



# MULTNOMAH COUNTY AGENDA PLACEMENT REQUEST

(Revised: 8/18/11)

### Board Clerk Use Only

Meeting Date: 9/5/13  
 Agenda Item #: R.2  
 Est. Start Time: 9:40 am  
 Date Submitted: 8/30/13

**Agenda Title:** PROCLAMATION Proclaiming September 2013 as Falls Prevention Awareness and Senior Center Month in Multnomah County, Oregon.

*Note: If Ordinance, Resolution, Order or Proclamation, provide exact title. For all other submissions, provide a clearly written title sufficient to describe the action requested.*

### Requested

**Meeting Date:** September 5, 2013 **Time Needed:** 15 minutes

**Department:** Non-Departmental **Division:** District 2/District 3

**Contact(s):** Matthew Lashua  
503-988-6763

**Phone:** 503-988-5126 **Ext.**            **I/O Address:** 503/6

### Presenter

**Name(s) & Title(s):** Presenters: Lisa Shields, State Falls Prevention Coordinator, Oregon Health Authority, Suman Barkhas, Lisa Millet, Jim Dalton & Other Invited Guests

## General Information

### 1. What action are you requesting from the Board?

Adoption of the proclamation naming September 2013 Falls Prevention Awareness and Senior Center Month in Multnomah County, Oregon

### 2. Please provide sufficient background information for the Board and the public to understand this issue. Please note which Program Offer this action affects and how it impacts the results.

Falls are the leading cause of injury related hospital emergency room visits for older adults, the major cause of hip fractures and are responsible for over half of fatal head injuries. Each year, nearly 500 deaths and 8,600 hospitalizations in Oregon are due to unintentional falls. A substantial number of these incidents occur in Multnomah County due to the size of its older adult population, which is increasing rapidly as baby boomers age.

Research highlights that a combination of strategies can significantly reduce the risk of falls. In issuing this proclamation, Multnomah County is supporting older adults' efforts to gain strength, improve balance, and build the confidence they need to age in a healthy way and remain independent.

### 3. Explain the fiscal impact (current year and ongoing).

n/a

**4. Explain any legal and/or policy issues involved.**

n/a

**5. Explain any citizen and/or other government participation that has or will take place.**

There will be local and national events surrounding this.

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**Required Signature**

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**Elected  
Official or  
Department  
Director:**

Vice-Chair Judy Shiprack /s/ and  
Commissioner Loretta Smith /s/

**Date:** 8/30/13