

**BEFORE THE BOARD OF COUNTY COMMISSIONERS
FOR MULTNOMAH COUNTY, OREGON**

PROCLAMATION NO. 2013-057

Proclaiming May 2013 Mental Health Month in Multnomah County, Oregon.

The Multnomah County Board of Commissioners Finds:

- a. Behavioral health is an essential part of health and one's overall wellness.
- b. According to National Alliance on Mental Illness, one in four adults experienced a mental health condition in the past year and well over 11 million, about one in 17, had a serious mental illness.
- c. All people have the fundamental and inherent value to be accepted and treated with respect, human dignity, and worth.
- d. Individuals experiencing mental illness should have access to fully participate in community life including economic advancement and prosperity; fair and decent housing; quality education, and positive opportunities to benefit from and contribute to cultural and social progress.
- e. Mental illness is treatable and people should seek assistance for these conditions, with the same urgency as they would any other health condition.
- f. Mental illness challenges are serious public health problems, but recovery is possible and positively benefits the person and therefore, the County's overall well-being.
- g. Peer support is effective and engagement of peers is a critical and successful part of recovery.
- h. Multnomah County works with its partners like NAMI and others to provide comprehensive recovery solutions.
- i. We invite all residents of Multnomah County to observe this month with activities that support this year's theme, "Pathways to Wellness."

The Multnomah County Board of Commissioners Proclaims:

May 2013 is Mental Health Month in Multnomah County, Oregon.

ADOPTED this 16th day of May, 2013.



**BOARD OF COUNTY COMMISSIONERS
FOR MULTNOMAH COUNTY, OREGON**

Jeff Cogen, County Chair

SUBMITTED BY: Commissioner Judy Shiprack, District 3.