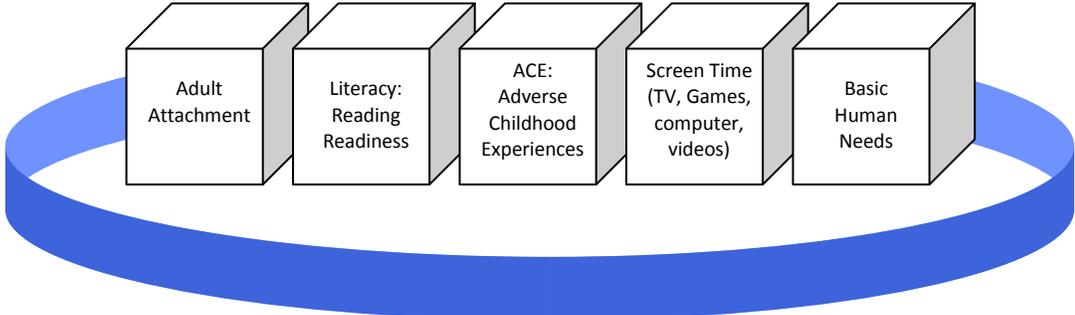


Foundations for healthy early childhood development



<p>Adult Attachment & Relationship Stability</p>	<ul style="list-style-type: none"> • Central to development • Organizes child’s emotional, behavioral processes • Secure attachment promotes school readiness • Secure attachment buffers child from stress • Insecure attachments can be transformed to secure attachments • Attachment need not be with biological parent
<p>Literacy: Reading Readiness</p>	<ul style="list-style-type: none"> • Major developmental task, key to academic and economic success • Early language skills linked to later reading skills • Lower SES kids lag in language acquisition • Storytelling, conversations, shared book reading associated with language development • Socially interactive reading reinforces learning
<p>Adverse Childhood Experiences (ACE)</p>	<ul style="list-style-type: none"> • Study based on survey of traumatic childhood experiences • Poor adult health outcomes associated with higher childhood trauma scores • ACE scores influence risk of heart disease, substance abuse, depression, early death
<p>Screen Time</p>	<ul style="list-style-type: none"> • There is no demonstrated benefit for children under 2 years old • Children under 2 years are more likely to learn from a live person • Background TV distracts children, reduces interactive time with parents, siblings and reduces creative play • Has produced negative language effects in children under 2 years old
<p>Basic Needs</p>	<ul style="list-style-type: none"> • Shelter • Nutritious food • Safe physical environment • Physical Activity • Access to medical care