



**Multnomah County Oregon**

## **Board of Commissioners & Agenda**

*connecting citizens with information and services*

### **BOARD OF COMMISSIONERS**

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#### **ANY QUESTIONS? CALL BOARD**

**CLERK DEB BOGSTAD @ (503) 988-3277**

Email: [deborah.l.bogstad@co.multnomah.or.us](mailto:deborah.l.bogstad@co.multnomah.or.us)

INDIVIDUALS WITH DISABILITIES PLEASE  
CALL THE BOARD CLERK AT (503) 988-3277,  
OR MULTNOMAH COUNTY TDD PHONE  
(503) 988-5040, FOR INFORMATION ON  
AVAILABLE SERVICES AND ACCESSIBILITY.

### **OCTOBER 15, 16 & 17, 2001 BOARD MEETINGS**

#### **FASTLOOK AGENDA ITEMS OF INTEREST**

Pg 2	9:30 a.m. Monday County Budget Retreat
Pg 2	9:30 a.m. Tuesday Overview and Discussion of Financial Information Relevant to the Mid- year Budget Adjustment to the Multnomah County General Fund
Pg 2	9:30 a.m. Thursday Presentation on Library's Teen Internship Initiative
Pg 3	9:50 a.m. Thursday Proclamation Proclaiming Hands and Words Are Not for Hurting Week and Week Without Violence
<b>Board and Agenda Web Site:</b> <a href="http://www.co.multnomah.or.us/cc/index.html">http://www.co.multnomah.or.us/cc/index.html</a>	

Thursday meetings of the Multnomah County  
Board of Commissioners are cable-cast live and  
taped and may be seen by Cable subscribers in  
Multnomah County at the following times:

Thursday, 9:30 AM, (LIVE) Channel 30  
Friday, 11:00 PM, Channel 30  
Saturday, 10:00 AM, Channel 30  
(Saturday Playback for East County Only)  
Sunday, 11:00 AM, Channel 30  
Produced through Multnomah Community  
Television

(503) 491-7636, ext. 333 for further info  
or: <http://www.mctv.org>

Monday, October 15, 2001 - 9:30 AM  
Multnomah Building, First Floor Commissioners Boardroom 100  
501 SE Hawthorne Boulevard, Portland

## **BUDGET RETREAT**

B-1 The Board of Commissioners, Auditor, District Attorney, Sheriff and Department Directors Will Meet in a Day Long Session to Discuss and Deliberate on the Multnomah County Budget. Facilitated by Chuck Palmer.

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Tuesday, October 16, 2001 - 9:30 AM  
Multnomah Building, First Floor Commissioners Boardroom 100  
501 SE Hawthorne Boulevard, Portland

## **BOARD BRIEFING**

B-2 Overview and Discussion of Financial Information Relevant to the Mid-year Budget Adjustment to the Multnomah County General Fund. Presented by Dave Warren, Dave Boyer and Gina Mattioda. 2.5 HOURS REQUESTED.

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Thursday, October 18, 2001 - 9:30 AM  
Multnomah Building, First Floor Commissioners Boardroom 100  
501 SE Hawthorne Boulevard, Portland

## **REGULAR MEETING**

### **REGULAR AGENDA - 9:30 AM**

### **PUBLIC COMMENT - 9:30 AM**

Opportunity for Public Comment on Non-Agenda Matters. Testimony Limited to Three Minutes Per Person.

### **DEPARTMENT OF LIBRARY SERVICES - 9:30 AM**

R-1 Presentation on Library's Teen Internship Initiative. Presented by Loral Winter, Jim Harper and Connie Christopher. 20 MINUTES REQUESTED.

**DEPARTMENT OF HEALTH - 9:50 AM**

R-2 PROCLAMATION Proclaiming the Week of October 14 to October 20, 2001 as Hands and Words Are Not For Hurting Week and Week Without Violence in Multnomah County, Oregon. Presented by Lisa Hansell and Marcia Dennis. 30 MINUTES REQUESTED.

MEETING DATE: October 18, 2001  
AGENDA NO: R-1  
ESTIMATED START TIME: 9:30 AM  
LOCATION: Boardroom 100

(Above Space for Board Clerk's Use ONLY)

**AGENDA PLACEMENT FORM**

SUBJECT: Teen Intern Initiative Presentation

BOARD BRIEFING: DATE REQUESTED: \_\_\_\_\_  
REQUESTED BY: \_\_\_\_\_  
AMOUNT OF TIME NEEDED: \_\_\_\_\_

REGULAR MEETING: DATE REQUESTED: Thursday, October 18, 2001  
AMOUNT OF TIME NEEDED: 20 minutes

DEPARTMENT: Library DIVISION: Learning Systems

CONTACT: Laural Winter, Coordinator TELEPHONE #: (503) 988-4401  
BLDG/ROOM #: 317/CEN.

PERSON(S) MAKING PRESENTATION: Laural Winter, Jim Harper and Connie Christopher

ACTION REQUESTED:

☒ INFORMATIONAL ONLY   ☐ POLICY DIRECTION   ☐ APPROVAL   ☐ OTHER

SUGGESTED AGENDA TITLE:

Teen Internship Initiative

SIGNATURES REQUIRED:

ELECTED OFFICIAL: \_\_\_\_\_  
(OR)

DEPARTMENT MANAGER: Ginnie Cooper, Director of Libraries

ALL ACCOMPANYING DOCUMENTS MUST HAVE REQUIRED SIGNATURES

Any Questions: Call the Board Clerk @ (503) 988-3277 or email  
[deborah.l.bogstad@co.multnomah.or.us](mailto:deborah.l.bogstad@co.multnomah.or.us)

01 OCT 11 AM 7:53  
CLERK OF  
JUDICIAL  
MULTNOMAH COUNTY  
OREGON



# SPEAKER SIGN UP CARDS

DATE \_\_\_\_\_

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

\_\_\_\_\_

PHONE \_\_\_\_\_

SPEAKING ON AGENDA ITEM NUMBER OR  
TOPIC \_\_\_\_\_

GIVE TO BOARD CLERK

JIM HARPER

Laural Winter

Victoria Oglesbee

Merga Geleto

Chase Schaffner

# Teen Internship Initiative

## Quick Facts

### Who

- Tri-county teens.
- Target sophomores and juniors in public schools, both traditional and alternative.
- Future "dropout" component.

### What

- Expansion of School to Career program which currently employs fifteen students.
- A soft program that will fluctuate to fit staff and intern needs.

### Where

- Locations include Central, branches, admin, and outreach programs. Below is a preliminary list of participating work groups, identified by managers, and the possible number of interns:

LIBROS (10)	North Portland Branch Computer Lab (5)
Talk It Up! (1)	Cyber Seniors (5)
Books 2 U (7)	Automation (2)
School Corps (5)	Learning Systems (1)
Early Childhood Resources (1)	Central Library (10)
	Branches (25)

### When

- Employ interns for 8-10 hours per week during the academic year with the possibility of increased hours during the summer. Internships to be renewed every 6 months through the intern's first year of college, as the initiative permits.
- Goal of up to 100 interns at a cost of approximately \$500,000 (50-75 students by December 2001).

### Why

- Long-term initiative with the goals of providing a quality work experience, exposure to the Library's offerings, a teen-friendly library image, and possible recruitment to the profession.
- Current civil service employment process is not particularly hospitable to prospective teen employees.
- Enhance and/or expand existing Library services that are limited by staff time constraints.
- Utilize interns to execute new projects and services, such as point-of-service transactions.
- Future leadership component.
- Though some overlap with volunteer training, duties, and responsibilities, different in that intern positions are paid, intended to challenge the student with exposure to a **diversity** of job options, provide career exploration, and guardianship of a mentor.
- Teen interns provide a more flexible labor pool compared to teen volunteers.
- Oregon Department of Education standards of Career-Related Learning.
- Provides mentors with a supervising opportunity.

### How

- Outsource the recruiting, screening, and other administrative duties, possibly with Business Education Compact (B.E.C.), current agency of School to Career.
- Dedicate a Library coordinator.
- Participation of staff mentors.
- Support of supervisors and managers.

J. Marin Younker  
Project Librarian  
[mariny@multcolib.org](mailto:mariny@multcolib.org)  
503-988-4401  
10/11/01



**AA Memo 98/01**

**Posted**

**MEMORANDUM**

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**TO: All Staff**

**FROM: Connie Christopher, Learning Systems Manager and Laural Winter,  
Teen Intern Initiative Librarian**

**DATE: October 16, 2001**

**SUBJECT: Star Intern of the Year at MCL**

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Multnomah County Library teen intern Rachel Robson (Woodstock) has been chosen as the Business Education Compact (BEC) Star Intern of the Year. This award recognizes interns who perform in an exemplary way. The intern must distinguish herself by participating in special projects and presentations, surpassing the expectations of her mentors through meaningful contributions to the workplace, overcoming difficult odds or circumstances, and connecting learning in the workplace with learning in the classroom.

More than 500 Oregon businesses have interns through BEC, which received 150 nominations for the 2001 Star Intern of the Year award. Multnomah County Library had three intern nominees: Merga Geleto (North Portland Computer Lab), Lindsay Mockenhaupt (Gresham) and Rachel Robson.

Let's applaud Rachel, Merga and Lindsay, as well as the mentors who created a supportive environment for these model interns. The mentors are Teri Stocker, Barb Wolman and Kari Hauge (Woodstock) for Rachel, Victoria Oglesbee and Patricia Welch (North Portland Computer Lab) for Merga, and Gretchen Goekjian and Karen Hein (Gresham) for Lindsay.

The Teen Intern Initiative is a Multnomah County program funded through the County's School to Work program, the Youth Opportunity Center, and Rewarding Youth Achievement.

MEETING DATE: October 18, 2001  
AGENDA NO: R-2  
ESTIMATED START TIME: 9:50 AM  
LOCATION: Boardroom 100

(Above Space for Board Clerk's Use ONLY)

**AGENDA PLACEMENT FORM**

SUBJECT: Hands and Words Are Not for Hurting - Week Without Violence

BOARD BRIEFING: DATE REQUESTED: \_\_\_\_\_  
REQUESTED BY: \_\_\_\_\_  
AMOUNT OF TIME NEEDED: \_\_\_\_\_

REGULAR MEETING: DATE REQUESTED: Thursday, October 18, 2001  
AMOUNT OF TIME NEEDED: 30 minutes

DEPARTMENT: Health DIVISION: Planning & Development  
CONTACT: Lisa Hansell TELEPHONE #: (503) 988-3663 x28893  
BLDG/ROOM #: 106/1400

PERSON(S) MAKING PRESENTATION: Lisa Hansell and Marcia Dennis

ACTION REQUESTED:

☐ INFORMATIONAL ONLY ☐ POLICY DIRECTION ☒ APPROVAL ☐ OTHER

SUGGESTED AGENDA TITLE:

PROCLAMATION Proclaiming the Week of October 14 to October 20, 2001 as Hands and Words Are Not For Hurting -Week Without Violence in Multnomah

10/18/01 originals to Lisa Hansell & Marcia Dennis

SIGNATURES REQUIRED:

ELECTED OFFICIAL: \_\_\_\_\_  
(OR)

DEPARTMENT MANAGER: Lillian Shirley

ALL ACCOMPANYING DOCUMENTS MUST HAVE REQUIRED SIGNATURES

Any Questions: Call the Board Clerk @ (503) 988-3277 or email  
[deborah.l.bogstad@co.multnomah.or.us](mailto:deborah.l.bogstad@co.multnomah.or.us)

BOARD OF  
COUNTY COMMISSIONERS  
OCT 11 AT 7:58  
MULTNOMAH COUNTY  
OREGON



Office of  
Neighborhood  
Involvement



CITY OF PORTLAND, OREGON

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**Marcia Dennis**

Crime Prevention Specialist  
Southeast Portland

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Phone (503) 232-0010 x23  
FAX (503) 232-5265  
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[mdennis@ci.portland.or.us](mailto:mdennis@ci.portland.or.us)  
[www.ci.portland.or.us/oni](http://www.ci.portland.or.us/oni)



## HANDS ARE NOT FOR HURTING PROJECT

THE PLEDGE:

"I WILL NOT USE MY HANDS OR MY WORDS FOR HURTING MYSELF OR OTHERS"

April 18, 2001  
*October*

Board of Commissioners  
Multnomah County  
Portland, Oregon

Dear Friends:

Thank you for helping us in our efforts to spread the word that every person has the moral and legal right to live a life free from violence. The sole purpose of the Hands & Words Are Not For Hurting Project is to educate people to this fact.

By taking the Hands & Words Are Not For Hurting Pledge you are demonstrating to all people in our community that you believe, as we do, that the power for change lies within each individual, and the time to make that change is now. By taking the Pledge to end violence on October 18th, during our *Hands & Words Are Not For Hurting Week*, we honor and remember **all** victims of violence.

The number one recommendation of the Attorney General's School/Community Safety Coalition is: to "encourage Oregon schools to use comprehensive approaches to reduce bullying, harassment, and mean spirited teasing" as "bullying and harassment in schools emerged as a primary concern of school administrators." Subsequently, Attorney General Hardy Myers and the Department of Justice have endorsed the Hands Project as a direct means of addressing those behaviors.

The Hands & Words Are Not For Hurting Project is making a difference in all places where it is being used: places as diverse as private homes, homeless shelters; crisis intervention programs, hospital emergency rooms and birthing centers; schools (all grade levels); and in more than 40 states and 5 countries. Enclosed are statistics from Oaklea Middle School in Junction City showing how this simple Pledge can have a profound effect on student behavior in a relatively short time. The key to the Project's effectiveness is to trace the hands on \*purple paper, display those hands in a prominent place, and to verbally reinforce the Pledge on a daily basis.

It is so simple! It is also inexpensive. The Hands Project is designed to work in partnership with **all** violence prevention, conflict resolution and character building skills programs. The Purple Hands together with the Hands Pledge are the visual and verbal reminders that reinforce a personal commitment to nonviolence.

Again, thank you for honoring our Week Without Violence and Hands Are Not For Hurting Project by your support! We welcome your partnership as we work together to end violence!

*Marcia*

Marcia L. Dennis  
ONI Crime Prevention Specialist

Hands Are Not For Hurting Project \* Purple is our national color that is used to honor and remember victims of violence



## Oaklea Middle School

1515 Rose Street Junction City, Oregon 97448 Phone: (541) 998-3381

### Discipline Data -June 1998 to June 2000

**O  
A  
K  
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A**

Assault	85% Decrease
Insubordination	82% Decrease
Fighting	50% Decrease
6+Level 1 Referrals	88% Decrease
Skiping	48% Decrease
Excessive Tardies	55% Decrease
Profanity	54% Decrease
Vandalism	56% Decrease
Theft	81% Derease

\*Discipline Referrals have decreased 50% since 6/98

\*Data based on Action and Response Summary from  
Behavior Tracking System

### ★ *Please Note:* Documented Results

Submitted by Cindi Schweigert, Assistant Principal  
Oaklea Middle School following implementation of the  
Hands Are Not For Hurting Project

**The Pledge Is Recited Daily  
The Purple Hands Pledges Are Permanently Displayed**

Oaklea Middle School is committed to the ongoing education  
of responsible, adaptable, global citizens



## Walnut Middle School

Submitted by: Vikki Deuel, Principal

Maryann Richards, Counselor

1600 N. Custer - Grand Island, NE 68803 - Ph: 308-385-5990

"While attending a Character Education conference in St. Louis, in the summer of 2000, we discovered the 'frosting' to our bully prevention program. We found Purple Hands - The Hands Are Not For Hurting Project...developed...to decrease the incidence of school violence and increase the development of healthy relationships among students based on respect and equality....In October of 2000, we had a huge 'Purple Hands Pep Rally'...to introduce Purple Hands to our school community and to the larger Grand Island community as well..."

Respect and responsibility can not be "measured" in the same way that math and reading skills are; there are no standardized tests to tell us whether or not we're making headway in our journey toward a safer and more nurturing school environment. We do, however, have discipline reports on Walnut Middle School students that have been compiled over the past three years..."

Incident Numbers for school year	98/99	99/00	00/01
Failure to Follow Instructions/School Rules	304	226	126
Disruptive Behavior	218	289	151
Inappropriate Language/ Obscenity	60	90	29
Assaults & Fighting	146	61	51
Police Reports for Assaults	48	36	26
** In the new 2001/02 school year nearing the end of 1 <sup>st</sup> Quarter only <u>3</u> incidents have been reported to date - <u>none</u> for inappropriate language.			
Vikki Deuel, Principal, October 5, 2001			

"In the months since October 2000, the hands of the Governor and the Secretary of State of Nebraska, several professional athletes, a U.S. Congressman, and a U.S. Senator, have found their place on our walls. The other middle schools in Grand Island have joined with us as Purple Hands "partners," and extensive local media coverage has helped students feel tremendous self-respect" as community leaders who can tell Grand Island, "Every person can make a difference in stopping violence by taking the Purple Hands Pledge."

"Anyone visiting Walnut Middle School on any day of the school year will see everything at Walnut come to a halt at 8:05am, when every student and every adult in the building, led by student volunteers on the intercom, repeat the United States Pledge of Allegiance followed by the Purple Hands Pledge. Students know that taking the Pledge each morning is a promise to take responsibility for their words and their actions during the day! ...teachers and support staff have continually emphasized the importance of respect and responsibility ...in the classroom and in informal student interactions."

In 2001, Walnut Middle School Staff Members were invited to be presenters to share their story of great success after implementing anti-bullying curriculum which includes The Hands Are Not For Hurting Project at the following conferences:

National Character Education Conference - July 12-15, 2001

St. Louis, MO

Middle Level Regional Conference - Omaha, NE - Oct 3-4-5, 2001

(Minnesota, South Dakota, Kansas, Missouri, Nebraska represented)

National Middle School Conference - November 1-3, 2001

Washington, D.C.

In addition, representatives from Walnut Middle School staff were invited to Chicago, Illinois in September 2001 to work with Chicago Public Schools middle level principals and school resource officers on the "Kid, Cops, Counselors and Character" strategies which include the Purple Hands Pledge.

\* Some of the famous names on the walls at Walnut Middle School include:

Governor - Mike Johanns

Secretary of State - John Gale

US Senator - Ray Aguilar

Congressman Tom Osborn

NFL player - Irving Fryar (New England Patriots, Miami Dolphins, Philadelphia Eagles, Washington Redskins)

NFL player - Tom Rathman (San Francisco 49ers and Oakland Raiders)

NFL player - John Parrella (San Diego Chargers)

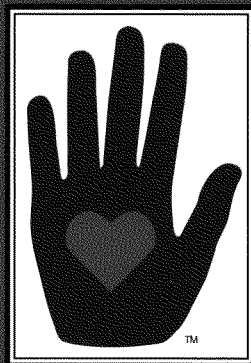
Members of the 2001 National Volleyball Champions from the Univ. of Nebraska

## THE PLEDGE:

"I WILL NOT  
USE MY HANDS  
OR MY WORDS  
FOR HURTING  
MYSELF OR  
OTHERS"

Each child and adult who makes this Pledge will trace their hand on purple\* paper, cut out the hand print, and sign their name and age on the hand print. The Pledge should be displayed in a prominent place as a reminder of their commitment.

\*The color purple is used to honor and remember victims of violence.



A SYMBOL  
OF HOPE  
THAT ONE  
DAY WE  
WILL LIVE  
FREE OF  
VIOLENCE

♥  
The Hands Are Not For Hurting Project is an effective tool and a key piece in the puzzle of violence prevention education

♥  
HANDS ARE NOT  
FOR HURTING  
PROJECT

Salem, Oregon

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RELIES ON THE GENEROSITY OF  
CHARITABLE DONATIONS AND VOLUNTEERS.  
YOUR CONTRIBUTION IS APPRECIATED!

♥  
FOR MORE INFORMATION ON HOW TO  
IMPLEMENT THIS PROJECT, PLEASE CONTACT:

HANDS ARE NOT FOR HURTING PROJECT  
P.O. Box 2644, SALEM, OR 97308-2644

(503) 587-4853 OR (888) 443-6299

E-MAIL: [hands\\_project@hotmail.com](mailto:hands_project@hotmail.com)

[www.handsproject.org](http://www.handsproject.org)

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Printing partially funded by K/P Corporation

## HANDS & WORDS ARE NOT FOR HURTING



A PLEDGE TO END  
**VIOLENCE**

HANDS ARE NOT  
FOR HURTING  
PROJECT

Salem, Oregon

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# ANGER IS A FEELING VIOLENCE IS A CHOICE

Violence and abuse are at epidemic proportions in our society. Most often, violence occurs between people who know each other. The result of such violence may be serious physical, sexual and psychological harm or even death. Both violence and non-violence are learned behaviors. The choice is yours!

## WHAT IS ABUSE AND VIOLENCE?

- ☐ **Abuse:**  
any form of mistreatment of another
- ☐ **Verbal Abuse/Violence:**  
name-calling, insulting, belittlement, etc...
- ☐ **Physical Abuse/Violence:**  
can be simple force (pushing, grabbing, slapping, etc...) and can escalate to deadly force (murder)

## VERBAL & PHYSICAL ABUSE: THE CONNECTION

Verbal abuse often leads to physical violence. Verbal and emotional abuse can be just as damaging as physical abuse.

# HANDS ARE NOT FOR HURTING PROJECT

### MISSION:

To educate each person in every community about their moral and legal RIGHT TO LIVE FREE OF VIOLENCE.

## EVERY PERSON CAN MAKE A DIFFERENCE IN STOPPING VIOLENCE BY TAKING A PLEDGE:

- ♥ Not to use violence (verbal or physical) to control others
- ♥ Not to tolerate any form of abuse from others - ask for help
- ♥ Not to hurt yourself with words or actions
- ♥ To develop healthy relationships based on respect and equality

## RESPECT & EQUALITY IN ALL RELATIONSHIPS

- ♥ **Respect:** to value, appreciate, care for and protect
- ♥ **Equality:** having the same value as another

# YOU CAN MAKE A DIFFERENCE

You are encouraged to implement the HANDS ARE NOT FOR HURTING PROJECT in your:

- ☐ homes
- ☐ schools
- ☐ businesses / workplaces
- ☐ crisis intervention services / shelters
- ☐ childcare facilities
- ☐ youth groups
- ☐ sports teams
- ☐ hospitals
- ☐ places of worship

## SHARE THE VISION

Our goal is to send this message around the world so that one day the purple hand will be an international symbol of our quest to end abuse and violence everywhere.



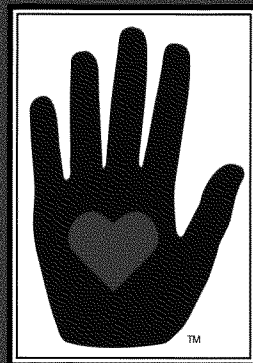


## LA PROMESA:

"NO  
USARÉ MIS  
MANOS O MIS  
PALABRAS PARA  
LASTIMAR A  
OTROS O A MÍ  
MISMO"

Cada niño y adulto que haga esta promesa dibujará su mano en un papel violeta\*, cortará la silueta de la mano y escribirá su nombre y su edad en la mano. La Promesa deberá ponerse en un sitio prominente, como recordatorio de la promesa.

\*El color violeta se utiliza para honrar a las víctimas de la violencia.



UN SÍMBOLO  
DE ESPERANZA  
DE QUE UN  
DÍA VIVIREMOS  
SIN  
VIOLENCIA.



El proyecto "Las Manos no son para lastimar" es una herramienta eficaz y una pieza importante en el rompecabezas de la educación para la prevención de la violencia



PROYECTO  
"LAS MANOS NO  
SON PARA LASTIMAR"  
Salem, Oregon

TM & © 1997

UNA ORGANIZACIÓN NO LUCRATIVA  
(501 - 3C) QUE DEPENDE EN LA GENEROSIDAD DE  
LAS DONACIONES DE CARIDAD Y EN VOLUNTARIOS.  
SU CONTRIBUCIÓN SERÁ MUY APRECIADA.



PARA MÁS INFORMACIÓN DE CÓMO LLEVAR A PRÁCTICA  
ESTE PROYECTO, POR FAVOR CONTACTE A:

Proyecto "Las Manos no son para lastimar"  
P.O. Box 2644, Salem, OR 97308-2644  
(503) 587-4853 or (888) 443-6299  
e-mail: [hands\\_project@hotmail.com](mailto:hands_project@hotmail.com)  
[www.handsproject.org](http://www.handsproject.org)

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# LAS MANOS Y LAS PALABRAS NO SON PARA LASTIMAR



UNA PROMESA PARA  
ACABAR LA  
**VIOLENCIA**

PROYECTO  
"LAS MANOS NO  
SON PARA LASTIMAR"  
Salem, Oregon

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LA CÓLERA ES UN SENTIMIENTO.  
LA VIOLENCIA ES  
UNA ELECCIÓN.

En nuestra sociedad la violencia y el abuso tienen proporciones epidémicas. La violencia, muy a menudo ocurre entre personas que se conocen. Esta violencia puede resultar en heridas muy serias tanto, físicas, sexuales o psicológicas e incluso en la muerte. El comportamiento agresivo como el no-agresivo, son comportamientos que se aprenden. La elección es de usted.

## ¿QUÉ ES ABUSO Y VIOLENCIA?

- ☐ **Abuso:**  
Cualquier forma de maltrato a otra persona.
- ☐ **Abuso verbal/Violencia:**  
Llamar nombres, insultar, despreciar, etc.
- ☐ **Abuso Físico/Violencia:**  
Puede ser un poco de fuerza (empujar, abofetear, etc.) y puede escalar hasta una fuerza mortal (asesinato.)

## ABUSO VERBAL Y FÍSICO: LA CONEXIÓN

Abuso verbal a menudo acaba con violencia física. El abuso verbal y emocional puede ser tan dañino como el abuso físico.

# PROYECTO "LAS MANOS NO SON PARA LASTIMAR"

### Misión:

Educar a cada persona en cada comunidad sobre el derecho legal y moral de vivir libre de violencia.

## CADA PERSONA PUEDE HACER UNA DIFERENCIA EN PARAR LA VIOLENCIA HACIENDO UNA PROMESA:

- ♥ No utilizar la violencia (verbal o física) para controlar a otros
- ♥ No tolerar ninguna forma de abuso de otras personas - pedir ayuda
- ♥ No hacerse daño uno mismo con palabras o acciones
- ♥ Desarrollar relaciones sanas basadas en el respeto y la igualdad.

## RESPECTO E IGUALDAD EN TODAS LAS RELACIONES.

- ♥ **Respeto:** valorar, apreciar, cuidar y proteger.
- ♥ **Igualdad:** Tener todos el mismo valor e importancia.

## USTED PUEDE HACER UNA DIFERENCIA

Les animamos a que lleven a cabo el Proyecto "Las Manos no son para Lastimar" en sus:

- ☐ casas
- ☐ escuelas
- ☐ negocios/sitios de trabajo
- ☐ servicios de intervención de crisis /refugios
- ☐ guarderías para niños
- ☐ grupos de juventud
- ☐ deportes de equipo
- ☐ hospitales
- ☐ centros religiosos

## COMPARTA LA "VISIÓN"

Nuestro objetivo es mandar este mensaje alrededor del mundo, para que algún día la mano de color violeta sea un símbolo internacional de nuestra lucha para acabar el abuso y la violencia en todo el mundo





# An Invitation to You

*You are invited and encouraged to join us in helping sow seeds of peace everywhere. Share the vision....you will make a difference!*

The pledge is designed to help people of all ages *PAY ATTENTION* to the things we say and do to ourselves and others that cause pain. It is also about paying attention to what others are saying and doing to us and asking for help if we are being hurt.

Take the pledge. Aspire to live by these words:

“I will not  
use my hands  
or my words  
for hurting  
myself or others”

We've included a purple pledge sheet for you to trace your hand. Please sign your name and age (age optional), then display it in a permanent, visible place as a symbol of your personal commitment to stopping violence.

Encourage and invite family and friends to join you in taking the pledge to help end violence.

Peace really is in *our* hands.



"I WILL NOT USE MY HANDS OR MY WORDS  
FOR HURTING MYSELF OR OTHERS"

A MESSAGE & SYMBOL OF HOPE  
THAT ONE DAY WE WILL LIVE FREE OF VIOLENCE

---

For More Information contact: HANDS ARE NOT FOR HURTING PROJECT  
P.O. Box 2644, Salem, Oregon 97308-2644 Voice: (503) 587-4853 or (888) 443-6299 Fax: (503) 391-7693  
E-mail: [hands\\_project@hotmail.com](mailto:hands_project@hotmail.com) Web: [www.handsproject.org](http://www.handsproject.org)



BEFORE THE BOARD OF COUNTY COMMISSIONERS  
FOR MULTNOMAH COUNTY, OREGON

**PROCLAMATION NO. \_\_\_\_\_**

Proclaiming the Week of October 14 to October 20, 2001 as Hands and Words Are Not For Hurting -Week Without Violence in Multnomah County, Oregon

**The Multnomah County Board of Commissioners Finds:**

- a. A world without violence is a dream we all share.
- b. Any form of mistreatment of another is abuse, and all people have the right to live free of violence.
- c. Verbal and emotional abuse can lead to physical violence.
- d. Respect for ourselves and others is key to developing healthy relationships at every age and in all circumstances.
- e. The beginning of the end of violence must start with a personal commitment to not resort to violence.
- f. The principle of non-violent resolution of conflict must be taught to our children and practiced within each of our families.
- g. Together with communities around the country and overseas, we recognize the Hands Are Not For Hurting Project's Pledge is a key piece of the puzzle, and an effective tool in violence prevention education.

**The Multnomah County Board of Commissioners Proclaims:**

October 14 through October 20, 2001 as Hands and Words Are Not For Hurting-Week Without Violence in Multnomah County, Oregon, and encourage all citizens of Multnomah County to join Hands as a family and community to Pledge, both privately and publicly, that

"I Will Not Use My Hands Or My Words for Hurting Myself Or Others"

ADOPTED this 18th day of October, 2001

BOARD OF COUNTY COMMISSIONERS  
FOR MULTNOMAH COUNTY, OREGON

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Diane M. Linn, Chair

Per Steve's okay and after talking with Lisa I have it scheduled on the Board calendar for Thursday, October 18th. Thanks.

Deb Bogstad, Board Clerk

Multnomah County Chair's Office

501 SE Hawthorne Boulevard, Suite 600

Portland, Oregon 97214-3587

(503) 988-3277

<http://www.co.multnomah.or.us/cc>

-----Original Message-----

**From:** HANSELL Lisa M

**Sent:** Thursday, September 27, 2001 12:43 PM

**To:** Uherbelau Rebecca A; SMITH Andy J

**Cc:** MARCH Steve J; BOGSTAD Deborah L; SHIRLEY Lillian M; FORD Carol M; JARAMILLO Linda M

**Subject:** RE: Agenda placement forms/procedure

Hi-

Here is an update on the request for agenda placement:

A representative from Hands are Not for Hurting has requested time to present information to the Commissioners.

There is a 30 minute PowerPoint presentation, consisting of:

- \*History of project
- \*Goals of project
- \*Effectiveness of project
- \*Pictures of Project in use
- \*Support for project
- \*Invitation to Commissioners to take the Pledge, trace hands

Additionally, a proclamation will be submitted for Board consideration.

I anticipate submitting the agenda placement form and the proclamation next week. Please let me know if you have any questions or if you would like to discuss this further.

Lisa

-----Original Message-----

**BOGSTAD Deborah L**

**From:** ELWOOD Susan J  
**Sent:** Friday, October 12, 2001 10:47 AM  
**To:** #MULTNOMAH COUNTY ALL EMPLOYEES  
**Subject:** National Week Without Violence Oct. 14-20

Please Do NOT "Reply All" to this message.

The Multnomah County Health Department Violence Prevention Program urges everyone to participate in "National Week Without Violence," October 14-20, 2001. We would also like to remind you that October is Domestic Violence Awareness Month and Crime Prevention Month. We encourage you to print out the attached flyer in WORD format for distribution.

## NATIONAL WEEK WITHOUT VIOLENCE October 14-20, 2001

### ***"Hands and Words Are Not For Hurting"***

*Can you live for one week, (7 days, 168 hours, 10,080 minutes) without committing or condoning an act of violence??? The following activities are to raise awareness of each person's moral and legal right to live free of violence!*

**All events are Free Admission!**

Sunday, October 14<sup>th</sup> -

**Citywide Faith Community Day of Remembrance for Victims and Survivors of Violence-**

take the Pledge,

***"I Will Not Use My Hands Or My Words For Hurting Myself Or Others"***, and trace your hands on purple paper, for a community collage.

Monday, October 15<sup>th</sup> - 12:15pm - City Hall -

**Press Conference Kickoff - Mayor's Proclamation, various dignitaries...**

All Week - Portland Schools join in Hands Pledge and purple hands displays

Tuesday, October 16<sup>th</sup> -

***"A Community Dialogue on Violence in Our Society"*** - 7pm,

Downtown YWCA, 1111 S.W. 10<sup>th</sup> Avenue, sponsored by Metropolitan Human Rights Commission

Wednesday, October 17<sup>th</sup> - 9:30am-Communication to Council - City Hall

***A Women's Forum on Domestic Violence***, 7pm,

Downtown YWCA, 1111 S.W. 10<sup>th</sup> Avenue, presented by Yolanda House

Thursday, October 18<sup>th</sup> -9:50am-

**Multnomah County Commissioners issue a Proclamation**, take the Hands Pledge and trace their hands.

Thursday evening, 7pm - ***Men's Forum on Domestic Violence Issues***, Downtown YWCA, 1111 S.W. 10<sup>th</sup> Ave., presented by Men's Resource Center

Friday, October 19<sup>th</sup> - 5-9pm, and Saturday, Oct. 20<sup>th</sup> - 9am-5pm

**Take the "Hands and Words Are Not For Hurting" pledge - Lloyd Center - across from Toys R Us -**

Come take the Hands Pledge and help us create a mural of nonviolence - Dip your hands in purple paint and place them on a mural - families: moms, dads, kids, grandparents - Everyone is Welcome!

*Presented by: the YWCA of Greater Portland, the Hands & Words Are Not For Hurting Project,  
the City of Portland Crime Prevention Program & Youth Employment Institute.*



Week Without  
Violence Oct 14-2...

**Susan J. Elwood**

*Multnomah County Health Department  
Office of Planning and Development*

***Violence Prevention Program***

*Phone: 503-988-3663 x 22844 • Fax: 503-988-3283  
1120 SW Fifth Avenue, 14th Floor Portland OR 97204  
Interdept. Mailstop: 106 / 14*

*[susan.j.elwood@co.multnomah.or.us](mailto:susan.j.elwood@co.multnomah.or.us)*

*<http://www.mchealth.org/opd/violprev>*

***"Let us not use bombs and guns to overcome the world.***

***Let us use love and compassion."***

***---Mother Teresa, from "In the Heart of the World."***

# Week Without Violence

## *Hands & Words Are Not For Hurting Week*

Can you live for one week, (7 days, 168 hours, 10,080 minutes)  
without committing or condoning an act of violence???

**WHEN:** October 14-20, 2001

**WHAT:** Activities to raise awareness  
of each person's moral and legal  
*right to live free of violence*



Sunday, October 14<sup>th</sup> - Citywide Faith Community Day of Remembrance for  
Victims and Survivors of Violence-take the Pledge, *"I Will Not Use My  
Hands Or My Words For Hurting Myself Or Others"*, and trace your  
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Friday, October 19<sup>th</sup> - 5-9pm. and Saturday, Oct. 20<sup>th</sup> - 9am-5pm



# News Release

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## MULTNOMAH COUNTY OREGON

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October 15, 2001

Contact: Lisa Hansell, Multnomah County Health Department  
503-988-3663 ext. 28893

### **County proclaims October 14 – 20, 2001 as “Hands and Words Are Not For Hurting – Week Without Violence”**

The Multnomah County Board of Commissioners joins Portland Public Schools, members of the faith community, Metropolitan Human Rights Commission, and violence prevention partners in pledging their support of *Hands & Words Are Not For Hurting Week*.

A proclamation will be presented at the Multnomah County Board of Commissioners meeting on Thursday, October 18, 2001.

The nonprofit group, Hands & Words Are Not For Hurting Project, along with YWCA of Greater Portland, City of Portland Crime Prevention Program, and the Youth Employment Institute are sponsoring a week-long series of events to promote violence prevention education. The Multnomah County Board of Commissioners will take part in the pledge, “I will not use my hands or my words for hurting myself or others” and will trace their hands on purple paper for inclusion in a community collage. These cut-out hands and the pledge are intended as visual and verbal symbols of their commitment to nonviolence.

Multnomah County Chair Diane M. Linn states, “Every person can make a difference in stopping violence. By taking the pledge, we are publicly stating our intolerance for violence in words or actions. We all have a right to live free of violence.”

**# # #**

Public Affairs Office  
501 SE Hawthorne Blvd., Suite 600  
Portland, Oregon 97214  
503-988-6800 phone  
503-988-6801 fax



# THE PLEDGE

"I Will Not Use My  
Hands Or My Words  
For Hurting  
Myself Or Others"



# HANDS ARE NOT FOR HURTING PROJECT

Ann S. Kelly  
Founder and Director

- Martial Artist/Self-Defense Specialist, Shodan (Black Belt)
- Owner/Director Safe & Sound Self Defense Education
- Founding Member & Past Chair Domestic Violence  
Education & Prevention Coalition of Salem
- Oregon Attorney General's Safe Schools/ Safe Communities  
Coalition
- Married 34 years - Three Sons - Three Grandchildren



# **MISSION:**

**To educate every person in every  
community about their**

**moral & legal**

**RIGHT TO LIVE FREE OF VIOLENCE**



# THE PLEDGE

"I Will Not Use My  
Hands Or My Words  
For Hurting  
Myself Or Others"



# RESPECT & EQUALITY

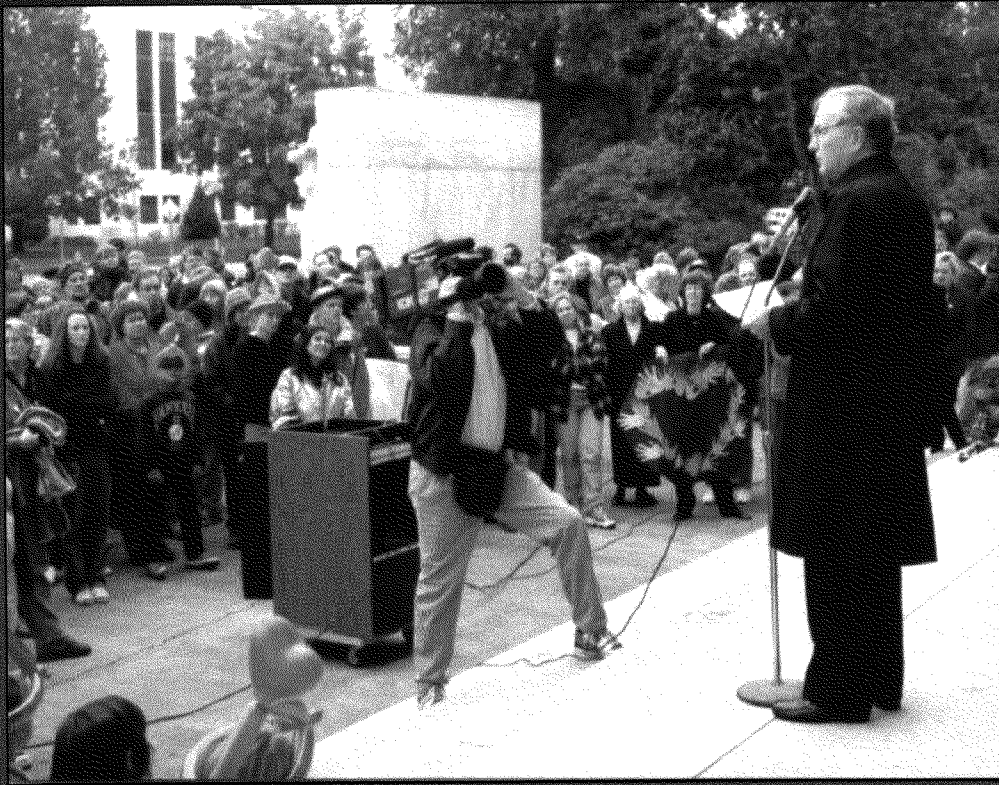
- RESPECT:
  - To value, appreciate, care for and protect
- EQUALITY:
  - Having the same value as another



- **Significance of Purple**
- **Significance of Heart**



# 1998 Hands Unity March



Oregon Supreme Court Justice  
Wallace P. Carson  
Oregon State Capitol

Marchers Pledging  
Salem Peace Plaza





1998 Hands Unity March



# National Make A Difference Day - 1999



**Over 16,700 people took  
the Hands Pledge during  
the Second Annual Hands  
Are Not For Hurting Week**

**October 17-23, 1999**

**Pledges were made at various schools,  
day care facilities, senior centers,  
shopping malls and the Marion County  
Family Court - Juvenile Department**

*SALEM SENIOR CENTER*

"I will not use  
my hands for hurting."



1999  
Peace March  
Salem, Oregon



**Cindi Schweigert - Assistant Principal**

**Oaklea Middle School**

**Junction City, Oregon**



# Oaklea Middle School

Cindi Schweigert, Assistant Principal  
Junction City, Oregon

## Discipline Data - June 1998 to June 2000

• Assault	85% Decrease
• Insubordination	82% Decrease
• Fighting	50% Decrease
• 6+ Level 1 Referrals	88% Decrease
• Skipping	48% Decrease
• Excessive Tardies	55% Decrease
• Profanity	54% Decrease
• Vandalism	56% Decrease
• Theft	81% Decrease

- The Pledge is Recited Daily
- The Purple Hands Pledges are Permanently Displayed



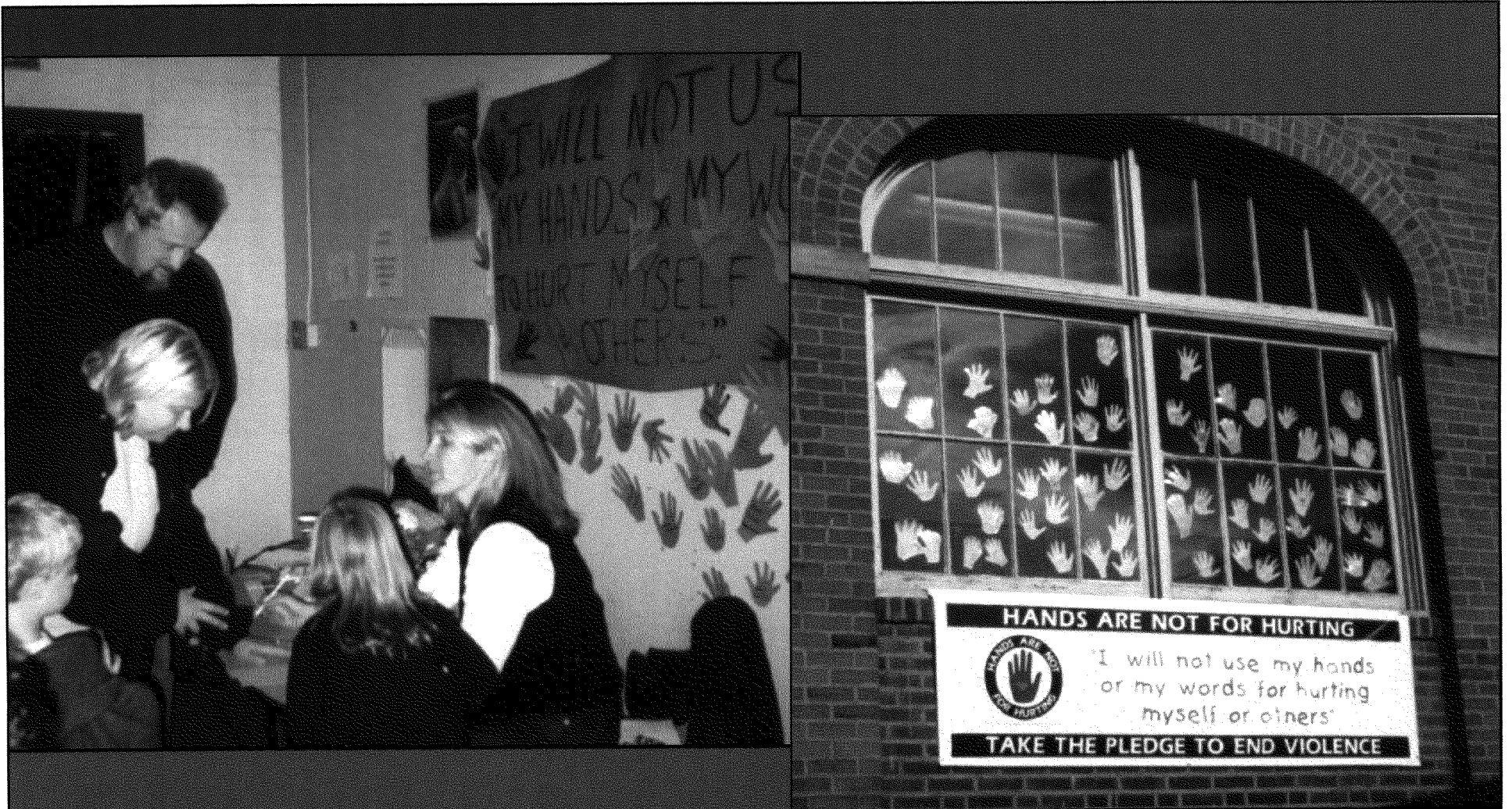
A black and white photograph of two students, a girl on the left and a boy on the right, standing in front of a large handprint graphic. The handprint is a large, dark silhouette of a right hand with fingers spread. Inside the palm area of the handprint, there is a small, lighter-colored circular graphic. Above the handprint, there are three lines of text in English: "I WILL NOT USE MY HANDS OR MY WORDS FOR HURTING MYSELF OR OTHERS". To the right of the handprint, there are two lines of text in Spanish: "NO USARÉ MIS MANOS NI MIS PALABRAS PARA OFENDER NI HACERME O HACER DAÑO A LOS DEMÁS". To the right of the handprint, there are two lines of text in Russian: "Я НЕ БУДУ УПОТРЕБЛЯТЬ МОИ РУКИ ДЛЯ ПРИЧИНЕНИЯ ВРЕДА СЕБЕ ИЛИ ДРУГИМ". The background is a plain, light-colored wall.



"NO USARÉ MIS MANOS  
NI MIS PALABRAS  
PARA OFENDER NI  
HACERME O HACER DAÑO  
A LOS DEMÁS"

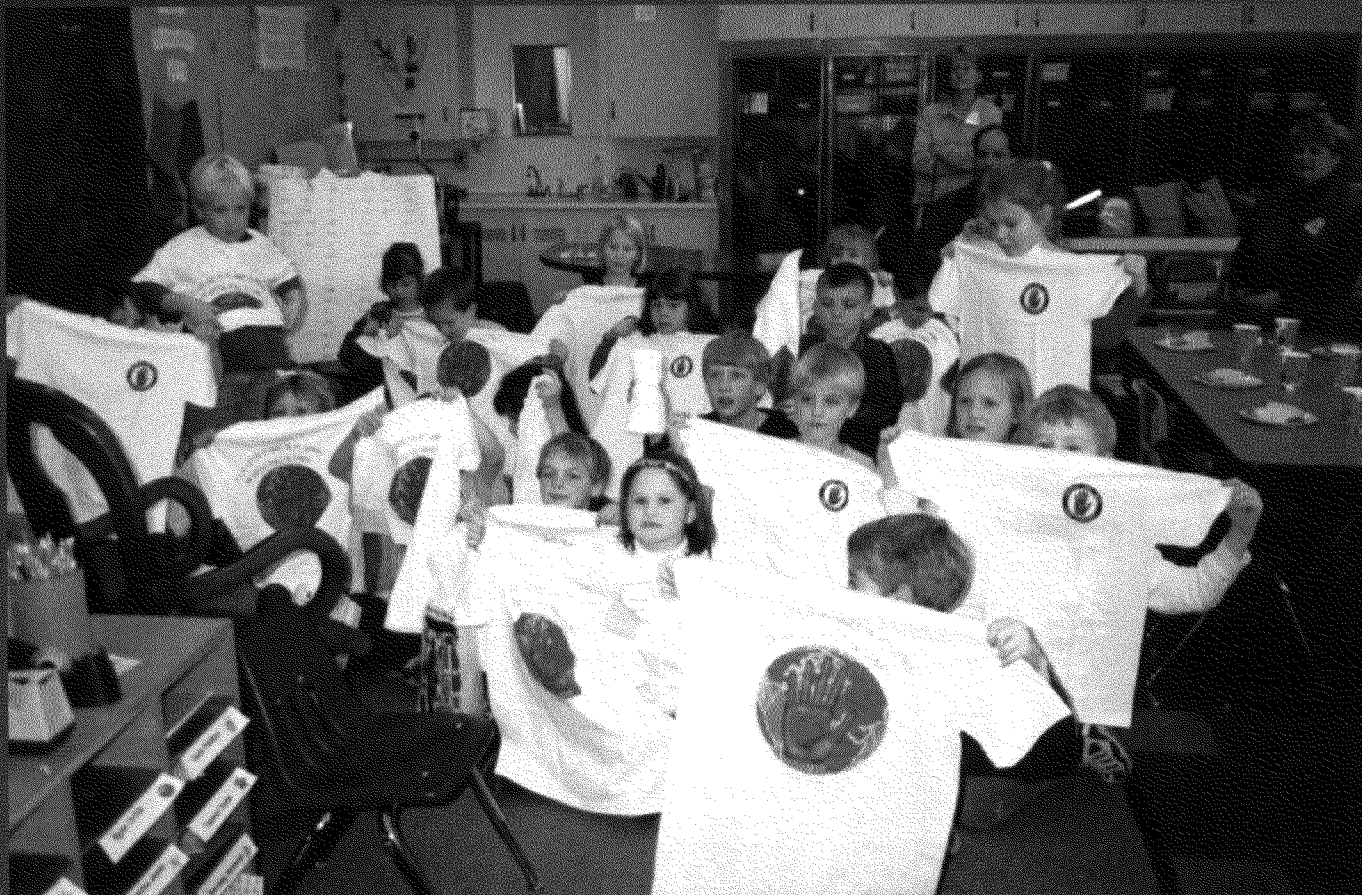
“Я НЕ БУДУ УПОТРЕБЛЯТЬ  
МОИ РУКИ ДЛЯ  
ПРИЧИНЕНИЯ ВРЕДА  
СЕБЕ ИЛИ ДРУГИМ”





**Kenwood Elementary School  
Bend, Oregon**





**Senior Citizens Christmas Gift**  
**Bend, Oregon**





**Daiju Elementary School  
Hachioji City, Japan**



# Francis Bacon School Guadalajara, Mexico





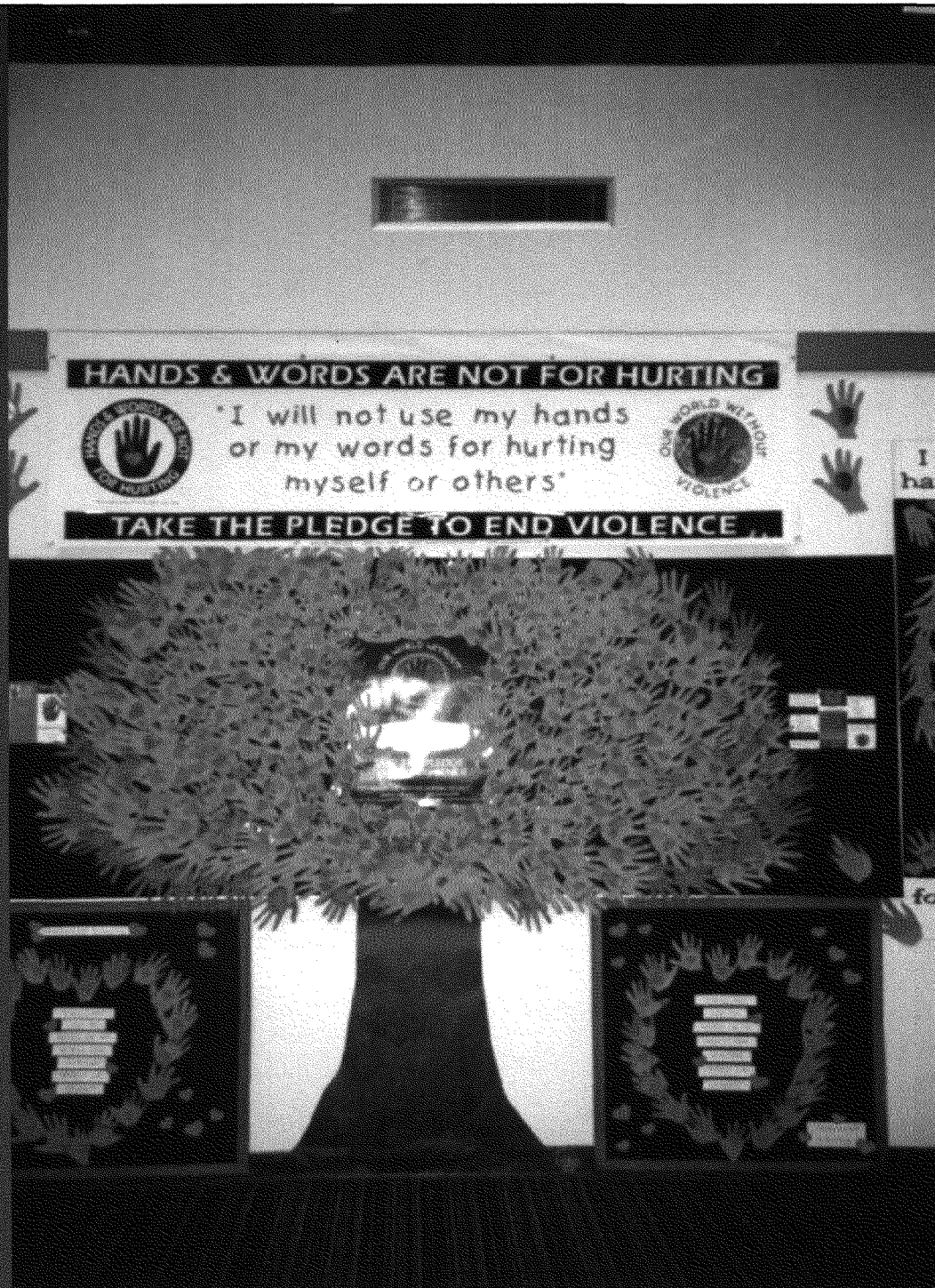


**Principal Dawn Smith**



**Warm Springs Indian Nation**





Molalla  
Elementary  
School

Molalla, Oregon



# Mother's Day 2000

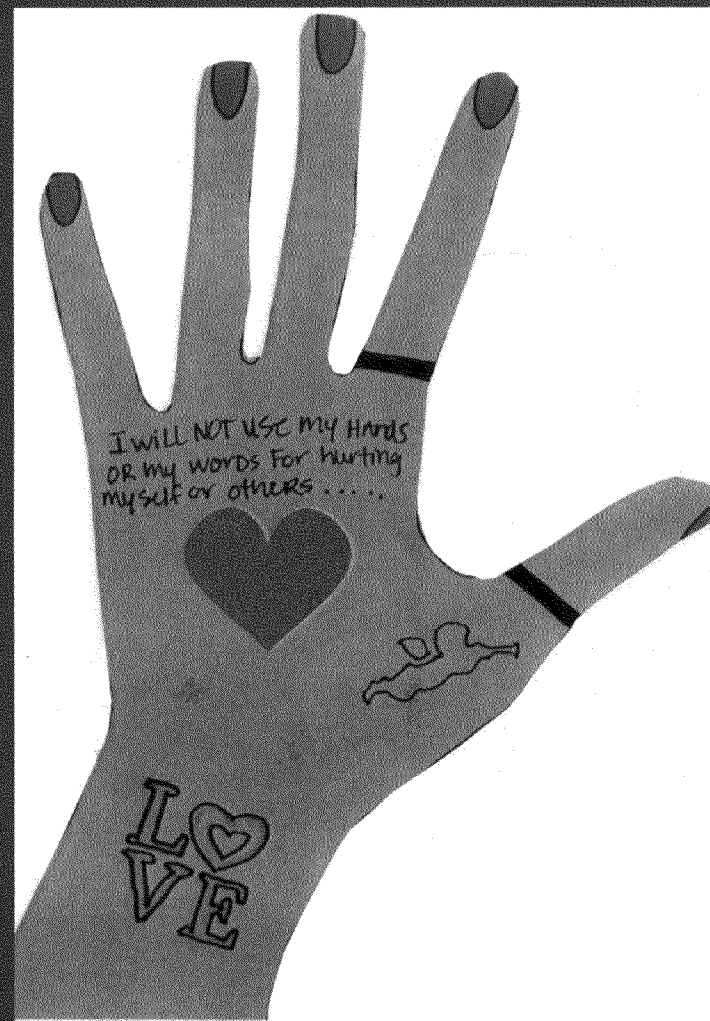

## Incarcerated Women Sending Their Gift of Love & Hope

"I will not use my hands or words for 3/26/2000  
hurting myself or others. I Promise you"  
dearest Love Bug,

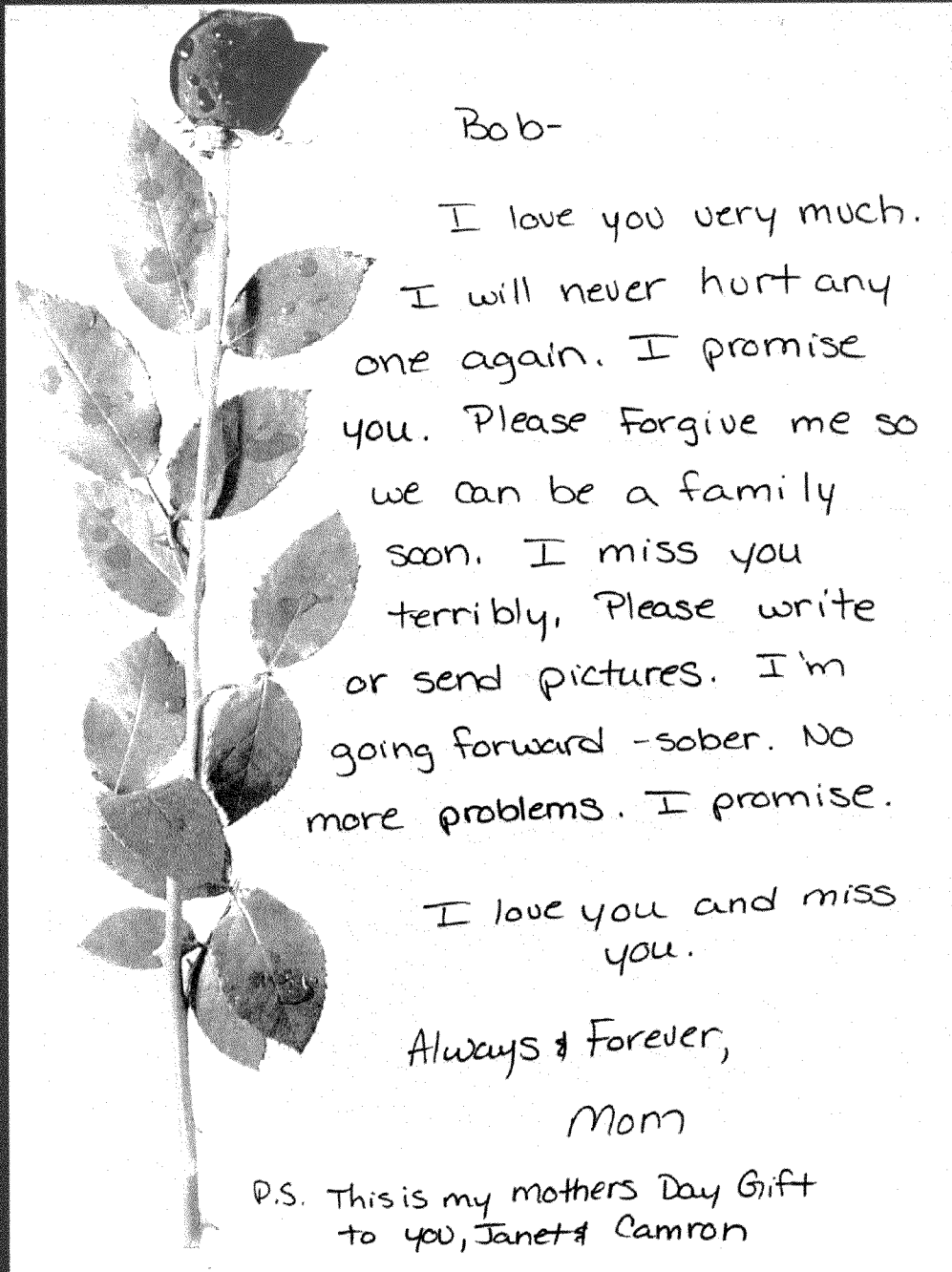
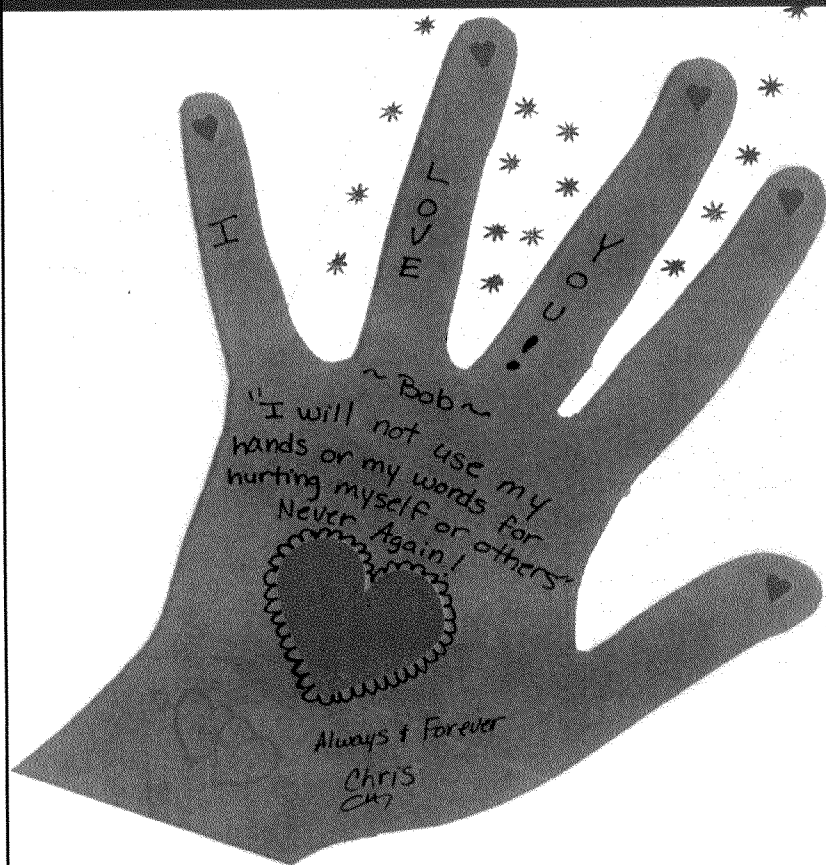
\* Well I had the opportunity to make you a  
little thing, so here, it's not much but maybe you  
will think of me when you see it. It's my hand  
for you it's the best I can do right now so  
keep this and remember my hugs and tickles  
and hold it in your own when you need  
to.

\* I am sorry for all this I've done to you. I love  
you so much and it's hard to be away from  
you even if I caused it myself. You are  
wonderful and special and I should treat  
you better. I'm sorry. Somehow, I promise, I  
will make it up to you. We'll be alright.  
Have faith in my love for you. I love You

your the best  
Love from,  
Mommy.



Imagine all  
incarcerated women &  
men having this  
opportunity

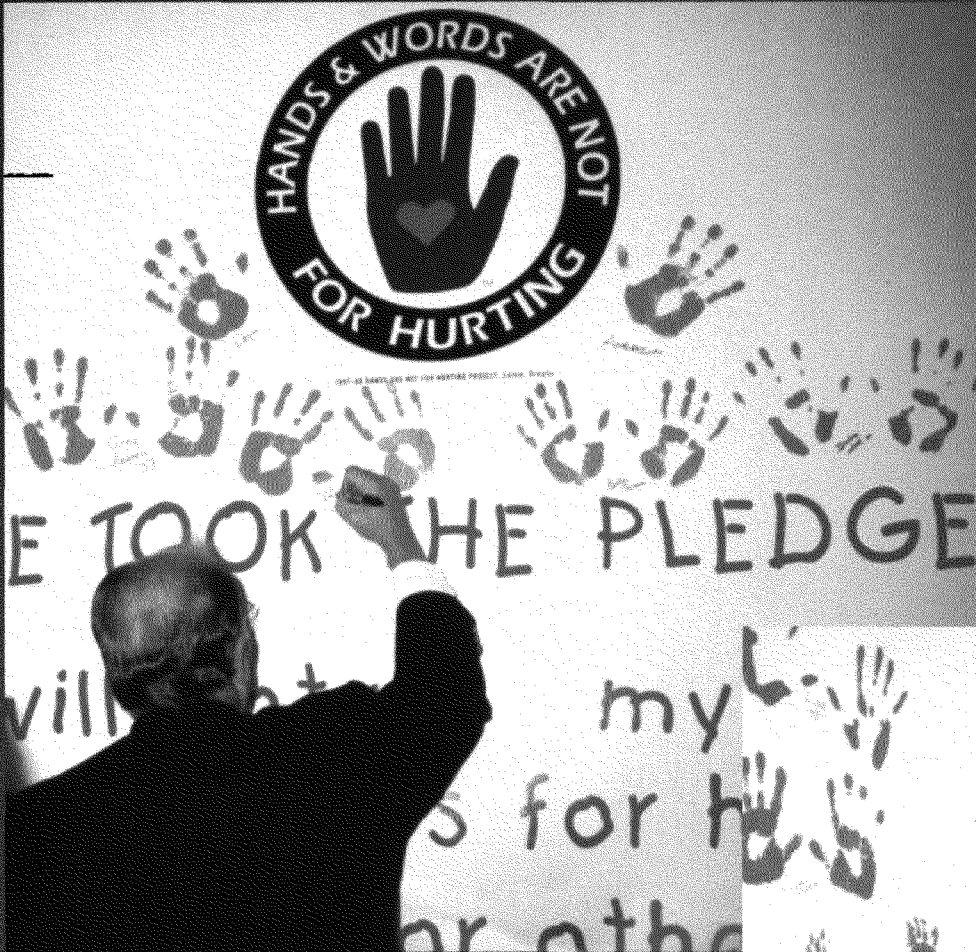




# Third Annual Hands Are Not For Hurting Week

October 15-21, 2000

Superintendent of Salem-Keizer  
Public Schools - Kay Baker and  
husband take the Pledge



**Mayor Mike Swaim**

**Salem, Oregon**

**SALEM CENTER Shopping Mall**

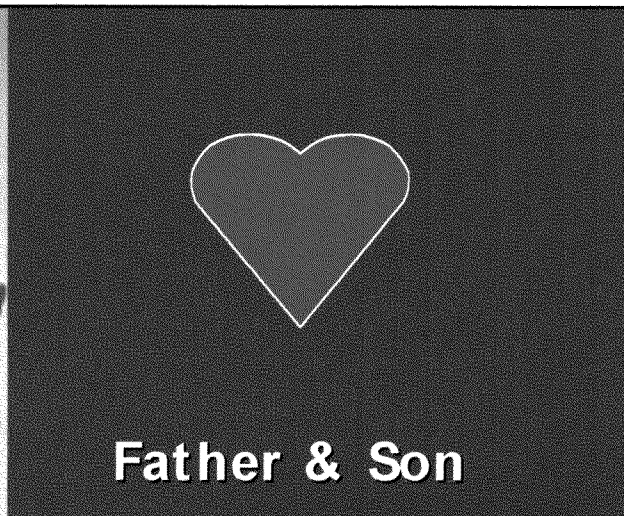
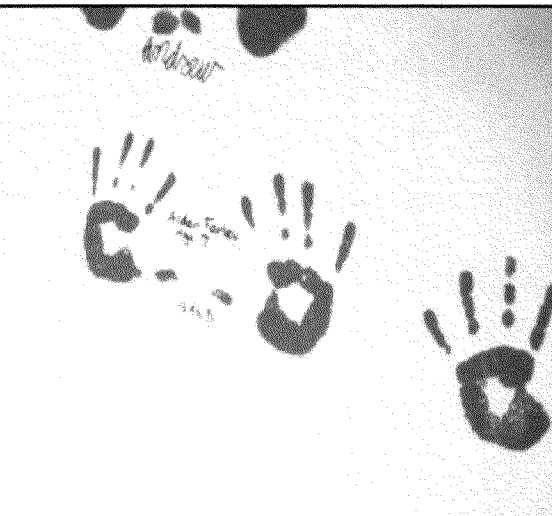
**Permanent Mural**





**Father & Daughter**

Fathers  
pledging to  
raise their  
children in a  
safe home!







**Four Generations Take The Pledge**  
Salem Center Shopping Mall





Veterans Day Parade  
Albany, Oregon 2000



The Pledge Banner In Four Languages

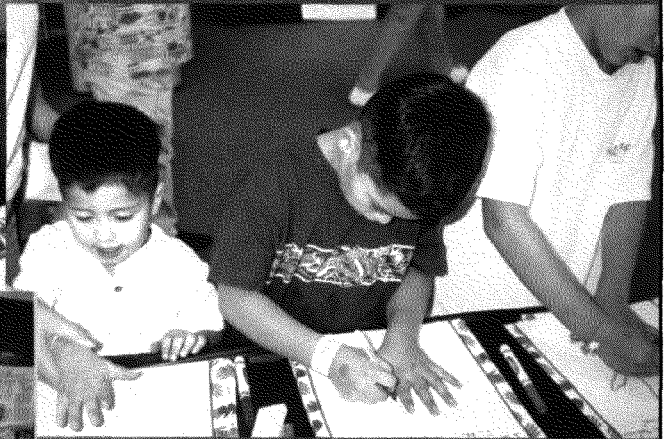
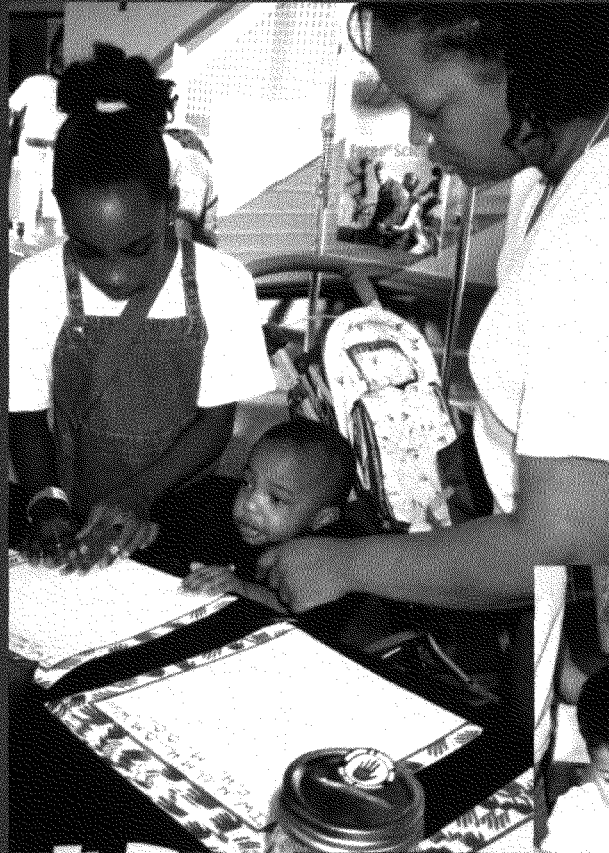




OMSI 2000  
Safety Safari  
Portland, Oregon



Wedding  
Pledge



Families  
Pledge  
Together





# United States Congress Pledge

• Senator Gordon Smith	Oregon	• Carolyn McCarthy	New York
• Darlene Hooley	Oregon	• Nita Lowey	New York
• David Wu	Oregon	• George Miller	California
• Earl Blumenauer	Oregon	• Zoe Lofgren	California
• Peter DeFazio	Oregon	• Lynn Woolsey	California
• Brian Baird	Washington	• Juanita Millender McDonald	California
• Diana DeGette	Colorado	• Sam Farr	California
• Sheila Jackson Lee	Texas	• Grace Napolitano	California
• Tammy Baldwin	Wisconsin	• Ed Pastor	Arizona
• John Tanner	Tennessee	• Jim Kolbe	Arizona
• Dennis Moore	Kansas	• Steve Chabot	Ohio
• Jesse Jackson, Jr.	Illinois	• Dennis Kucinich	Ohio
• Steny Hoyer	Maryland	• Steven LaTourette	Ohio
• Neil Abercrombie	Hawaii	• Marcy Kaptur	Ohio
• Karen McCarthy	Missouri	• Eva Clayton	North Carolina
• John Larson	Connecticut	• Sue Myrick	North Carolina
• Ken Lucas	Kentucky	• Julia Carson	Indiana
• Earl Pomeroy	North Dakota	• Baron Hill	Indiana
• Bill Delahunt	Massachusetts	• Bill Barrett	Nebraska
• Robert Underwood	Guam	• Tom Osborne	Nebraska





Salem Hospital Takes The Pledge To The  
Communities They Serve



# Emergency Department Staff







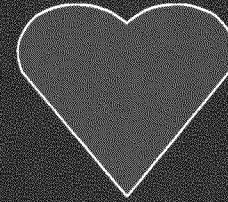
Oregon Governor John Kitzhaber & First Lady Sharon Kitzhaber  
Pledge to their newborn son, Logan  
December 29, 1998



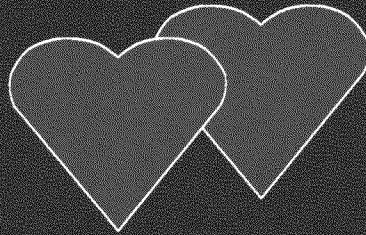
**“THE WAY WE TREAT  
OUR CHILDREN  
DETERMINES THE  
LEVEL OF CRIME IN  
OUR COMMUNITY.”**

**Sarah Buel**

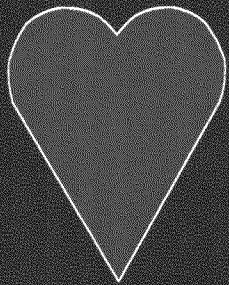
I Am Valuable



I am a Valuable *Irreplaceable*  
Human Being



YOU Are Valuable



You are a Valuable  
*Irreplaceable* Human Being



# The Power Of One





# YWCA Week Without Violence

Schedule of Events  
October 14-20, 2001  
Portland, Oregon

The 1<sup>st</sup> annual Portland YWCA Week Without Violence is a national / international effort to provide education and bring awareness about issues of violence to our homes, schools, places of business and communities.

Day	Program	Location & Time
Sunday, Oct. 14 <b>Day Of Rememberance</b>	Churches and other religions groups have been asked to hold a brief celebration/observance in their services remembering the victims of violence. Adults and children will be able to trace their hands onto paper and sign Hands Pledge	Throughout Portland
Monday, Oct. 15 <b>News Conference</b>	News conference with City Commissioner Dan Saltzman who will read the proclamation from Mayor Vera Katz's office, making this "Week Without Violence". Following remarks by Police Chief Mark Kroeker, Jean DeMaster and Anne Kelly will ask everyone to take the Hands Pledge. Their handprints will join the collage.	Portland City Hall
Tuesday, Oct. 16 <b>Violence In Society</b>	A dialogue on Violence in Society, sponsored by the Metropolitan Human Rights Center. Dora Asana from MHRC will facilitate the dialogue.	YWCA Downtown Center 1111 SW Tenth Avenue 7 p.m.
Wednesday, Oct. 17 <b>Forum For Women</b>	Forum for Women on the topic of "What to do if you think that someone you know may be a victim of domestic violence." Cindy Nemet and Randi Pottebaum of the YWCA Yolanda House will be facilitating this forum.	YWCA Downtown Center 1111 SW Tenth Avenue 7 p.m.
Thursday, Oct. 18 <b>Forum For Men</b>	1. Multnomah County Commission will be asked to take the Hands Pledge and have their handprints join the collage.  2. Forum for Men on the topic of how to prevent violence. The Forum will be facilitated by Geruseva Mason from Transition Projects.	1. Multnomah County Commission Board Room  2. YWCA Downtown Center 1111 SW Tenth Avenue 7 p.m.
Friday – Saturday, Oct. 19-20 <b>Public Mural Creation</b>	A mural will be created during the weekend. Visitors can take the Hands Pledge and add art to the collage.	Lloyd Center
Throughout the week <b>Silent Witness Display</b>	The Silent Witness display will be exhibited. It will be open to the public. The exhibit includes 20 fiberglass statues of women who have died in Portland as a result of domestic violence, and brief biographies of the women.	YWCA lobby at 1111 SW Tenth Avenue

***Hands Pledge: I will not use my hands or my words  
for hurting myself or others.***

**For information call 503-294-7486**



BEFORE THE BOARD OF COUNTY COMMISSIONERS  
FOR MULTNOMAH COUNTY, OREGON

**PROCLAMATION NO. 01-139**

Proclaiming the Week of October 14 to October 20, 2001 as Hands and Words Are Not For Hurting -Week Without Violence in Multnomah County, Oregon

**The Multnomah County Board of Commissioners Finds:**

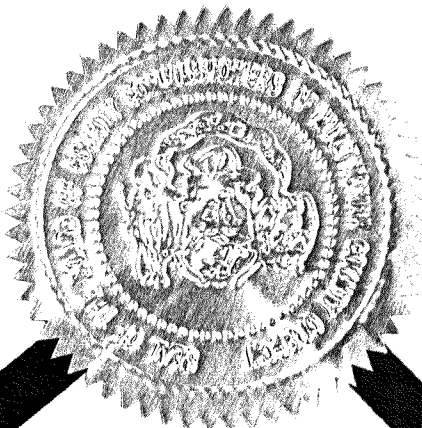
- a. A world without violence is a dream we all share.
- b. Any form of mistreatment of another is abuse, and all people have the right to live free of violence.
- c. Verbal and emotional abuse can lead to physical violence.
- d. Respect for ourselves and others is key to developing healthy relationships at every age and in all circumstances.
- e. The beginning of the end of violence must start with a personal commitment to not resort to violence.
- f. The principle of non-violent resolution of conflict must be taught to our children and practiced within each of our families.
- g. Together with communities around the country and overseas, we recognize the Hands Are Not For Hurting Project's Pledge is a key piece of the puzzle, and an effective tool in violence prevention education.

**The Multnomah County Board of Commissioners Proclaims:**


October 14 though October 20, 2001 as Hands and Words Are Not For Hurting-Week Without Violence in Multnomah County, Oregon, and encourage all citizens of Multnomah County to join Hands as a family and community to Pledge, both privately and publicly, that

"I Will Not Use My Hands Or My Words for Hurting Myself Or Others"

ADOPTED this 18th day of October, 2001



BOARD OF COUNTY COMMISSIONERS  
FOR MULTNOMAH COUNTY, OREGON

  
Diane M. Linn, Chair