



# MULTNOMAH COUNTY AGENDA PLACEMENT REQUEST

(Revised: 6/9/2014)

## Board Clerk Use Only

Meeting Date: 9/1/16  
Agenda Item #: R.3  
Est. Start Time: 9:50 am  
Date Submitted: \_\_\_\_\_

**Agenda Title:** **Proclamation Proclaiming September 2016 as Recovery Month in Multnomah County, Oregon**

*Note: Title should not be more than 2 lines but sufficient to describe the action requested. Title on APR must match title on Ordinance, Resolution, Order or Proclamation.*

## Requested

**Meeting Date:** September 1, 2016 **Time Needed:** 15 minutes

**Department:** Health **Division:** MHASD

**Contact(s):** Ryan Yambra

**Phone:** 503-988-5793 **Ext.** 85793 **I/O Address:** \_\_\_\_\_

## Presenter

**Name(s) & Title(s):** Devarshi Bajpai- MHASD Medicaid Plan Manager  
David Hidalgo- MHASD Director, and Invited Guests

## General Information

### 1. What action are you requesting from the Board?

Adoption of proclamation: proclaiming September 2016 as Recovery Month in Multnomah County.

### 2. Please provide sufficient background information for the Board and the public to understand this issue. Please note which Program Offer this action affects and how it impacts the results.

Multnomah County observes Recovery Month every September. Recovery Month is an opportunity for Multnomah County, as the local mental health authority, to raise awareness about recovery from substance use and mental health issues. This year's theme, "Our Families, Our Stories, Our Recovery," highlights the role family has in recovery.

National Recovery month is in its 27<sup>th</sup> year. Each September, this event shows us that recovery is possible and encourages people experiencing mental and substance use disorders to seek help. Friends, family and community helpers are key figures in a person's recovery.

Substance use and mental health issues are barriers to our overall wellness. But with education, we can learn to seek help for substance use and mental disorders. Prevention works, treatment is effective, and people can and do recover from behavioral health issues.

**3. Explain the fiscal impact (current year and ongoing).**

NA.

**4. Explain any legal and/or policy issues involved.**

NA.

**5. Explain any citizen and/or other government participation that has or will take place.**

Mental Health and Addiction Services Division will participate in Hands Across the Bridge on Monday, Sept. 5 from 10 am to noon.

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**Required Signature**

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**Elected  
Official or  
Department**

**Director:** David Hidalgo, Director **Date:** 8/15/16

*Note: Please submit electronically. Insert names of your approvers followed by /s/ - we no longer use actual signatures. Please insert date approved.*