



MULTNOMAH COUNTY
AGENDA PLACEMENT REQUEST (short form)

Board Clerk Use Only

Meeting Date: 8/25/11
Agenda Item #: R.4
Est. Start Time: 9:55 am
Date Submitted: 8/17/11

Agenda Title: **Proclaiming September 2011 National Recovery Month in Multnomah County, Oregon**

Note: If Ordinance, Resolution, Order or Proclamation, provide exact title. For all other submissions, provide a clearly written title.

Requested Meeting Date: August 25, 2011 **Amount of Time Needed:** 15 minutes
Department: County Human Services **Division:** MHASD
Contact(s): Chris Murphy
Phone: 503-988-5464 **Ext.** 22458 **I/O Address:** 167/1/520
Presenter(s): Joan Rice, MHASD Quality Manager

General Information

1. What action are you requesting from the Board?

Adoption of Proclamation: Proclaiming September 2011 National Recovery Month in Multnomah County, Oregon.

2. Please provide sufficient background information for the Board and the public to understand this issue. Please note which Program Offer this action affects and how it impacts the results.

- Research shows that substance use and mental disorders are treatable, and people should seek assistance for these conditions, with the same urgency as they would any other health condition.
- It is essential for the 22.5 million people aged 12 or older who currently suffer from a substance use disorder and the 45.1 million adults aged 18 or older living with a mental health problem, to realize that recovery is possible to improve overall health and well-being.
- People who are part of the recovery community lead more productive and fulfilling lives, personally and professionally; and add to the health of our community.
- Educating our community members that mental health and substance use disorders are serious, but treatable, health care problems is essential.
- The 22nd national campaign spreads the message that behavioral health is an

essential part of health and one's overall wellness, and that prevention works, treatment is effective and people can and do recover from substance use and mental disorders.

3. Explain the fiscal impact (current year and ongoing).

N/A

4. Explain any legal and/or policy issues involved.

N/A

5. Explain any citizen and/or other government participation that has or will take place.

The 10th annual "Hands Across The Bridge" event is scheduled to begin at 10:00 a.m. on September 5th. Individuals in recovery, as well as friends, families and supporters will join hands and span the I-5 bridge to kick off Recovery Month. Numerous other events are planned statewide to celebrate the accomplishments of individuals in recovery.

Required Signature

Elected Official or
Department/
Agency Director:

Dana C. Zloyd for Kathy Jinkle

Date: 8/17/11
