

**MULTNOMAH COUNTY BOARD OF COMMISSIONERS' MEETING
PUBLIC COMMENT SIGN-UP SHEET**

Please complete this form and return to the Board Clerk

This form is a public record

MEETING DATE: 1/28/16

AGENDA # ____ OR NON-AGENDA SUBJECT: IPO HOMELESSNESS

FOR: ____ AGAINST: ____

NAME: PAUL, ADOLPH, PHILLIPS

CONTACT INFORMATION (optional):

ADDRESS: 1212 SW CLAY apt #217

CITY/STATE/ZIP: PORTLAND, OREGON

PHONE: 503-224-9954

EMAIL: 97201

IF YOU WISH TO ADDRESS THE BOARD IN PERSON:

1. Fill out this form and submit to the Board Clerk.
2. Non-Agenda items will be called immediately after the vote on the Consent Agenda.
3. Agenda items will be called during that item's presentation, before the vote is taken.
4. Presenters are called to testify in the order forms are received. The Presiding Officer may rearrange the order testimony is given or ask Invited Guests or Elected Officials to speak first.
5. Public testimony is limited to **3 minutes or less** per person unless otherwise directed by the Chair, who is the Presiding Officer.
6. If submitting handouts to be given to the Board, 7 copies are required. If one copy is provided, it will be received for the file and electronically shared with the Board after the meeting.
7. All meetings are audio and video recorded and can be viewed at: multco.us. Click on Government/Board Meetings, and select meeting of your choice.
8. When your name is called, come forward and be seated at the presenter's table; state your name for the record and speak clearly into the microphone.
9. A buzzer will signify the end of your allotted time.
10. The Chair has authority to keep order and may impose reasonable restrictions necessary for the efficient and orderly conduct of a meeting. Any person who fails to comply with reasonable rules of conduct or who creates a disturbance may be asked or required to leave and upon failure to do so, becomes a trespasser and will be treated accordingly.

IF YOU WISH TO SUBMIT WRITTEN COMMENTS TO THE BOARD IN LIEU OF GIVING ORAL COMMENTS:

1. Complete this form and submit it along with your written testimony to the Board Clerk at the meeting, or by e-mail at: lynda.grow@multco.us
2. Written testimony will be entered into and remain a part of the official record.

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MEETING DATE: Jan 24, 2016

AGENDA ITEM # _____ OR NON-AGENDA SUBJECT: _____

FOR: _____ AGAINST: _____

NAME: Lightning Watchdog PDX

CONTACT INFORMATION (*optional*):

ADDRESS: _____

CITY/STATE/ZIP: _____

PHONE: _____ E-MAIL: _____

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MEETING DATE: JAN. 28th 2016

AGENDA ITEM # _____ OR NON-AGENDA SUBJECT: Homeless Sweeps in Portland

FOR: _____ AGAINST: _____

NAME: DAVID KIF "KEEF" DAVIS / FIGHT THE SWEEPS

CONTACT INFORMATION (*optional*):

ADDRESS: _____

CITY/STATE/ZIP: _____

PHONE: _____

E-MAIL: multnomahcounty copwatch@gmail.com

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MEETING DATE: ~~1/27/16~~ 1/28/16

AGENDA ITEM # _____ OR NON-AGENDA SUBJECT: Create peer/consumer coordinator/adv position.

FOR: X AGAINST: _____

NAME: Kevin Fitts - Oregon Mental Health Consumers Association

CONTACT INFORMATION (optional):

ADDRESS: 1969 NW Johnson St. #230

CITY/STATE/ZIP: Portland, Oregon 97209-1365

PHONE: 503-752-9713

E-MAIL: lonefir@mail.com

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Kevin M. Fitts
1969 NW Johnson, Apt. 230,
Portland, OR 97209
(503) 752-9713 / lonefir@gmail.com

WORK EXPERIENCE

Oregon Mental Health Consumers Association (OMHCA), Portland, OR **2003 to present**
Volunteer/Director

Advocate for the needs of Oregon's public mental system consumers at mental health service and advocacy planning meetings in Oregon and Washington D.C. Create funding and membership recruitment plans for a start-up grassroots advocacy organization. Provide peer support at Oregon State Hospital. Consult with mental health service providers on staff training and consumer empowerment strategies. Recruit and manage work for volunteer staff. Handled administrative tasks related to filing incorporation and tax-exempt status applications, including the completion of required application documentation in consultation with a lawyer, the conceptualization and definition of organizational mission and goals, and the recruitment and organization of a board of directors.

Office of Consumer Technical Assistance (OCTA), Portland, OR **April 1998 to July 2001**
Director

Established Oregon's first consumer--run technical assistance center for mental health services. Planned, monitored, and documented expenditures for a program budget of \$500,000. Oversaw and coordinated team contributions to grant applications, and prepared business plans on which grant proposals were centered. Developed marketing plans to promote program goals and conferences. Oversaw writing, editing and production of Oregon Voice, a monthly consumer-survivor newspaper with a distribution of 20,000 people. Administered mini-grant programs and provided technical assistance to innovative consumer-run initiatives. Established, planned and organized 2 regional technical assistance conferences, raising 50K and 85K respectively from the community mental health system to fund the conferences. Established, planned and organized 2 state-wide technical assistance retreats. Co-hosted and helped plan the National Summit of Mental Health Consumers and Survivors. Presented technical assistance and recovery education workshops at more than a dozen state-wide and national conferences. Planned education and lobbying activities directed towards elected officials, executives and consumer-run organization directors about managed care capitation procedures, and the value and cost-effectiveness of consumer-run programs. Testified before Oregon's legislature to support community-based services and consumer involvement in mental health services. Supervised a staff of 2 technical assistance generalists, and 1 support staff member. Administered advocacy listserv for 200 Oregon consumers and survivors, posting technical assistance information on a weekly basis.

Royal Palm / Mental Health Services West, Portland, OR **1997 to 1998**
Client Benefits Specialist / Consumer Liaison

Conducted weekly mental health consumer support and self-advocacy meetings. Facilitated Oregon health plan and Medicaid applications for all residents. Led housing group for residents seeking low-income housing.

The Ryles Center – Faulkner Place / MHP, Inc., Portland, OR **1995 to 1997**
Qualified Mental Health Associate / Consumer Liaison

Conducted skills training in individual and group settings. Facilitated Oregon health plan and Medicaid applications for all residents. Performed initial grievance procedure investigations.

Sacramento House / The Garlington Center, Inc., Portland, OR 1994 to 1995
Qualified Mental Health Associate
Performed initial crisis intervention. Conducted skills training in individual and group settings.
Supervised a five-bed psychiatric respite facility on evenings and weekends.

SEEDS Drop-in Center / The Mind Empowered, Inc., Portland, OR 1989 to 1994
Consumer Advocate / Training Coordinator
Managed information and referral services. Staffed drop-in center. Mentored consumer involvement in advocacy / self-help projects.

Mt. Hood Apartments / Mt. Hood Mental Health, Inc., Portland, OR 1991 to 1992
Apartment Manager
Coordinated monthly rent collection and HUD income adjustment paperwork. Performed initial crisis intervention in a 15-unit HUD 202 apartment building.

Project Support / Transition Project, Inc., Portland, OR 1990 to 1991
Dual Diagnosis Treatment Staff Member
Performed initial crisis intervention on nights and weekends in a 10-bed residential treatment center for criminal justice system clients with mental health and addiction issues.

SELECTED VOLUNTEER ACTIVITIES

Addictions and Mental Health Planning and Advisory Council, State of Oregon 2015 to present
Council Member
AMHPAC is the advisory body for the Oregon Health Authority related to Mental Health and Addictions issues.

Legacy Health, Unity Center for Behavioral Health Advisory Council 2015 to present
Council Member
Advises the Behavioral Health unit of Legacy Health on the oversight, management and policy of the Unity Psychiatric Crisis Center

Adult Mental Health & Substance Abuse Advisory Council, Multnomah County, 2015 to present
Council Member
AMHSAAC makes recommendations to the Mental Health and Addiction Services Division about the adult system of care

Oregon Consumer Advisory Council, State of Oregon 2015 to present
Council Member
OCAC advises the Director of the Oregon Health Authority on the provision of behavioral health services in Oregon.

Office of Medical Assistance Programs Advisory Council, State of Oregon 1998 to 2002
Council Member
Member of policy advisory body for the state Medicaid office.

Mental Health and Developmental Disabilities Advisory Council, State of Oregon 1998 to 2002
Council Member
Member of the policy advisory body for the Administrator of State Mental Health and Developmental Disability services

Multnomah County Behavioral Health Advisory Council, Portland, OR 1993 to 2000
Vice Chairperson

Helped lead the advisory body to Multnomah County Board of Commissioners through the Behavioral Health Administrators office.

Alternatives 2004 Planning Committee 2003-2004
Member

Participated in planning activities for the only national conference organized by and for mental health consumers and survivors.

**National Advisory Council Subcommittee on Consumer/Survivor Issues,
Center for Mental Health Services** 2000 to 2003
Committee Member

Member of advisory body for the mental health service subdivision (CMHS) of the federal Substance Abuse and Mental Health Services Administration (SAMHSA). Administrator for committee listserv.

Hopewell House / Ecumenical Ministries, Portland, OR 1994 to 1999
Hospice Volunteer

Cared for individuals dying of terminal illnesses.

EDUCATION

Portland State University – Peer Wellness Specialist Certification, 2015

Multnomah County Mental Health First Aid Training, Certificate of Completion, 2015

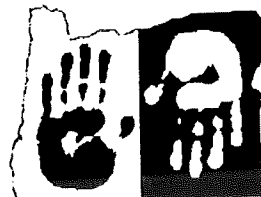
Portland Hearing Voice Network, Group Facilitator Training, Certification of Completion, 2015

Portland Community College – psychology major, college transfer program, 1993 to 1995

Oregon Mental Health Consumers Association
"Nothing About Us, Without Us"

Kevin Fitts

Executive Director
1969 NW Johnson St., Ste 230
Portland, Oregon 97209-1365
(503)752-9713
lonefir@gmail.com



>> THANK YOU, ANN. ANY OTHER QUESTIONS? THANK YOU VERY MUCH
COMMISSIONER BAILEY.

Commissioner Bailey: THIS IS ACTUALLY A QUESTION FOR YOU. WE'VE HEARD WONDERFUL TESTIMONY FROM THESE PIERCE, THROUGHOUT THE PRESENTATION TODAY WE'VE HEARD ABOUT THE IMPORTANCE OF PEERS IN THE PROCESS. ONE OF THE QUESTIONS I HAVE FOR YOU IS SORT OF A MULTIPART QUESTION AND WE CAN TALK ABOUT IT NOW AND THEN IF THERE'S MORE INFORMATION GIVEN THE TIME CONSTRAINTS YOU CAN FOLLOW-UP WITH ME OR ANYBODY ELSE WHO'S INTERESTED. I'M CURIOUS, GIVEN THE EXPANSION WE'VE HAD FROM THE AFFORDABLE CARE ACT, THE NUMBER OF FOLKS THAT WE'VE SERVED AND THE ABILITY WE HAVE TO SERVE MORE PEOPLE, HOW HAVE WE THEN ALSO INTEGRATED AND EXPANDED OUR WORK WITH PEERS TO MAKE SURE WE HAVE A SYSTEM THAT'S WORKING FOR EVERYBODY? HOW DO WE PLAN TO DO THAT GOING FORWARD IN THE NEXT FISCAL YEAR BEYOND SORT OF THE THREE FORMAL ADVISORY COUNCILS THAT WE HAVE. AND WE ALSO HEARD ABOUT PAID SUPPORT SERVICES FROM PEERS, DO WE HAVE A PLAN FOR THAT IN THE BUDGET AS WE GO FORWARD.

>> SURE. LET ME SEE IF I CAN TOUCH ON ALL THOSE, COMMISSIONER BAILEY. SO IN TERMS OF THE HISTORY HERE IN MULTNOMAH COUNTY ANN ALSO ALLUDED TO THE COUNTY HAS FOR APPROXIMATELY THE PAST EIGHT YEARS HAD A CONTRACT WITH NAMI TO TRAIN PEERS, IN PEER-BASED SUPPORT, SEVERAL DIFFERENT PROGRAMS. ONCE THE STATE HAD COME FORWARD WITH A CERTIFICATION PROCESS WE ALSO PUT AN RFP OUT TO ENSURE THAT THE PEER-BASED PROGRAMS THE COUNTY CONTRACTS WITH FOR EDUCATION, SUPPORT AND TRAINING MET THAT CERTIFICATION REQUIREMENT SO PEOPLE COULD SUBSEQUENTLY BE CERTIFIED AND GO OUT AND BE EMPLOYED IN THE COMMUNITY. WE ALSO HAVE PEER-BASED PROGRAMS THAT THE BOARD HAS CONTINUED TO SUPPORT, NORTH STAR IN TERMS OF EMPLOYMENT IS ANOTHER PEER BASED SERVICE PROGRAM WHERE INDIVIDUALS CAN GO AHEAD AND GET THE SUPPORT AND HELP THEY NEED TO MOVE FORWARD IN THE EMPLOYMENT. AS ANN MENTIONED, HAVE PRODUCTIVE AND GOAL ORIENTED ACTIVITIES EVERY DAY IN THEIR LIVES, AS WELL. PART OF WHAT WE DO, AND AS THE MENTAL HEALTH AND ADDICTIONS SERVICES, WE DON'T TEND TO PROVIDE ALL THE SERVICES. WE ARE MORE ADMINISTRATIVE AND A SERVICE PROVIDER. [SIREN]

Message from the Director's Office

Summer 2013

Thank you for visiting our Mental Health and Addiction Services Division web site. I'm glad you're here.

It has been a busy summer. I hope you'll make time to celebrate Recovery Month this September. Recovery Month is a time for us to remember that untreated addiction devastates the mind, spirit and body. It is also a time for us to remember that people can and do recover from addiction. Education, treatment, and on-going support are key. Celebrate recovery at the 12th annual Hands Across the Bridge on September 2, 2013.



I'm interested in your thoughts and comments about our work. You can submit your ideas to me using the feedback page. Time may not allow for me to personally respond but I will read every submission.

Thanks again for visiting our web site.

David Hidalgo, LCSW

Director

Resources

- Strategic Plan  mhasdstratplanfinal_04_05_10 (357.55 KB)- outlines MHASD's long-term goals for improving the system of care.
- Biennial Implementation Plan  2011_2013_mhasd_biennial_plan_3.2010 (140.78 KB)- Reports on how MHASD spends state general funds and in which areas we need additional funding. These plans are required of all Community Mental Health Programs by the state, which uses the information to make funding requests to the legislature.
- Multnomah County Budget Office

11. Involve consumers and families in planning and delivery of services

Community based services must give consumers and families meaningful involvement in planning and delivery of services, as well as choices about their own treatment. Effectiveness improves one's ability to meet challenges and move toward recovery, leading to remission or reduction of symptoms and a more productive life. The consumer movement has raised awareness that practical services and peer supports are critical to building resilience and improving functioning. When resources such as housing, treatment, supported education, employment opportunities and peer supports are available and well-funded, individuals with mental illness can live successfully in the community.

Key Strategies:

1. Improve public awareness of MHASD programs.
2. Support implementation of the new Family Navigators programs.
3. Enhance peer-to-peer support services.
4. *Create a consumer advocate position in MHASD.*

involve consumers and families in planning and delivery of services.

public awareness of MHASD programs.

awareness should include communicating about new services to families and youth about how to integrate services with natural community supports.

the amount of peer supports and peer-delivered services in the system of care

a robust plan for family partners and a full service array of peer-delivered services in a service delivery model.

consumer advocate position to MHASD staff.

in addition to the consumer advocate, add a family advocate position. In the early childhood system, families are the consumers, and both consumers and families need advocate support.