMITTEE

GOAL #1 TO IDENTIFY AND ADVOCATE FOR CHANGES TO BETTER MEET THE PUBLIC SAFETY NEEDS OF ELDERS.

Activities:

1. Identified representative to participate in Community Policing workgroup.
2. Developed working relationship with the Portland Police Bureau.
3. Provided input on listing of aging service providers for community policing referrals.
4. Monitored progress and supported development of training for police on aging issues and services.
5. Initiated coordination between aging and crime prevention programs and cosponsored training for 30 staff.
6. Facilitated meeting of police crime analysts with senior centers to identify cooperative efforts around issues of assault, fraud, burglary, etc.
7. Facilitated coordination of ASD information and referral with police victims assistance callback program.
8. Researched models and developed a proposal for a Senior Precinct Corps to address the special needs of elders in crime prevention, criminal victimization and social service delivery.
9. Met with the Portland Police Chief to explore feasibility of establishing a Senior Precinct Corps pilot project in one precinct.
10. Designed brochure to increase public awareness of elder abuse.
11. Advocated successfully for 24 hour access to services for seniors in crisis.

GOAL #2 TO PROMOTE SERVICES FOR CAREGIVERS TO ENABLE THEM TO CONTINUE THEIR ROLE.

Activities:

1. Initiated joint meetings with Providence and Good Samaritan Hospitals to coordinate caregiver activities.

GOAL #3 TO PROMOTE HEALTHCARE EDUCATION AMONG SENIOR CONSUMERS.

Activities:

1. Identified and reviewed existing programs and materials regarding senior healthcare education.
2. Pulled together coalition of 23 organizations including the Oregon Medical Assn. and Multnomah County Medical Society to join in planning health promotion campaign.
3. Identified fall prevention as focus and laid groundwork for first of 5 year healthcare education campaign.
4. Wrote and submitted 4 applications for corporate contributions to fund "A Fall Could Trip You Up...for Life: A Community-Based Fall Prevention Program" and received \$5,000 from Legacy Health Systems.

OTHER:

1. Advocated for passage of SB 823 and 824 to establish a mental health policy for older adults in the State and fund mental health services.

Chair: Ruth Currie
Vice Chair: Ellen Glynn

Members:

David Berger
Mihail Czernowicky
Ruth French
Jimmie Green
Jean Hamar
Kaye Herzer
Vida Hicks
Marilyn Hoth
Linda Luce
Andrea Miles

Gerri Peck
Marian Sarles
Alice Scannell
Virginia Shea
Sol Siegel
Bill Sullivan
Peggy West
Pam Wheeler
Grace Wong

ASD Staff:

June Schumann

Don Keister

Special thanks to Jim Nelson, liaison from the Portland Police Bureau.

June 26, 1991

WORKING TO MEET SENIOR HOUSING NEEDS

Interview with Rose

Rose is a 78 year old woman who has lived in a small subsidized apartment in Southeast Portland for 5 years. She is fairly healthy although heart problems and arthritis keep her from getting around. She doesn't see too well and it has become almost impossible for her to read. Rose doesn't get out much, and doesn't have any family in the area.

Yet, in spite of her problems, Rose feels lucky. She is able to live on her own, in an apartment that is affordable on her low income. It wasn't easy for Rose to get into low cost housing. When she first called for information, her situation was desperate. Getting information was a challenge. She was referred to 4 different places and had a difficult time just learning about the application process. When she finally received the forms, they were lengthy, complex, and impossible to complete without help. There were strict guidelines and rules, but, finally, with the help of a friend, she was able to get her name on the list. She knew that the average waiting period for an apartment was one to two years and was extremely anxious because she had no idea what she would do if she couldn't get into low cost housing. Fortunately, her situation was treated as an emergency and she got her apartment.

Recently a member of the PMCoA Housing Task Force came to interview Rose. Realizing that adequate housing is a critical and often unmet need for elderly citizens, the Housing Task Force decided to study the issue, identify needs, and then work to improve housing services.

Rose enjoyed the Task Force member's visit. She knew that the interview was important because housing services might be improved as a result of the Task Force efforts. She tried to give thoughtful and complete answers.

The answers that Rose and the other senior housing residents gave during their interviews revealed that as many as 35% of residents do not know where to go to find in-home services yet need help, 29% of residents wish they could get out more often but need transportation, one-third of the residents have no phone, many fear for their personal safety and 17% of those interviewed have actually had someone enter their apartments and take things.

The Task Force identified these and other problems and have developed recommendations to correct them. Next year, the group will be working to improve housing information services, to develop a Housing Advocacy Service, and to assist in developing social and medical services for those, like Rose, in senior housing.

HOUSING TASK FORCE

GOAL #1 TO IDENTIFY INFORMATION ON HOUSING SERVICES AVAILABLE IN MULTNOMAH COUNTY AND MAKE AVAILABLE TO ELDERS AND THEIR FAMILIES.

Activities:

1. Cosponsored media briefing with AARP attended by 3 radio and 2 television stations, daily and 1 monthly newspapers to raise awareness of housing issues facing seniors.
2. Prepared and distributed Housing Fact Sheet.
3. Compiled existing information listing types of senior housing and housing services available in a report.
4. Conducted formal telephone survey of services provided by 5 local housing agencies.
5. Issued Housing Task Force Report containing 4 recommendations for improving the availability of housing information for seniors.
6. Held press conference highlighting findings of housing information survey and received coverage from 1 television station, 1 radio station, and 1 daily and 1 monthly newspaper.
7. Three individuals phoned 9 agencies requesting service to identify barriers seniors confront in obtaining information about housing.
8. Worked with ASD to establish network of local housing agencies to increase information sharing and staff to improve service access for seniors.
9. Provided information on housing issues and trends for Portland Future Focus and Metropolitan Service District Housing Issues Report.
10. Provided input to Information and Referral Subcommittee and coordinated efforts with the development of the City's Housing Center.

GOAL #2 TO IDENTIFY PROBLEMS WHICH SERVE AS BARRIERS TO SENIORS IN ACCESSING PUBLIC HOUSING AND ADVOCATE FOR SOLUTIONS.

Activities:

1. Met with 22 members of HAP Tenants Organization Council to provide and receive information.

2. Recruited 5 residents of public housing to work with Housing Task Force.
3. Provided input on survey and conducted 119 personal interviews with senior housing residents in conjunction with ASD.
4. Reviewed data compiled and adopted 8 recommendations to improve quality of living for public housing tenants.
5. Provided information regarding issues and needs of seniors to 3 public housing agencies.

GOAL #3: TO REVIEW AND ADVOCATE FOR THE PASSAGE OF STATE LEGISLATION TO EXPAND HOUSING OPTIONS FOR SENIORS.

Activities:

1. Six attended the Housing NOW rally at the State Capitol.
2. Supported HB 2779 to establish a Housing Trust fund to stimulate the development of low and moderate housing.
3. Received periodic updates on federal housing issues.

OTHER:

1. Identified 4 individuals to represent the concerns of elders on the Comprehensive Housing Affordability Strategy subcommittees.

Chairs: Chuck Wyland, Hazel Sherwood

Members:

Clyde Brummell
Nancy Jane Fox
Louis Hall
Gwen Harrison
Greg Henson
Terry Johnson
John Keating
Laf Keaton

Barbara Ledbury
Wanda Moman
Anne Montgomery
Arthur Payne
Pat Rosier
Charles Sloan
Nancy Wood

ASD Staff: Jan Tucker

Resource Persons:

Jim Cook
Linda Berger

Melissa Diskin
Bob Clay

June 12, 1991

IDENTIFYING BARRIERS WHICH CONFRONT ETHNIC ELDER

Two Advocates' Experience

It was a cold and rainy day when two Minority Committee members set out to conduct an experiment to see how easy it is for minority elders to get community services. The two women met downtown. Their assignment was to find help for an elderly couple in dire need of medical care and social services. The couple spoke only Spanish and the women asking for help were to do so in Spanish and Filipino.

The first barrier encountered was difficulty in locating the social service agency. They asked by-passers for directions and were instructed to go to a completely different part of town. Finally, after walking several blocks and circling the block where they thought the agency was located, they found it.

The receptionist they spoke with was very courteous and really wanted to help. The problem it seemed, was that the social service agency had no bilingual staff nor did they have access to interpreters. The two women ended up explaining their situation in English. There was not much the agency could do to help the elderly couple. The receptionist finally suggested another agency that could be contacted that might have staff who could speak Spanish.

The result of this experiment and others like it conducted by Minority Committee members proved how difficult it can be for non-English speaking minority elders to even ask for social service or medical assistance. Locating phone numbers, transportation to the various agencies, and trying to get information over the phone all proved to be difficult, if not impossible, tasks.

Old age can be a difficult time for many people and especially for members of minority groups. Minority elders are likely to have less education and money, less adequate housing, poor health and fewer years of life than average.

There are a number of reasons why it is difficult for minority seniors who need help to improve their lives to get it. Some of these include:

- They might not speak English, making it difficult to communicate with agency staff who are not bilingual.

- They might have cultural or social values that are different from the main culture. In some cultures, asking for social services help is not acceptable.

- They might have just experienced a life-time of being discriminated against and treated as a second-class citizen.

PMCoA is committed to working toward meeting the needs and improving the quality of life for all seniors.

MINORITY COMMITTEE

GOAL #1 TO REVIEW THE NEEDS OF ETHNIC ELDERS AND PRIORITIZE ACTIVITIES TO IMPLEMENT THE RECOMMENDATIONS OF THE PMCOA MINORITY SERVICES TASK FORCE REPORT.

Activities:

1. Identified health and access services as top priorities.
2. Supported and advised ASD in the establishment of two new services - Korean Meal Site, NE Multicultural Senior Center.
3. Advocated successfully for increased funding for Minority programs.

GOAL #2 TO MONITOR ASD FUNDED PROGRAMS FOR ETHNIC ELDERS.

Activities:

1. Participated in on-site assessment of mental health and day care services.
2. Reviewed issues related to minority service providers regarding In-Home Request for Proposal.
3. Requested periodic reports on Native American and Hispanic Outreach services.
4. Provided input to ASD on the long-range and four year plans for service.

GOAL #3 TO IDENTIFY BARRIERS ETHNIC ELDERS CONFRONT IN ACCESSING SERVICES AND ADVOCATE FOR CHANGES WITH LOCAL AND STATE AGENCIES.

Activities:

1. Developed survey tool for contacts with community agencies.
2. Conducted telephone and personal contacts with 15 health, information and referral, and transportation agencies to identify service barriers.
3. Compiled information and issued report identifying most common barriers for ethnic elders.

4. Met with reporter to provide information for feature article regarding problems in obtaining services.

GOAL #4 TO EXPAND COMMUNITY AWARENESS OF SPECIAL NEEDS OF ETHNIC ELDERS BY PARTICIPATING IN OTHER COMMUNITY AND COMMISSION TASK FORCES.

Activities:

1. Participated in:
 - Senior Center Task Force
 - NE Multicultural Senior Center Planning Committee
 - University of Portland Minority Conference Planning Committee
2. Planned and participated in the program for the PMCoA Annual Meeting.
3. Held meetings at 6 community sites and met with Aging Advisory Committee members.
4. Provided input and training on needs of ethnic elders for 3 service providers.
5. Participated in minority services panel at Breakfast Forum for 50.

Chair: Sue Sakai
Vice-Chair: Bernie Medina

Members:

Violet Allman
Lillian Bell
Gladys Carlson
Elizabeth Davis
Vida Hicks

Victor Leo
Florence Morton
Narcisa Pimentel
Charles Sloan
Vince Wannassay

ASD Staff:

June Schumann

Essie Green

June 24, 1991

OMBUDSMAN COMMITTEE

GOAL #1 TO RECRUIT, SELECT, AND SUPPORT 65 VOLUNTEERS FOR PLACEMENT AS CERTIFIED OMBUDSMEN IN MULTNOMAH COUNTY LONG TERM CARE FACILITIES.

Activities:

1. Identified the two most successful and three new recruitment techniques to implement including one on one, satellite, printed materials, grocery bags, and group presentations.
2. Developed outline and materials, trained volunteers and made 10 presentations to 497 individuals including three statewide conferences.
3. Made duplicates of Public Service Announcement and solicited airing on Channels 2,8,12, and Cable TV.
4. Secured advertisement on Fred Meyer grocery bags and in Safeway weekly shoppers.
5. Received feature coverage in Oregonian for newly certified Adult Foster Home Ombudsman Representative.
6. Developed 3 new brochures and distributed 9,500 to local libraries, churches, senior centers, neighborhood businesses, etc.
7. Solicited free billboard advertisement from 1 local business.
8. Coordinated activities with RSVP and Volunteer Bureau as satellite recruiters for the Ombudsman program.
9. Designed and distributed products to assist in recruitment including 600 Ombudsman pins and 30 Ombudsman tee-shirts.
10. Responded to 110 inquiries for information about the program.
11. Interviewed and screened applicants for the Multnomah County Long-Term-Care Ombudsman Program.
12. Sponsored monthly support meetings for local Ombudsman volunteers.
13. Held Ombudsman Recognition Ceremony including luncheon and gifts to recognize service of volunteer Ombudsmen.

Accomplishments:

1. Received 22 applications from individuals to serve as volunteer Ombudsmen.
2. Certified 14 new volunteers to serve as long-term-care patient advocates including 3 Ombudsman Representatives serving adult foster care homes.
3. Supported efforts of 59 volunteer Ombudsmen who contributed 7,934 hours of service and investigated 1,202 complaints.
4. Provided 2,603 residents in 31 nursing homes, 305 residents in 5 residential care facilities, and 204 residents in 51 adult foster homes patient advocates to monitor quality of care.

GOAL #2 TO DEVELOP STABLE FUNDING FOR THE MULTNOMAH COUNTY LTC OMBUDSMAN PROGRAM.

Activities:

1. Completed 3-1/2 year \$85,000 grant from Meyer Memorial Trust to test recruitment techniques.
2. Negotiated \$21,000 contract with State LTC Ombudsman for Adult Foster Home Pilot Project.
3. Secured \$21,875 in in-kind contributions for the program.
4. Wrote and submitted grant applications to 5 local foundations.
5. Secured \$10,200 in Medicaid match for Ombudsman Program for next fiscal year.
6. Developed and mailed 1,400 letters and secured donated advertisement soliciting individual contributions which raised \$70.
7. Raised \$339 from the sale of tee-shirts.
8. Advocated for restoration of State LTC Ombudsman budget including subcommittee testimony, letter writing, and phone calling.

Committee Chair: Jean Mitchell

Members:

Byron Gamwells
Nancy Girvan
Margie Hicks
Frances Johnson
Sara Karlin
Frances Litherland
Robert Mayhew
Shirley McGrew
Ted McGrew
Nancie Muhle
John Olson
Adelina Paperini

John Polf
Cecil Posey
Mary Pritchard
George Quarker
Trudy Schidleman
Earla Sherwood
Anne Stacey
Cecil Thompson
Elisabeth Tice
Sterling Williams
Howard Wolfe

ASD Staff:

Steve Balog

Kathy State

Thanks to our financial supporters during the year:

Meyer Memorial Trust
Multnomah County Aging Services Division
State LTC Ombudsman

June 7, 1991

SENIOR CENTER TASK FORCE

GOAL #1 TO IDENTIFY THE NEED FOR SENIOR CENTERS IN MULTNOMAH COUNTY.

Activities:

1. Identified current senior center services available in Multnomah County.
2. Examined national trends in senior center development and operation.
3. Visited 10 local Senior Centers.
4. Reviewed program and funding model of suburban senior center.

GOAL #2 TO DEVELOP A MODEL PLAN FOR SENIOR CENTERS.

Activities:

1. Identified top 5 strengths and weaknesses of current senior centers.
2. Listed characteristics of an ideal senior center.
3. Identified needs for current senior centers in the area of facilities, funding, programs, and services.
4. Drafted Senior Center Task Force Report containing 8 critical issues and strategies for action.

GOAL #3 TO DEVELOP A STRATEGY FOR FUNDING SENIOR CENTERS.

Activities:

1. Reviewed current funding of local senior centers and national trends.
2. Proposed establishment of a Funders Group of public and private agencies to develop a funding plan for senior centers.

Chair: Vivian Grubb
Vice-Chair: Janine DeLaunay

Members:

Bob Allenbrand
Raquel Amaya
Joan Banks
Karen Belding
Molly Brown
Grace Fitzgerald
Laf Keaton
Pam Laverty
Victor Leo
Margaret Lomacin

Chet McDonald
Ester McGinnis
Bernie Medina
Michael Matteucci
Marilyn Miller
Anne Montgomery
Charlotte Schwartz
Catherine Sohm
Marie Twiss
Vince Wannassay

ASD Staff: Don Keister

Resource People:

Nancy Bantz
Judy Boyer
Delanie Delimont
Essie Green
Robin Hyatt
Keeston Lowry

Joyce McLaughlin
Stella Pietilla
Myrtle Rinker
Lisa Turpel
Jane Walker
Barney Ulman

Special thanks to Anne Kelly Feeney of Loaves and Fishes and Jim Paynter of the Hollywood Senior Center for providing staff support to the Task Force.

Thanks to Nancy Snodgrass and Michael Schultz of United Way for facilitating the community planning process.

May 6, 1991

Portland Multnomah Commission on Aging
1991 Tri-County Health Promotion Coalition

Ruth Currie (ad hoc)
Chair, Health & Safety Committee
PMCOA
245-4271

Karen Dervedde
Director, Health Resource Center
St. Vincent Hospital & Medical Center
Washington County AAA Advisory Board
291-2655

Deena Creamer (ad hoc)
Community Relations Director
Multnomah County Medical Society
222-9977

Estill Dietz, MD
Chair, Retired Physicians Committee
Multnomah County Medical Society
252-7886

Pamela Frankel, RN, MS
Trauma Coordinator
OHSU Trauma Program
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Carol Gelfer, MPH
Health Education Consultant
Oregon Health Division, Field Services
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Jan Hochstatter
Executive Director
Clackamas County Medical Society
659-4744

Fay Horak, PT, Ph.D (ad hoc)
National Institute on Aging
Associate Scientist
Neurological Sciences Institute
Good Samaritan Hospital & Medical Center
229-7471

Marilyn Hoth (Committee Chair) *
Education Coordinator
Oregon Medical Professional
Review Organization (OMPRO)
279-0100

Linda Luce, RN, MS *
Director, Strategic Planning
Acting Director, Health Services
Visiting Nurse Association
220-1000

Beryl Mortensen
Campaign Coordinator for
Washington County
AARP State Legislative Committee
639-0403

Kathy Mischke
Gerontology Program Coordinator
Providence Medical Center
230-6002

Roy Payne, MD
Clackamas Internal Medicine Clinic
654-3185

Gerri Peck *
Senior advocate
Grey Panthers
288-2497

Merle Pennington, MD
Senior Health Committee Member
Oregon Medical Association
692-0526

Marian Sarles *
Campaign Public Relations Coordinator
AARP Representative
243-7559

Janet Vaught
Campaign Coordinator for Clackamas Co.
Clackamas County AAA Advisory Council
659-4294

Andrea Wall, OTR
Providence ElderPlace
230-6556

Pam Wheeler, RN, MSN *
Director, Senior Health Services
Good Samaritan Hospital & Medical Center
229-7866

PMCOA Coalition

Page 2

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Program Specialist

Oregon Health Division

229-5882; 229-5682

Darlene Wingfield, PT, MPA (ad hoc)

Co-Investigator, SAFE and SPICE Studies

Center for Health Research

Kaiser Permanente, Northwest Region

233-5631

Grace Wong *

Campaign Coordinator for Multnomah Co.

Family caregiver and senior advocate

253-1240

Tina Wright-Raburn

Director of Member Services

Oregon Medical Association

226-1555

*PMCOA Health & Safety Committee Member

1991 Tri-County Health Promotion Campaign Fact Sheet

PORTLAND
MULTNOMAH
COMMISSION
ON AGING

Aging

1120 S.W. 5th AVE., 5th FLOOR
PORTLAND, OR 97204-1978
(503) 796-5269

- Theme:** "Don't Let A Fall Trip You Up ... for Life!"
- Audience:** 144,000 older adults who are community residents of Multnomah, Clackamas, and Washington Counties, Oregon, and all involved caregivers.
- Sponsor:** Portland/Multnomah Commission on Aging (PMCoA), with the collaboration of Multnomah County Aging Services Division, Washington County Department of Aging Services, Clackamas County Social Services Division Area Agency on Aging, and their Advisory Councils.
- When:** Campaign kickoff on October 1, 1991; promotion of leaflet availability and delivery of community education programs throughout the month of October.
- Components:** (1) an educational leaflet, which engages the reader in a comprehensive checklist to identify and correct behavioral risks and environmental hazards and leads them to resources for home safety adaptations; and (2) an educational program, which will be presented at tri-county senior/community centers, hospitals, and libraries by volunteer teams of occupational therapists and physicians.
- Purpose:** Educate and motivate older adults to adopt behaviors and adapt their homes to reduce (1) the likelihood of falling, which can result in disabling fractures, loss of independence, even death; and (2) the fear of falling, which can result in social isolation and increasing dependence, even institutionalization.
- Access to leaflet:** (1) bulk distribution to libraries, senior/community centers, hospital resource centers, social service agencies serving older adults, congregate living facilities, and the offices of geriatric, internal medicine, and family practice physicians; (2) distribution to individuals attending scheduled educational programs; and (3) distribution by mail to individuals who call their respective county's Area Agency on Aging or local hospital, in response to campaign promotion by the news media, participating organizations, and grocery bag advertising.
- Program scheduling:** All educational programs will be scheduled Monday through Saturday, no earlier than 9 a.m. and no later than 3 p.m. Each county's campaign coordinator will accommodate requests as received and schedule programs within a county to give individuals maximum opportunities to attend a program. The host organization will be asked to promote the scheduled program to their constituencies through existing publications/calendars and media channels. Promotion to the general public will be provided by the campaign coalition.
- Contact:** Grace Wong, 253-1240
Multnomah County Campaign Coordinator



The City of Portland



Don't let a **FALL** trip you up... for life.



As you get older, a simple fall can have serious consequences.
Call your local Area Agency on Aging and learn how you can prevent falls.

- **Ask for a free fall-prevention checklist today**
- **Attend a free fall-prevention program in October**

In Multnomah County, call: **248-3646**

In Washington County, call: **640-3489**

In Clackamas County, call: **655-8860**

A tri-county educational campaign sponsored by the Portland/Multnomah Commission on Aging