



# MULTNOMAH COUNTY AGENDA PLACEMENT REQUEST NOTICE OF INTENT

(revised 08/02/10)

## Board Clerk Use Only

**Meeting Date:** 12/1/11  
**Agenda Item #:** R.4  
**Est. Start Time:** 9:55 am  
**Date Submitted:** 11/15/11

**Agenda Title:** **NOTICE OF INTENT to submit two proposals totaling \$385,000 to CareOregon to enhance patient care and chronic pain management**

*Note: If Ordinance, Resolution, Order or Proclamation, provide exact title. For all other submissions, provide a clearly written title sufficient to describe the action requested.*

**Requested Meeting Date:** 12/1/2011 **Amount of Time Needed:** 5 min.  
**Department:** Health **Division:** Integrated Clinical Services  
**Contact(s):** Christine Bernsten and Marc Harris  
**Phone:** (503) 988-3663 **Ext.** 28751/29778 **I/O Address:** 160/9  
**Presenter Name(s) & Title(s):** Christine Bernsten, Program Manager; and Marc Harris, Health Services Development Administrator

## General Information

### 1. What action are you requesting from the Board?

Authorize the Director of the Health Department to submit two proposals totaling \$385,000 to CareOregon to enhance patient care and chronic pain management

### 2. Please provide sufficient background information for the Board and the public to understand this issue. Please note which Program Offer this action affects and how it impacts the results.

CareOregon is accepting proposals to improve patient care and health outcomes. The Department is submitting two proposals: one for \$200,000 to support a project to enhance patient care for patients with different healthcare needs; and one for \$185,000 to support a project to develop an alternative treatment system for chronic pain. Funding will support staff members to implement the projects.

Enhanced Patient Care Project – Different patients have different health care needs. The overall aim of this project is to enhance patient care for three target populations by adding and redeploying clinic staff, and partnering with other agencies. The target populations include:

1. Patients whose needs are generally met in the primary care setting – enhance patient care through the addition of Community Health Workers,
2. Patients who require hospital care – enhance patient care by refocusing role of patient care team member to support care coordination,
3. Patient who are high utilizers of multiple services, particularly hospitals – enhance patient care through coordination with Community Outreach Teams.

The goals of this project are to:

1. Develop a standard approach and well-defined role for Community Health Workers in the Primary Care clinic and strengthen the relationship between Primary Care and field services within MCHD, as well as other community agencies.
2. Collaborate with hospital partners to develop a community standard around hospital care transitions including standard communication protocol. In addition, we plan to standardize a role of Care Coordinator on each patient care team. This role will serve as a key point person for hospital transitions and communication.
3. Develop and pilot a community outreach team model that supports patients who use hospital emergency department and inpatient services more often than others. The team will support medical care interventions and connect patients to social services and psychosocial support outside the walls of clinics. The outreach team will assist patients that need additional support to meet their needs above and beyond what is available in the traditional clinical setting (e.g. home visits, help getting to follow-up appointments).

Patients will benefit from this project through the addition of a Community Health Worker in the clinic, agreements with hospitals about how best to support patients during transitions between the hospital and primary care setting, and through community outreach teams that will develop unique care plans with patients who use hospital services more often than necessary.

Alternative Treatment System for Chronic Pain Project – Chronic pain is a very challenging condition for providers to treat. There is mounting national and local evidence on the harm of prescription opiates. There is also mounting evidence that opiates are not an effective long-term treatment for patients with chronic pain. Over the past year and a half, Multnomah County Health Department has made a concerted effort to develop a standard and safe approach to opiate prescribing.

The overall aim of this project is to develop a comprehensive pain management program to support patients who experience chronic pain. We have identified three primary components of work including:

1. Develop alternative treatment systems for patients with chronic pain,
2. Review and refine opiate prescribing policies for short-term and long-term opiate use,
3. Coordinate with broader community actions and initiatives.

The goals of this project are to:

1. Develop an alternative treatment system for patients with chronic pain including chronic pain group visits, and other supportive therapies (e.g. physical therapy, acupuncture, movement therapy). This includes developing tools and training for Behavioral Health staff and developing partnerships with community schools and agencies.
2. Review best practices and refine opiate prescribing policies for short-term and long-term opiate use.
3. Develop a community approach to reduce prescription drug overdose including prevention messages and standard opiate prescribing policies.

Patients will benefit from this project through the addition of alternative (non-opiate) treatment options for chronic pain, best practice prescribing policies for opiate use, and a standard community approach to prescription drug overdose prevention.

### **3. Explain the fiscal impact (current year and ongoing).**

This grant will provide the Multnomah County Health Department with \$385,000 to hire four staff

to implement the two projects. Funding will be for one year, and all project activities will be completed at the end of the project period.

**4. Explain any legal and/or policy issues involved.**

None

**5. Explain any citizen and/or other government participation that has or will take place.**

The Multnomah County Community Health Council has already approved the project.

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## Grant Application/Notice of Intent

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If the request is a Grant Application or Notice of Intent, please answer all of the following in detail:

- **Who is the granting agency?**

CareOregon

- **Specify grant (matching, reporting and other) requirements and goals.**

The purpose of these grants is to build capacity to better address patient needs. There will be a basic report at the end of the project period. No match is required.

- **Explain grant funding detail – is this a one time only or long term commitment?**

The grants will provide the Health Department with a one-time award totaling \$385,000 to be used within the one-year project period.

- **What are the estimated filing timelines?**

There is no concrete due date for submitting the proposals. If CareOregon requests that the Department submit its proposals prior to presenting this NOI to the Board, and the Board does not approve of the proposals, then the Department will pull the proposals from consideration.

- **If a grant, what period does the grant cover?**

The grant is expected to cover a one-year time period from January to December 2012.

- **When the grant expires, what are funding plans?**

No additional funds will be needed for the project, as the projects will be completed at the end of the project period.

- **Is 100% of the central and departmental indirect recovered? If not, please explain why.**

Yes

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## Required Signatures

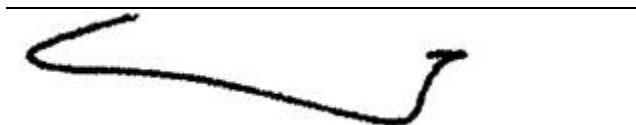
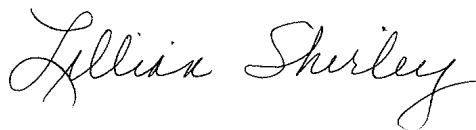
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Elected Official or  
Department/  
Agency Director:

KaRin Johnson for

11-15-2011

Date:



11/15/11

Budget Analyst:

Date: