

BEFORE THE BOARD OF COUNTY COMMISSIONERS  
FOR MULTNOMAH COUNTY, OREGON

**PROCLAMATION NO. 04-014**

Proclaiming the Month of February, 2004 as American Heart Month and February 6, 2004 as "Wear Red for Women Day" in Multnomah County, Oregon

**The Multnomah County Board of Commissioners Finds:**

- a. Diseases of the heart are the nation's leading cause of death and stroke is the third leading cause of death.
- b. Cardiovascular diseases (CVD) are the leading cause of death among women.
- c. Heart attack, stroke and other cardiovascular diseases claim ten times the lives of Oregon women than breast cancer.
- d. The cost of cardiovascular diseases and stroke in the US is estimated at \$352 billion.
- e. One in five females in the United States has some form of cardiovascular disease.
- f. Sixty-three percent of women who died suddenly of coronary heart disease had no previous symptoms of this disease.
- g. Increasing awareness of the risk factors and taking actions to reduce them can save thousands of lives each year.
- h. February has been designated as National American Heart Month.
- i. The American Heart Association is launching a new campaign, "Go Red for Women"; to encourage women to pay attention to their hearts and help they live longer, stronger lives by reducing their risk for cardiovascular disease.
- j. The Go Red for Women kickoff will be held February 6th, from 11:00 a.m. to 1:00 p.m., at Pioneer Place Shopping Center and is open to the public.

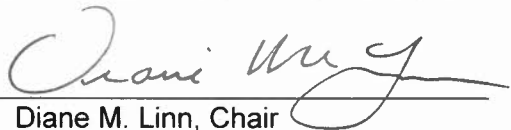
**The Multnomah County Board of Commissioners Proclaims:**

The month of February 2004 as American Heart Month and Friday, February 6th as "Wear Red for Women Day" in Multnomah County, Oregon. We urge everyone to wear red in recognition of family, friends and neighbors who have suffered from cardiovascular disease and as a show of support to fight Oregon's number one killer.

ADOPTED this 5th day of February, 2004.



BOARD OF COUNTY COMMISSIONERS  
FOR MULTNOMAH COUNTY, OREGON

  
Diane M. Linn, Chair