

**BEFORE THE BOARD OF COUNTY COMMISSIONERS  
FOR MULTNOMAH COUNTY, OREGON**

**PROCLAMATION NO. 2013**

Proclaiming September 2013 National Recovery Month in Multnomah County Oregon

**The Multnomah County Board of Commissioners Finds:**

- According to the National Survey on Drug Use and Health (NSDUH), 9.15% of Multnomah County residents have problems with drug abuse/and or addiction. That translates to more than 50 thousand residents with substance abuse problems. More than twice as many Multnomah County residents are believed to have problems with alcohol. Given the serious nature of this health problem across our nation, we must continue to reach millions more who need help; and
- Untreated addiction devastates the mind, body, and spirit. However with appropriate treatment and ongoing support people can recover to lead more productive and fulfilling lives, personally and professionally; adding to the health of our community; and
- As people share stories and celebrate the transformative power of recovery they inspire others to ask for help and improve their own lives and the lives of their families, and the entire community; and
- Educating our community about how substance use disorder affects all people in the community including public safety officials, the workforce, older adults, and families, is therefore essential to combat misconceptions associated with addiction; and
- Through education, prevention and treatment we can improve the quality of life for the entire community.

**The Multnomah County Board of Commissioners Proclaims:**

The month of September 2013 is proclaimed to be National Alcohol and Drug Addiction Recovery Month in Multnomah County, Oregon. We invite all residents of Multnomah County to observe this month with appropriate programs and activities to support this year's theme for recovery month, "Join the Voices of Recovery Together on Pathways to Wellness"

**ADOPTED** this \_\_\_\_\_ day of September 2013.

**BOARD OF COUNTY COMMISSIONERS  
FOR MULTNOMAH COUNTY, OREGON**

\_\_\_\_\_  
Jeff Cogen, County Chair

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Deborah Kafoury  
Commissioner District 1

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Loretta Smith  
Commissioner District 2

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Judy Shiprack  
Commissioner District 3

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Diane McKeel  
Commissioner District 4

SUBMITTED BY:

Susan Myers, Director, Department of County Human Services