**BEFORE THE BOARD OF COUNTY COMMISSIONERS
FOR MULTNOMAH COUNTY, OREGON**

PROCLAMATION NO.

Declaring April 25, 2013 Bring Your Dad to the Doctor Day in Multnomah County, Oregon.

The Multnomah County Board of Commissioners Finds:

a.   According to Dr. Harvey B. Simon, Associate Professor of Medicine at Harvard Medical School, "Men die younger than women, more frequently than women, and have more chronic illnesses than women." Diseases and conditions such as AIDS, gout, kidney stones, alcoholism, bladder cancer, heart attacks, aortic aneurysms and duodenal ulcers are more common in males than in females.

b.   Heart disease is the leading cause of death for men in the United States, killing 307,225 men in 2009 - that's 1 in every 4 male deaths. It's also the leading cause of death for most racial/ethnic groups in the United States, including African Americans, American Indians or Alaska Natives, Hispanics, and whites. For Asian American or Pacific Islander men, heart disease is second only to cancer.

c.   Men are less likely to see a doctor than women. Minority men are less likely to get timely preventive care, such as flu shots and colonoscopies.

d.   As important members of families and neighborhoods, it's imperative that we emphasize healthy behaviors and preventive care for men who are at risk for heart disease, cancer, accidents, chronic lower respiratory diseases, strokes, Type 2 diabetes, suicide and other conditions or diseases.

e.   By providing opportunities to visit health processionals for regular checks, Multnomah County is providing men resources and services to live happy, healthy, productive lives in our community. On this day, families and friends are encouraged to take their dad to the doctor.

The Multnomah County Board of Commissioners Proclaims:

April 25, 2013 as Bring Your Dad to the Doctor Day in Multnomah County, Oregon.

ADOPTED this 4th day of April, 2013.

                                        **BOARD OF COUNTY COMMISSIONERS
                                        FOR MULTNOMAH COUNTY, OREGON**

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                                              Jeff Cogen, Chair

SUBMITTED BY: Commissioner Loretta Smith, District 2