

BEFORE THE BOARD OF COUNTY COMMISSIONERS
FOR MULTNOMAH COUNTY, OREGON

PROCLAMTION NO. 04-054

Proclaiming May 2004 National Older Americans Month in Multnomah County, Oregon

The Multnomah County Board of Commissioners Finds:

- a. May 2004 is National Older Americans Month.
- b. The theme for this year of "Aging Well, Living Well" celebrates and recognizes the growing number of older Americans who are living longer, healthier, and more productive lives.
- c. In the forty-one years since the inception of Older Americans Month, the elder population of the United States has grown to include a larger number of adults living into their 80s and 90s. Today, one in six Americans, 44 million people, is 60 years of age or older. Four million of these are 85 years of age or older. By the year 2030, one in five Americans will be over 65 and the number of those over 85 will have tripled.
- d. The basic principle that older adults are entitled to spend their retirement years in good health living with independence and dignity is at the core of our nation and county's system of home and community-based care.
- e. Today, Multnomah County enjoys an elder population approaching 100,000, with 10% of this population over 85 years of age. In the last decade Multnomah County's over 85 population has increased by 18%.
- f. Seniors in Multnomah County benefit from partnerships among senior centers, Loaves and Fishes, Multi-Ethnic Action Committee, Elders in Action, and many community organizations based throughout the greater metropolitan area, striving to promote healthy lifestyles and ensure that all our citizens live long and age well.
- g. Seniors in Multnomah County have access to a wide range of services including health insurance counseling; senior center activities; respite and adult day services; in-home assistance and personal care services; nutrition counseling and meals-on-wheels; energy, housing and legal assistance; and elder abuse prevention and ombudsmen programs.
- h. The fact that older Americans are enjoying increased health and longevity is without a doubt something to celebrate. We are proud of our commitment to fostering quality of life and well being for our honored citizens.

The Multnomah County Board of Commissioners Proclaims:

The month of May 2004 is National Older Americans Month in Multnomah County, Oregon. We urge community and government leaders, policy makers, business people, educators, volunteers, and all citizens of Multnomah County to celebrate our older citizens and support all aspects of "Aging Well and Living Well."

ADOPTED this 6th day of May, 2004.



BOARD OF COUNTY COMMISSIONERS
FOR MULTNOMAH COUNTY, OREGON


Diane M. Linn, Chair