

# The Behavioral Health Resource Center



*BHRC-Info@multco.us*

# Overview

- Peer-driven, trauma and equity-informed, participant centered programming
- Providing resources and connection to individuals experiencing homelessness and behavioral health challenges
- Goals are to maintain accessible resources for community members, to be welcoming, and to build hope



# The Day Center

- Operated by Mental Health and Addiction Association of Oregon (MHAAO)
- Providing services 7 days per week:
  - Connection to resources
  - Onsite activities and support groups
  - Basic hygiene services
  - Mail delivery
  - Peer Engagements



# Impact by the Numbers

## December 5, 2022-April 2, 2023

Service	Weekly Average	Total for Reporting Period
Non-Unique Participant Visits	956	17,208
Basic Hygiene	388	6,991
Peer Engagements	158	2,838
Referral to BH Services	15.5	279
Referral to Shelter	48	867
Providers Services (onsite)	6	105



# Impact by the Numbers

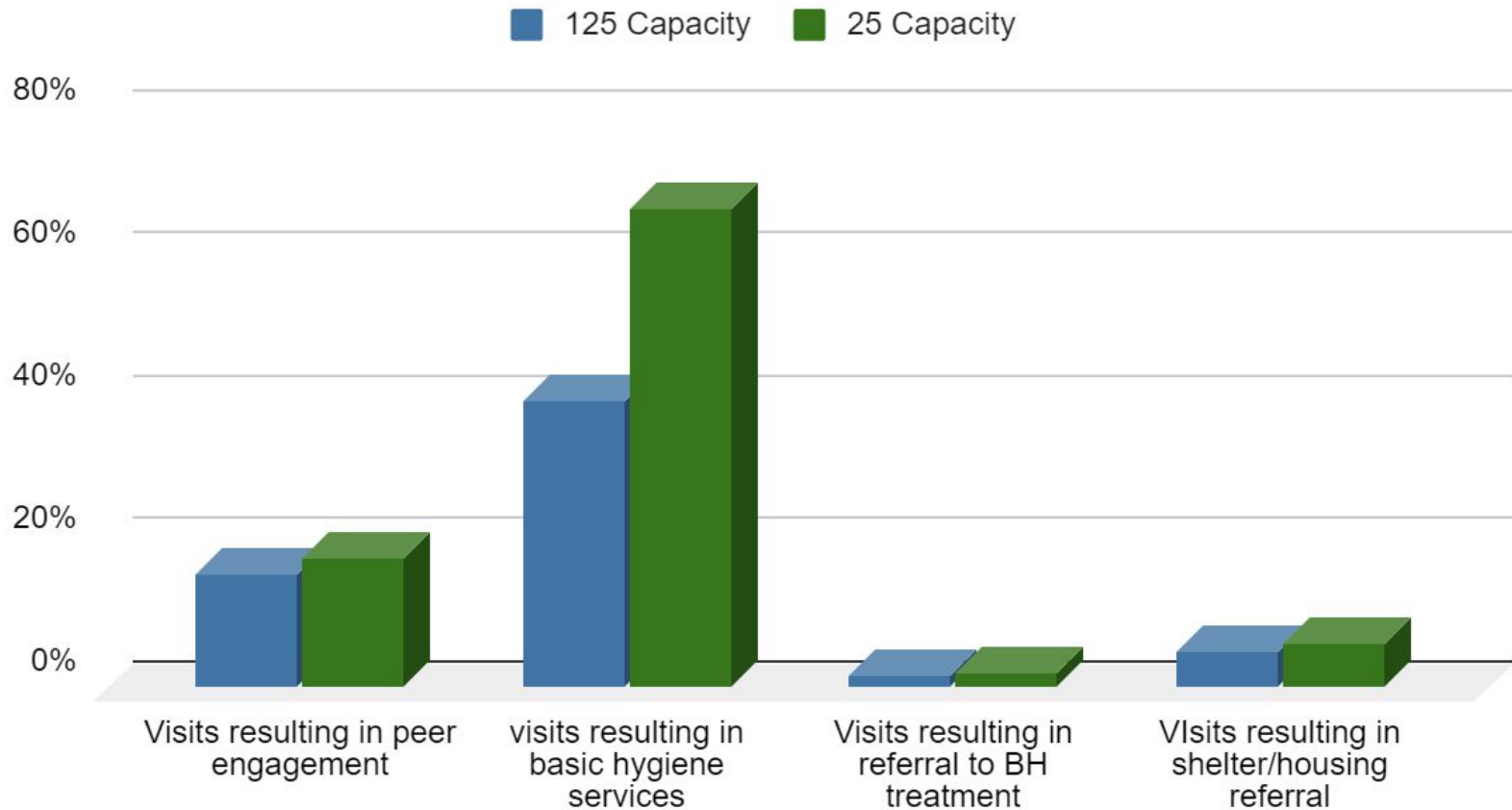
## April 17-30

Service	Weekly Average	Total for Reporting Period
Non-Unique Participant Visits	640	1279
Basic Hygiene	430	859
Peer Engagements	113	226
Referral to BH Services	14	27
Referral to Shelter	40	80
Providers Services (onsite)	3	6



# Capacity Change

## Capacity and Service Delivery



# Impact of Change

- 37.5% decrease in incidents
- Increase in number and quality of peer engagements
- Decreased competition for resources
- Increased opportunity for resetting space, trash collection and cleaning
- Reduced queuing outside



“The limited entry system has definitely improved the quality of PWS support that our guests are receiving. It has also changed the amount of stimulation peers experience in the space...which has directly impacted the amount of big mental health experiences”.

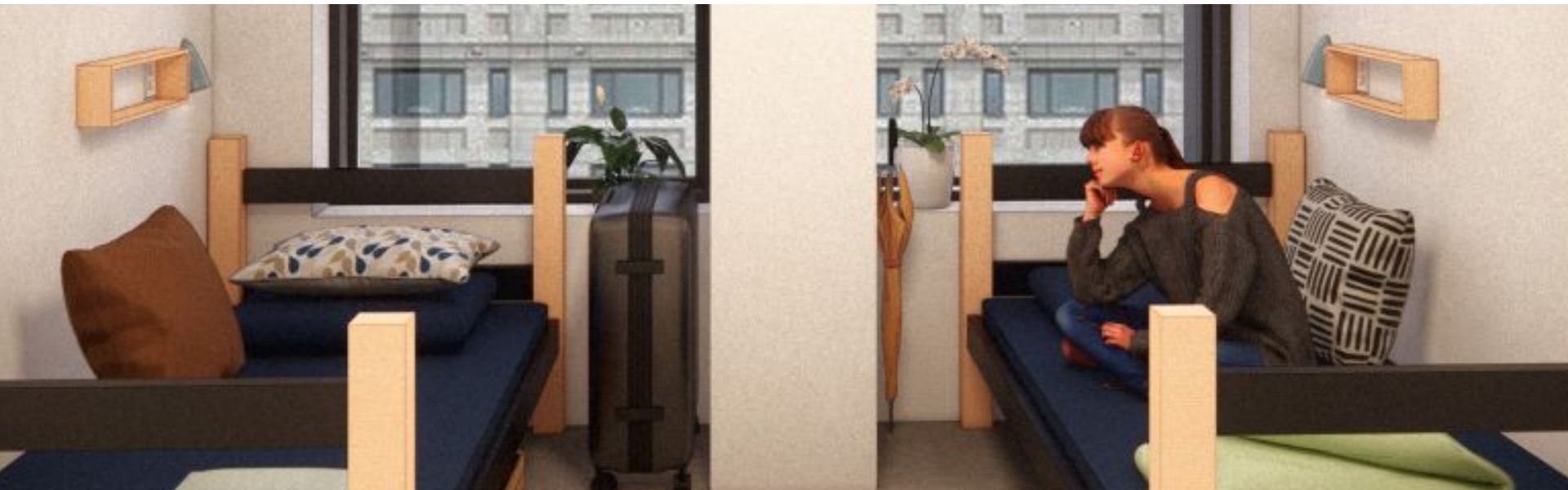
*-BHRC Manager*





# Next Steps: Shelter and Bridge to Housing Programs

- Operated by Do Good Multnomah
- Shelter opening on May 15th - phased opening approach
- Bridge to Housing program opening June 1st - phases opening approach
- Meal delivery provided by Stone Soup





A stylized graphic on the left side of the slide. It features two dark green mountain peaks with rounded tops. Below the mountains is a dark green wavy band representing a forest or a body of land. At the bottom is a blue wavy band representing water. The entire graphic is composed of solid-colored shapes with no outlines.

**We welcome  
your questions.**

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