



Background and Findings

Maternal, Child & Family Health Data Book

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Data Book Background

- Collaborative, cross-disciplinary process to select 37 indicators
- Data sources
- Stratified by demographic groupings
- Life course framework
- National Healthy People 2020 Goals





Racial and Ethnic Disparities

- Disparities throughout maternal and child health continuum
- Reflects health disparities throughout the life course
- Reflects reach of systemic and institutional racism and oppression
- Need to recognize protective factors and resiliency in communities of color





Intended Pregnancy

- Almost 2 out of 3 of recent mothers in County and State intended their pregnancy
- Women of color had a lower percentage than non-Latino White women
- Lower income, teen and less educated recent mothers had a lower percentage than their counterparts





Birth Outcomes

- 1 out of 6 babies in the County and State had a poor birth outcome
- Compared to non-Latino White babies, babies of color had a higher percentage of
 - Low birthweight (less than 5.5 lbs)
 - Preterm births (less than 37 weeks)
 - Small for Gestational Age
 - NICU Admissions
- African American and Native American babies died at twice the rate as non-Latino White babies





Breastfeeding

- Initiation of breastfeeding is very high in the County (96%) and among all races and ethnicities
- Above Healthy People 2020 Target
- Exclusive breastfeeding at 2 months drops dramatically for everyone
- Racial and ethnic disparities exist in exclusive breastfeeding at 2 months



Summary

- Maternal and child health is a critical and sensitive period during the life course
- Pervasive racial and ethnic disparities exist in maternal and child health
- Disparities in intended pregnancy, birth outcomes, breastfeeding, and other outcomes can be predictive of health disparities in later life

