



## MULTNOMAH COUNTY AGENDA PLACEMENT REQUEST (short form)

### Board Clerk Use Only

**Meeting Date:** 9-13-12  
**Agenda Item #:** R.1  
**Est. Start Time:** 9:30 AM  
**Date Submitted:** 8/29/12

**Agenda Title:** **Proclaiming September 2012 National Recovery Month in Multnomah County, Oregon**

*Note: If Ordinance, Resolution, Order or Proclamation, provide exact title. For all other submissions, provide a clearly written title.*

**Requested Meeting Date:** First available in September 2012 **Amount of Time Needed:** 10 minutes  
**Department:** County Human Services **Division:** Mental Health and Addiction Services  
**Contact(s):** Chris Murphy  
**Phone:** 503-988-5464 **Ext.** 22458 **I/O Address:** 167/1/520  
**Presenter(s):** David Hidalgo, MHASD Director; Devarshi Bajpai, MHASD Addictions Manager

### General Information

**1. What action are you requesting from the Board?**

Adoption of Proclamation: Proclaiming September 2012 National Recovery Month in Multnomah County, Oregon.

**2. Please provide sufficient background information for the Board and the public to understand this issue. Please note which Program Offer this action affects and how it impacts the results.**

- Research shows that substance use and mental disorders are treatable, and people should seek assistance for these conditions, with the same urgency as they would any other health condition.
- It is essential for the 22.5 million people aged 12 or older who currently suffer from a substance use disorder and the 45.1 million adults aged 18 or older living with a mental health problem, to realize that recovery is possible to improve overall health and well-being.
- People who are part of the recovery community lead more productive and fulfilling lives, personally and professionally; and add to the health of our community.
- Educating our community members that mental health and substance use disorders

are serious, but treatable, health care problems is essential.

- The 23rd national campaign spreads the message that behavioral health is an essential part of health and one's overall wellness, and that prevention works, treatment is effective and people can and do recover from substance use and mental disorders.

**3. Explain the fiscal impact (current year and ongoing).**

N/A

**4. Explain any legal and/or policy issues involved.**

N/A

**5. Explain any citizen and/or other government participation that has or will take place.**

There are numerous other events occurring statewide to celebrate the accomplishments of individuals in recovery. "Hands Across the Bridge" on Labor Day, September 3, 2012, is an annual event celebrating National Recovery Month.

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**Required Signature**

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**Elected Official or  
Department/  
Agency Director:**



**Date:** 08/23/12