

BEFORE THE BOARD OF COUNTY COMMISSIONERS
FOR MULTNOMAH COUNTY, OREGON

PROCLAMATION NO. _____

Proclaiming September 2016 as Recovery Month in Multnomah County

The Multnomah County Board of Commissioners Finds:

- Substance use disorder and problem gambling pose serious obstacles to good behavioral health. Behavioral health is an important part of our overall wellness and should be treated as such.
- According to the *2014 National Survey on Drug Use and Health*, 21.5 million people aged 12 or older had a substance use disorder in the past year. One in five adults aged 18 or older had a mental illness. Some of those individuals experienced both a substance use disorder and mental illness.
- Education about substance use and mental health disorders is important to overcoming stigma. Many experience behavioral health issues in their own unique way. Cultural barriers and social shame sometimes prevent people from seeking help.
- Multnomah County is committed to helping all county residents struggling with substance use and mental health disorders by providing services that are accessible, culturally-informed and supported by peers.
- Through the county's addictions benefit coordinators and our community based provider network we can ensure that all individuals experiencing a substance use issue get the help they need to recover and heal.
- Prevention works and treatment is effective. It's important for all relatives and friends of people experiencing behavioral health disorders to recognize the signs of an issue and help connect them with recovery services.
- People experiencing substance use or mental health disorders should be able to participate fully in their community and should have access to good healthcare, fair and decent housing, economic opportunity and understanding from community members.
- Multnomah County will continue to seek community input to ensure all county residents are treated with dignity and respect and receive equitable services that are culturally responsive.
- With time, energy and support from loved ones and community helpers, people can and do recover from behavioral health issues.

The Multnomah County Board of Commissioners Proclaims:

The month of September 2016 is proclaimed to be Recovery Month in Multnomah County, Oregon. All county residents are invited to observe this year's theme, "Our Families, Our Stories, Our Recovery," which highlights the value of family support during recovery.

ADOPTED this 1st day of September, 2016.

BOARD OF COUNTY COMMISSIONERS
FOR MULTNOMAH COUNTY, OREGON

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SUBMITTED BY:
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