

# EARLY ASSESSMENT AND SUPPORT ALLIANCE

503-988-3272 PHONE  
503-988-5870 FAX



## **What is EASA?**

EASA stands for Early Assessment and Support Alliance. EASA is an early intervention program designed to provide rapid access to psychiatric, counseling, occupational therapy, and vocational services for individuals who are experiencing psychosis for the first time. Independent living skill development is the primary goal. Individuals and their families are supported in increasing their knowledge about the cause, treatment, and management of psychosis. The EASA team promotes recovery and is dedicated to providing intervention as quickly and flexibly as possible with a minimum number of barriers.

## **How do I, or someone I know get into the EASA Program?**

To refer a friend, yourself, or a family member to the EASA Program call 503-988-EASA (3272). A Call Center staff will take your information and submit it to the EASA team. An EASA team member will call you back within 1 business day.

## **Who is eligible?**

If you (or someone you know) reside in Multnomah County, are age 15-25, has had their first episode of psychosis within the last 12 months, has an IQ of 70 or above, has symptoms that are not due to the temporary affects of substance intoxication, a mood issue, or known medical condition, you qualify for an EASA referral.

## **What is EASA's process for determining acceptance into the program?**

The screening process that follows a referral is designed to gain additional information, so be prepared for additional questions about your experience. The team wants to create the best fit and set of services for you. A team member may want to meet with you or the person you are referring to determine appropriateness of fit.

## **What is the next step?**

If you are accepted into the EASA program, an EASA team member will assist you through intake. Services start immediately. There is no waiting period before services will be available. Expect an EASA team member to call you and schedule a meeting.

If you are not deemed eligible, an EASA team member will help you find alternative services in the community.

## **Do I have to have insurance?**

No. But, if you do have a primary insurance carrier, EASA will need that information and will bill the carrier. If you are unsure and you or someone you know is experiencing psychosis, call EASA at 503-988-3272. An EASA team member will address it with you directly.



DEPARTMENT OF COUNTY HUMAN SERVICES  
MENTAL HEALTH AND ADDICTIONS SERVICES DIVISION  
421 SW OAK ST. PORTLAND, OR 97204

503-988-5464  
503-988-5870 Fax

# EARLY ASSESSMENT AND SUPPORT ALLIANCE

503-988-3272 PHONE  
503-988-5870 FAX



## What services does EASA provide?

EASA is committed to providing individuals who are experiencing psychosis for the first time with assistance in removing barriers to independent, sustainable living. We will do our best to assist the individual in obtaining his or her employment and educational goals. We will work closely with the family and other supports.

EASA provides the following services:

<i>Rapid access to psychiatric and therapy services</i>	<i>Vocational support</i>
<i>Multi-family problem solving groups</i>	<i>Occupational therapy</i>
<i>Symptom management support</i>	<i>Crisis and relapse planning</i>
<i>Goal setting and planning</i>	<i>Events which are fun &amp; educational</i>
<i>Education about psychosis</i>	

## Do I have to live in Multnomah County?

Yes. In order to participate in the EASA Program you or the person you are referring must reside within Multnomah County. If you have a special circumstance and have questions please call EASA at 503-988-3272. An EASA team member will address it with you directly.



DEPARTMENT OF COUNTY HUMAN SERVICES  
MENTAL HEALTH AND ADDICTIONS SERVICES DIVISION  
421 SW OAK ST. PORTLAND, OR 97204

503-988-5464  
503-988-5870 Fax