



# MULTNOMAH COUNTY AGENDA PLACEMENT REQUEST

(Revised: 8/18/11)

## Board Clerk Use Only

Meeting Date: 5/16/13  
Agenda Item #: R.6  
Est. Start Time: 10:45 am  
Date Submitted: 5/8/13

**Agenda Title:** **Proclaiming May 2013 Mental Health Month in Multnomah County, Oregon**

*Note: If Ordinance, Resolution, Order or Proclamation, provide exact title. For all other submissions, provide a clearly written title sufficient to describe the action requested.*

**Requested Meeting Date:** May 16, 2013 **Time Needed:** 15 minutes  
**Department:** District 3 **Division:** \_\_\_\_\_  
**Contact(s):** Keith Falkenbeg  
**Phone:** 503-988-5217 **Ext.** \_\_\_\_\_ **I/O Address:** 503/6  
**Presenter Name(s) & Title(s):** David Hidalgo, Director, Mental Health and Addiction Services

## General Information

### 1. What action are you requesting from the Board?

Adoption of Proclamation: Proclaiming May 2013 National Mental Health Month in Multnomah County, Oregon.

### 2. Please provide sufficient background information for the Board and the public to understand this issue. Please note which Program Offer this action affects and how it impacts the results.

- Research shows that mental illness is treatable, and people should seek assistance for these conditions, with the same urgency as they would any other health condition.
- It is essential for the 45.1 million adults aged 18 or older living with a mental health problem, to realize that recovery is possible to improve overall health and well-being.
- People who are part of the recovery community lead more productive and fulfilling lives, personally and professionally; and add to the health of our community.
- Educating our community members that mental health illness is serious, but treatable, health care problems is essential.
- For over sixty years May has been the observed as Mental Health Month. Behavioral health is an essential part of health and one's overall wellness, and that prevention works, treatment is effective and people can and do recover from mental health illness.

**3. Explain the fiscal impact (current year and ongoing).**

N/A

**4. Explain any legal and/or policy issues involved.**

N/A

**5. Explain any citizen and/or other government participation that has or will take place.**

Mental Health and Addiction Services will be participating in the 11<sup>th</sup> annual National Alliance on Mental Illness walk on May 19<sup>th</sup>.

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**Required Signature**

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**Elected Official**

**or Department/**

**Agency Director:**

Judy Shiprack /s/

05/08/13

**Date:**