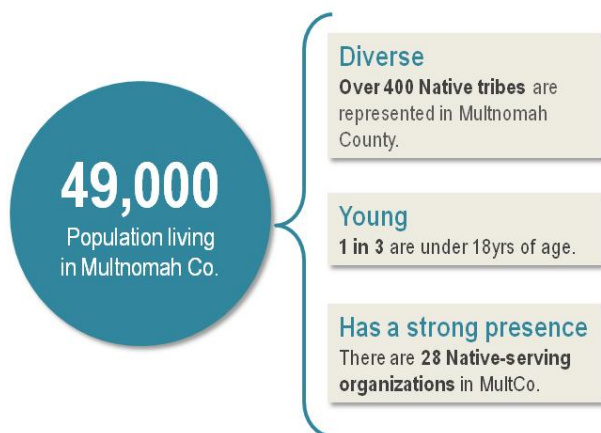


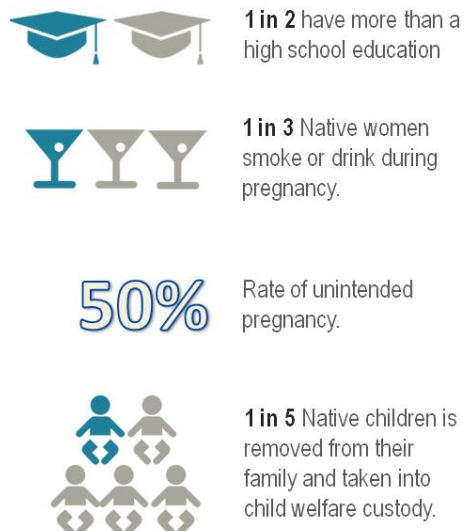


The Future Generations Collaborative (FGC): Overview

AI/ANs in Multnomah County are...



Health of AI/ANs in Multnomah Co...



HISTORICAL AND INTERGENERATIONAL TRAUMAS are emotional and psychological injuries that accumulate over time and across generations as a result of cultural genocide inflicted on Native peoples. Historical trauma hinders effective partnerships between Native communities and public health agencies, decreases utilization of public health services by Native people, and contributes to health inequities. Historically and today, public health planning and actions in Native communities are often implemented without regard to the effect of historical trauma in these communities.

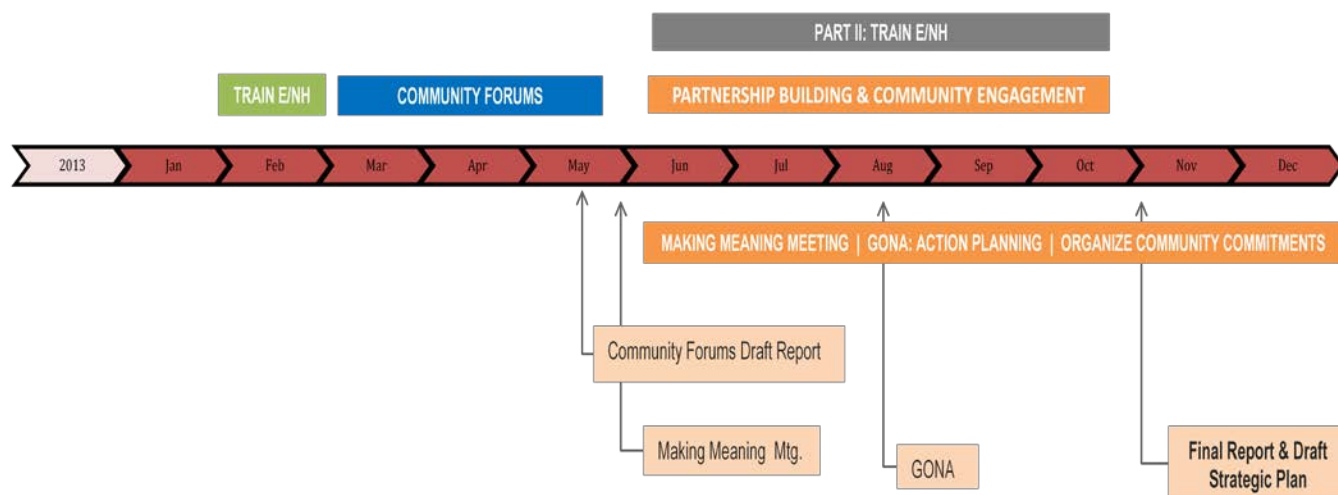
WHAT WE'VE DONE

In 2011 the Multnomah County Health Department convened AI/AN community members, community-based organizations and public health agencies to form a collaborative to promote healthy pregnancies in AI/AN women in Multnomah County. To successfully build the FGC, we adopted a trauma-informed community-based participatory process that acknowledges the role of government in contributing to the health and social inequities experienced by AI/AN peoples.

<p>Social (Values)</p> <p>The social domain addresses the context and environment in which people and systems interact. It also represents how we feel about this context. In the FGC, we bring meaning to this domain via the collective values we hold, which ensure our process is safe and respectful for all.</p>	<p>Body (Community)</p> <p>This domain addresses the structures that affect our roles in our families, communities and organizations. In the FGC, our structures exist to sustain and create harmony between and among people and organizations.</p>	<p>Our trauma-informed collaborative process utilizes a relational world view to guide development of processes and outcomes. The relational world view is a cultural model of wellness and healing. The four directions in the model represent interdependent domains, all of which need to be in balance to find health and healing. There are many ways to describe the domains. In the FGC we understand the domains to represent social, mind, body and spirit.</p>
<p>Spiritual (Culture)</p> <p>This domain addresses the positive and negative practices that influence people and organizations. The FGC prioritizes AI/AN culture as a primary prevention strategy. We recognize and build on the resiliency of AI/AN people to improve the health of our communities.</p>	<p>Mind (Relationships)</p> <p>This domain relates to our intellect, emotions, memories and experiences. In the FGC, listening to the experiences and memories associated with trauma helps to restore trust among people and organizations.</p>	

WHERE WE ARE GOING...

Timeline: Year 2



Description of Activities	
Train Elders and Natural Helpers	<ul style="list-style-type: none"> 20 Native community members received training. Volunteers co-lead process facilitation, partnership development and community engagement, trust-building, evaluation and analysis.
Community Forums	<ul style="list-style-type: none"> Gather information about effect of historical trauma on substance use and preconception health among Native populations in Multnomah County. Understand how culture supports healthy pregnancy planning.
Making Meaning Meeting	<ul style="list-style-type: none"> Increase community ownership of process and results. Forum participants and other Native stakeholders validate data. Community identifies how data may be used
Gathering of Native Americans (GONA)	<ul style="list-style-type: none"> 4-day best practice process uses a <i>relational world view</i> to increase Native voices in health promotion planning. Community to identify solutions and plan strategies
Organize Community Commitments	<ul style="list-style-type: none"> Presentations to diverse stakeholders; identify circles of involvement. Identify technical assistance needs in community & partner organizations Collaborate with other community initiatives working to reduce MCH health inequities in urban Native communities. Ensure that community-identified solutions are honored.

ACCOMPLISHMENTS TO DATE

- Developed a trauma-informed collaborative process
- Built robust partnerships with Native community members and Native-serving organizations
- Successfully recruited and trained 20 elders and natural helpers
- Presentations at national public health conferences
- Awarded \$50,000 capacity-building grant from the Northwest Health Foundation
- Acceptance into the National Leadership Academy for the Public's Health
- Supporting systems change to ensure health department contracting processes are equitable and accessible to non-profit organizations in communities of color