



# MULTNOMAH COUNTY AGENDA PLACEMENT REQUEST

(Revised: Feb. 2017)

## Board Clerk Use Only

Meeting Date: 5/17/18  
Agenda Item #: R.5  
Est. Start Time: 10:00 a.m.  
Date Submitted: 4/30/18

**Agenda Title:** **Proclamation Proclaiming May 2018 as Mental Health Month in Multnomah County, Oregon**

**Requested**

**Meeting Date:** May 17, 2018 **Time Needed:** 15 minutes

**Department:** Health **Division:** MHASD

**Contact(s):** Ryan Yambra

**Phone:** 503-729-1799 **Ext.**  **Email:** [ryan.yambra@multco.us](mailto:ryan.yambra@multco.us)

**Presenters:** David Hidalgo, Mental Health Director, DeAndre Kenyanjui, Office of Consumer Engagement Coordinator and invited guests

## General Information

**1. What action are you requesting from the Board?**

Adopt a proclamation, proclaiming May 2018 as Mental Health Month in Multnomah County, Oregon.

**2. Please provide sufficient background information for the Board and the public to understand this issue. Please note which Program Offer(s) this action affects and how it impacts the results.**

Multnomah County observes Mental Health Month every year. As the local mental health authority, we celebrate Mental Health Month to highlight the importance of mental health in our community and stand up against stigma.

Mental illness is treatable and people should seek help for their condition. Mental Health Month and other community events send a message to residents that there is hope, treatment is available, and people can and do recover from mental illness.

May has been observed nationally as Mental Health Month for more than 60 years. The annual awareness month is organized by Mental Health America, a national mental health advocacy organization. This year's theme is "Fitness" shedding light on the impact that good nutrition, proper sleep, regular exercise and stress management have on managing mental illness.

**3. Explain the fiscal impact (current year and ongoing).**

N/A.

**4. Explain any legal and/or policy issues involved.**

N/A.

**5. Explain any citizen and/or other government participation that has or will take place.**

Mental Health Addiction Services Division will participate in the National Alliance on Mental Illness Walk (NAMI Walk) on Sunday, May 20, 2018.

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**Required Signature**

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**Elected  
Official or  
Department  
Director:**

/s/ Wendy Lear

**Date:**

April 27, 2018