



## MULTNOMAH COUNTY AGENDA PLACEMENT REQUEST

(Revised: 8/18/11)

### Board Clerk Use Only

Meeting Date: 4/25/13  
Agenda Item #: R.15  
Est. Start Time: 11:40 am  
Date Submitted: 4/17/13

**Agenda Title:** **PROCLAMATION Declaring April 25, 2013 Bring Your Dad to the Doctor Day in Multnomah County, Oregon**

*Note: If Ordinance, Resolution, Order or Proclamation, provide exact title. For all other submissions, provide a clearly written title sufficient to describe the action requested.*

**Requested Meeting Date:** April 25, 2013 **Time Needed:** 25 minutes  
**Department:** Non-Departmental **Division:** District 2  
**Contact(s):** Paige Hendrix  
**Phone:** 503-988-6763 **Ext.** 86763 **I/O Address:** 503/6  
**Presenter Name(s) & Title(s):** Rachael Banks, Program Director, Healthy Birth Initiative; Kory Murphy, CEO, 5/Fifths Whole; Ray Shellmire, Director, CEO, Shellmire Unlimited; Yugen Rashad, Community Health Worker; Dr. James Mason, Executive Director, Culturally Competent Caregiving, Providence

### General Information

**1. What action are you requesting from the Board?**

Adoption of the proclamation naming April 25, 2013 Bring Your Dad to the Doctor Day in Multnomah County, Oregon.

**2. Please provide sufficient background information for the Board and the public to understand this issue. Please note which Program Offer this action affects and how it impacts the results.**

According to Dr. Harvey B. Simon, Associate Professor of Medicine at Harvard Medical School, "Men die younger than women, more frequently than women, and have more chronic illnesses than women." Diseases and conditions such as AIDS, gout, kidney stones, alcoholism, bladder cancer, heart attacks, aortic aneurysms and duodenal ulcers are more common in males than in females.

By providing opportunities to visit health professionals for regular checks, Multnomah County is providing men resources and services to live happy, healthy, productive lives in our community. On this day, families and friends are encouraged to take their dad to the doctor.

**3. Explain the fiscal impact (current year and ongoing).**

n/a

**4. Explain any legal and/or policy issues involved.**

n/a

**5. Explain any citizen and/or other government participation that has or will take place.**

Commissioner Smith, in collaboration with Kaiser and Oregon Dental Services (ODS), is hosting Bring Your Dad to the Doctor Day wellness checks for County employees and community members. Attendees will have a fifteen minute appointment during which they will receive updates about their height, weight, body mass index and blood pressure. A health coach will offer advice once clients have their results.

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**Required Signature**

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**Elected  
Official or  
Department  
Director:**



**Date:** 4/17/2013