

BEFORE THE BOARD OF COUNTY COMMISSIONERS  
FOR MULTNOMAH COUNTY, OREGON

**PROCLAMATION NO. 09-105**

Proclaiming September 6 through September 12, 2009 National Suicide Prevention Week in Multnomah County, Oregon

**The Multnomah County Board of Commissioners Finds:**

Suicide is the 11th leading cause of all deaths in the United States and the third leading cause of death among individuals between the ages of 15 to 24; and

Suicide is the second leading cause of death among Oregonians aged 10 to 24; and

It is generally estimated that there are 25 attempts for each death by suicide; and

The stigma associated with mental illness and suicidality works against suicide prevention by discouraging persons at risk for suicide from seeking life-saving help and further traumatizes survivors of suicide; and

The majority of suicidal individuals display signals or clues;

The risk of suicide is increased by more than 50% in depressed individuals and the risk of suicide in individuals with an alcohol problem is 50 to 70 percent higher than the general population; and

Families, children, and friends of those who have committed suicide are deeply affected by the event;

Preventing suicide is possible through mental health and addiction treatment.


**The Multnomah County Board of Commissioners Proclaims:**

To highlight these efforts, the week of September 6 through 12, 2009 is designated Suicide Prevention Week in Multnomah County, Oregon.

This week overlaps World Suicide Prevention Day, September 10, 2009 recognized internationally and supported by the World Health Organization. Citizens are encouraged to learn more about suicide prevention and become part of the community solution to this public health problem.

ADOPTED this 3rd day of September 2009.

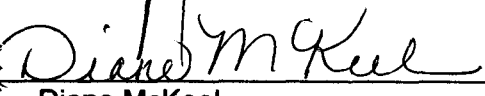
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FOR MULTNOMAH COUNTY, OREGON

  
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SUBMITTED BY:  
Joanne Fuller, Department of County Human Services

