

Homeless Youth Oversight Committee  
Homeless Youth Continuum Annual Data Report, July '12– June '13

**Total Youth Served in County-Funded Continuum Services = 1,167**

Demographic Information of Youth Served								
Age			Race/Ethnicity	Hispanic/Latino		Non-Hispanic/Latino		
				#	%	#	%	
13-14	33	3%	American Indian/Alaskan	0	0%	67	6%	
15-16	8	1%	Asian	0	0%	6	1%	
17-18	83	7%	Black/African American	0	0%	167	14%	
19 – 20	333	29%	Mixed Heritage	0	0%	89*	7%	
21+	693	59%	Native Hawaiian/Other Pacific Islander	0	0%	8	1%	
Birth date error	17	2%	White/Caucasian	0	0%	604	52%	
<b>Gender</b>			Hispanic	157	13%	0	0%	
Male	625	54%	Other	0	0%	69	6%	
Female	490	42%						
Trans Female	5	0%	<b>Totals</b>		<b>157</b>	<b>13%</b>	<b>1,010</b>	<b>87%</b>
Trans Male	22	2%	* - There is a high representation of Native youth in the mixed heritage race category. Breakdowns of this data will be provided in the '13-'14 fiscal year report.					
Unknown/refused	25	2%						

Youth Served by Program Area			
Access & Referral	Number	Percent	Target
Total Youth Screened for HYS Services	673	90% of target	750
Last Living Situation of Youth Screened:			
▪ Family/Friends (temporary/doubled-up)	278	41%	
▪ Non-housing	245	36%	
▪ Emergency Shelter	58	9%	
▪ Treatment program, Hospital, Jail	42	6%	
▪ Other	50	7%	
Youth Referred into Continuum	574	85%	
Youth served with current DHS involvement	79	7%	
Youth served with past DHS involvement	403	35%	
<b>Crisis Shelter</b>			
Youth Served	434	87% of annual target	500
Average Length of Stay	32 nights		95% of youth will reside 8 days
<b>Short Term Shelter</b>			
Youth Served	184	74% of target	250
Average Length of Stay	91 nights		Max. 120 days

<b>Transitional Housing Services (NAFY, OI, Janus)</b>	<i>Number</i>	<i>Percent</i>	<i>Target (for program year)</i>
Youth Served (in facility-based and scattered sites)	154	150%	100
Youth moving to Safe, Stable Housing (incl, permanent)	93/110	85%	75%
Youth moving to Permanent Housing	77	70%	65%
Youth in stable housing at 6-month follow-up	45/57	79%	65%
Youth in stable housing at 12-month follow-up	36/46	78%	60%
<b>Assertive Engagement Services (NAFY, OI &amp; NAYA)</b>	<b>Number</b>	<b>Percent</b>	<b>Target</b>
Youth served	512		
# of total engagement hours	11,941		
% of youth that have established a caring relationship with an AE member or other Continuum staff		87%	85%
% of youth enrolled that have established a caring adult relationship outside of the system		82%	75%
Average case load of AE members	18 youth		15-20 youth
% of youth that have created an eco-map		91%	75%
% of AE staff receiving annual Motivational Interview training		97%	90%
% reporting that AE staff has high expectations for them		97%	85%
% of youth reporting multiple opportunities to participate in meaningful activities offered by the Continuum		73%	80%
% of youth participating in meaningful community events, activities, & service projects		67%	60%
% of youth participating in leadership experiences (speaking engagements, youth forums, tribal councils, advisory committees, etc.)		56%	50%
<b>Safety Services (NAFY &amp; OI)</b>			
Youth Served (duplicated) in Day Programs	1,603		(avg. from last 3 years is 1,500)
Average Daily Participation	65 youth/day		N/A
<b>Employment and Educational Services (NAFY, OI &amp; NAYA) <i>not County funded</i></b>			
Continuum Youth served in Employment Programs <ul style="list-style-type: none"> <li>Youth attaining employment or entering a vocational training program during the 12 month period</li> </ul>	460 served  176 employed	39% of Continuum youth in employment programs	N/A
Continuum Youth served in Education Programs <ul style="list-style-type: none"> <li>Youth earning a GED during the 12 month reporting period</li> <li>Youth entering college during the 12 month reporting period</li> </ul>	613 served  55 earned GED's  121 entered college	53% of Continuum youth are enrolled in education programs	N/A
<b>Mental Health &amp; Alcohol/Drug Services (Metamorphosis Project &amp; Pathways)</b>			
Continuum Youth receiving MH services	150	13% of youth served	N/A
Continuum Youth receiving A/D services	448	38% of youth served	N/A

**Alcohol/Drug & Mental Health  
Support Services  
Annual Report 2012 – 2013**

<b>Alcohol/Drug Services</b>		
	# events	# youth
Unduplicated Youth Served		448
AOD Screenings/Assessments		167
Participants in recovery oriented activities (unduplicated)	183	401
<b>A&amp;D Specialist Supports</b>		
	# service hours 1,200	# youth 269
Referrals to Treatment	# referrals	# entering
▪ Detox	17	12
▪ AOD Outpatient	47	25
▪ AOD Residential	27	15
Treatment Completions	# events	# youth
▪ Detox	9	7
▪ AOD Outpatient	7	11 still in
▪ AOD Residential	8	5 completes, 1 still in
<b>Mental Health Services</b>		
	# events	# youth
Psychiatric Services		
▪ Total Unduplicated	203	48
▪ Psychiatric Evaluations	38	

## **Program Highlights**

### **Alcohol/Drug Specialists:**

- The HYC continued to see a rise in young people presenting with co-occurring disorders, which is a term replacing dual diagnosis that indicates someone has both a mental health diagnosis and a substance use disorder. The demand for co-occurring capable treatment to address the needs that present also increased. When there was turnover in the Alcohol and Drug Specialist position at Outside In, the new staff was hired with specific experience in working with Co-Occurring Disorders. We also hired three new RTA staff, with a total of four Recovery Transition Advocates employed to support the recovery support activities throughout the Continuum. RTAs facilitated two alcohol and drug free recreation activities each week at Outside In, maximizing positive recreation opportunities in the community.
  
- In addition to maximizing our capacity to meet the recovery engagement and support needs in services provided, project staff worked with community partners to increase youth connection to appropriate levels of care (treatment) when possible. The increased request for community treatment resources surfaced a gap in services for the uninsured. Since more options are available for people

with health insurance, staff prepared to support youth to enroll in health insurance when Cover Oregon enrollment begins in October, 2013.

### **Recovery Transition Advocates (RTA's) & Recreation Groups:**

- All 3 Continuum agencies employ an RTA to work as part of the A/D & Mental Health Support Services. RTA's work in various settings to meet youth "where they are" in their substance use or sobriety. RTA's work in the New Avenues Day Program where they provide on-going support and build rapport with youth who are struggling with substance use/abuse. An important role of the RTA is also to "plant seeds" with youth who may be in the pre-contemplative or contemplative stages of change concerning their substance use, helping youth explore feelings of ambiguity around changing their drug/alcohol use behaviors. RTA's also work to connect youth with the A&D Specialists to help them access recovery resources. Aside from the Day Program, RTAs also have shifts in the crisis shelter and meet with youth on the streets through the Yellow Brick Road street outreach program. Through these multiple points of contact, youth become very familiar with seeing RTA's in a variety of settings, allowing the RTA to be a consistent, caring presence in a youth's life in the Homeless Youth Continuum.
- An A&D Moment precedes all A&D recreation groups. These moments are an opportunity for youth to explore issues related to substance use, sobriety, harm reduction and coping skills in a supportive group setting with peers and RTA's. A topic is presented to the group, often with an educational component and then discussion of the topic is facilitated with the youth. Throughout the discussion, participants are guided and prompted with follow-up questions by RTAs. Participation in the A&D moment is a requirement for anyone attending the A&D recreation group.
- Over the last year A&D recreation groups have expanded from once a week to three times a week and attendance has increased to an average of eight youth per activity. Activities have included the following:
  - Recreational: bowling, films, laser tag
  - NAYA started a recreation group in partnership with Hacienda, a community center where Latino youth participate in groups that focus on alcohol and drug harm reduction, along with lessons in music, art and cultural identity.
  - Music-based sober recreation groups
  - Physical/sporting: rock climbing, hiking, disc golf, ultimate Frisbee, kickball, basketball
  - Social/community: various neighborhood street fairs, board games at local coffee shops

### **Psychiatric Services:**

- Based on the current best practice for providing psychiatric services in coordination with primary medical care, the Psychiatrist working with the project was integrated into the Outside In Clinic as part of the Primary Medical Home accessed by homeless youth. This change provided an increased level of support for the Psychiatrist who has been providing culturally and developmentally focused services to the homeless youth in the HYC for the past 10 years.