

**BEFORE THE BOARD OF COUNTY COMMISSIONERS
FOR MULTNOMAH COUNTY, OREGON**

PROCLAMATION NO. _____

Proclaiming September 2015 as National Recovery Month in Multnomah County, Oregon

The Multnomah County Board of Commissioners Finds:

- a. For over 25 years National Recovery Month has worked to raise awareness for people who are currently attempting to overcome their mental health and/or substance use disorder through treatment; and
- b. Substance use and mental health disorders are major public health problems affecting Oregonians of every age, race and ethnic background in all communities. With appropriate treatment and ongoing support, people with these disorders can achieve healthy lifestyles and lead rewarding lives in recovery; and
- c. According to the *2013 National Survey on Drug Use and Health*, 22.7 million individuals aged 12 or older needed treatment for an illicit drug or alcohol use problem. Of these, 2.5 million received treatment at a specialty facility. According to a survey by the same organization, 120,000 individuals in Oregon aged 12 or older were dependent on or abused illicit drugs in 2013. Given the serious nature of this public health problem, we must continue to reach the millions more who need help; and
- d. Real stories of long-term recovery can inspire others to ask for help to improve their own lives and the lives of their families. It is critical that we educate community members that substance use and mental health disorders are serious yet treatable health care problems, and by treating them like other chronic diseases, we improve the health of the entire community.
- e. Through education, prevention and treatment we can improve the quality of life for our community. We must encourage everyone to learn to recognize the signs of a mental health or substance abuse problem and guide those in need to appropriate treatment and recovery support services.

The Multnomah County Board of Commissioners Proclaims:

September 2015 as National Recovery Month in Multnomah County, Oregon. We invite all residents of Multnomah County to observe this month with activities that support this year's theme, "*Join the Voices for Recovery: Visible, Vocal, Valuable!*".

ADOPTED this ___ day of _____, 20__.

**BOARD OF COUNTY COMMISSIONERS
FOR MULTNOMAH COUNTY, OREGON**

REVIEWED:
JENNY M. MADKOUR, COUNTY
ATTORNEY FOR MULTNOMAH

Deborah Kafoury, Chair

By _____
Jenny M. Madkour, County

SUBMITTED BY: