

BEFORE THE BOARD OF COUNTY COMMISSIONERS
for MULTNOMAH COUNTY, OREGON and the
CITY COUNCIL for PORTLAND, OREGON

PROCLAMATION NO. 09-066

Proclaiming May 2009 as Older Americans Month in Multnomah County and Portland, Oregon.

The Multnomah County Board of Commissioners and Portland City Council Find:

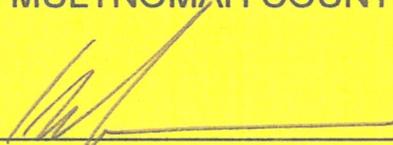
- a. May 2009 is National Older Americans Month. This year's theme, "Living Today for a Better Tomorrow", reinforces commitments by the County and City to promote opportunities for baby boomers and older adults to age in healthy ways, and help residents prepare for meeting the needs of a rapidly growing aging population.
- b. By 2010, it is estimated that more than 104,000 Multnomah County residents will be 60 years and older—an increase of almost 10,000 people since the decade began. Moreover, by 2030 those 60 years and better are projected to constitute almost 25 percent of the County's population.
- c. Improving the physical health and emotional well-being of our expanding senior population by encouraging regular exercise, good nutrition, and civic engagement will enhance older adults' quality of life and help moderate demands on our health care and social service systems.
- d. Elder-friendly community planning, which prizes the value of older adults aging in place, will be integral to ensuring that the County and City are good places for our growing number of seniors and people of all ages to live.

The Multnomah County Board of Commissioners and Portland City Council Proclaim:

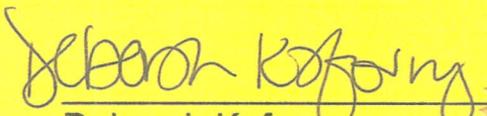
May 2009 is Older Americans Month in Multnomah County and Portland, Oregon, and we urge all citizens to honor older adults by supporting their involvement in community life and activities that promote good health, endorsing efforts that bring generations together to further the common good, and affirming planning approaches that heighten livability for old and young alike .

ADOPTED this day 28th day of May, 2009

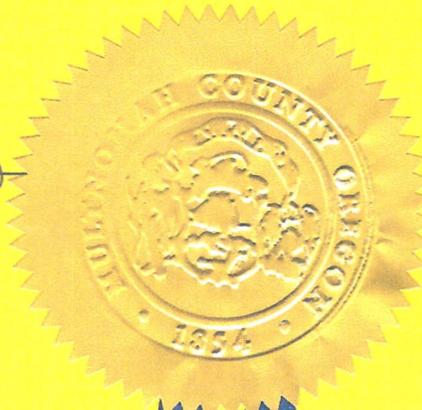
BOARD OF COUNTY COMMISSIONERS
FOR MULTNOMAH COUNTY, OREGON



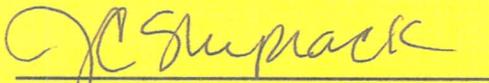
Ted Wheeler, County Chair



Deborah Kafoury,
Commissioner District 1



Jeff Cogen,
Commissioner District 2



Judy Shiprack,
Commissioner District 3



Diane McKeel,
Commissioner District 4

Submitted by: Commissioner Shiprack, District 3