

**BEFORE THE BOARD OF COUNTY COMMISSIONERS  
FOR MULTNOMAH COUNTY, OREGON**

**PROCLAMATION NO. \_\_\_\_\_**

Proclaiming May 2014 Mental Health Month in Multnomah County, Oregon.

**The Multnomah County Board of Commissioners Finds:**

- a. Behavioral health is an essential part of one's overall health and wellness, and prevention works, treatment is effective, and people can and do recover from mental illness.
- b. Mental Health illness is real and prevalent in our County.
- c. All people have the fundamental and inherent value to be accepted and treated with respect, human dignity, and worth.
- d. Individuals should have access to fully participate in community life including economic advancement and prosperity, fair and decent housing, quality education, positive opportunities to benefit from and contribute to cultural and social progress.
- e. Education is a key to understanding that mental illness is treatable, and that people should seek assistance for these conditions with the same urgency as they would any other health condition.
- f. Mental illness challenges are serious public health problems, but recovery is possible and positively benefits the County's overall well-being.
- g. Peer support is effective and engagement of peers is a critical and successful part of recovery.
- h. We invite all residents of Multnomah County to observe this month with activities that supports this year's theme, *"Mind Your Health."*

**The Multnomah County Board of Commissioners Proclaims:**

May 2014 as Mental Health Month in Multnomah County, Oregon.

ADOPTED this 1st day of May, 2014.

BOARD OF COUNTY COMMISSIONERS  
FOR MULTNOMAH COUNTY, OREGON

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Marissa Madrigal, Acting County Chair

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Liesl Wendt,  
Commissioner District 1

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Loretta Smith,  
Commissioner District 2

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Judy Shiprack,  
Commissioner District 3

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Diane McKeel,  
Commissioner District 4

**SUBMITTED BY:**

David Hidalgo, Mental Health and Addiction Services Director, Department of County Human Services