



The entire continuum of prevention and treatment services in Multnomah County is equally important. It should be stressed that each piece plays an important role in ensuring that consumers receive quality mental health and addiction treatment care.

Services offered in Multnomah County's mental health and addiction services system of care:

Psychiatric Hospitalization: The most intensive level of care, it is used when someone cannot be safe in any other treatment setting due to the severity and/or complexity of their symptoms.

Crisis Assessment and Treatment Center: This is slightly less intensive than hospitalization and is often referred to as sub-acute. The center is appropriate when an individual needs crisis stabilization in a secure setting and is too ill to go to crisis respite, but not so ill that he or she needs hospitalization. Medical and mental health professionals are on staff at the site.

Crisis Respite: This level of care is less intensive than the center or a hospital. It is appropriate when one's mental illness symptoms require a brief stay in a facility staffed by mental health professionals in order to stabilize.

Mental Health Call Center: This is the 'hub' of the crisis system. Staffed 24 hours a day, seven days a week by Multnomah County mental health professionals, the Call Center is a crisis line and a dispatcher for the Mobile Crisis Outreach Team. They also answer a phone line dedicated to the police to help officers find appropriate placement for individuals they encounter who are in crisis.

Mobile Crisis Outreach Team: Mobile crisis is a team of mental health professionals who perform on-site evaluations of people in crisis and determine the appropriate placement to stabilize their symptoms. The Call Center is a dispatcher for the team, which is available 24 hours a day, seven days a week.

Urgent Walk-in Clinic: This clinic is open seven days a week from 7:00 a.m. to 10:30 p.m. to see individuals and families who are in crisis and need an urgent appointment with a mental health professional.

Mental Health and Addictions Residential Treatment: Facility-based treatment for adults, youth and children whose mental illness symptoms or addiction require more intensive services.

Mental Health Outpatient Treatment: Mental health prevention and treatment for adults, youth, children, and families in a community based setting.

Addictions Outpatient Treatment: Prevention and treatment for adults, youth and families whose lives are impacted by addiction.