

BEFORE THE BOARD OF COUNTY COMMISSIONERS
FOR MULTNOMAH COUNTY, OREGON

PROCLAMATION NO. 08-135

Proclaiming October 5 through 11, 2008 Mental Health Awareness Week in Multnomah County, Oregon

The Multnomah County Board of Commissioners Finds:

- a. Serious mental illnesses such as major depression, bipolar disorder, schizophrenia, obsessive-compulsive disorder, severe anxiety disorders, borderline personality disorder, and post-traumatic stress disorders affect one in every four people annually;
- b. Serious mental illnesses have been scientifically proven to be highly treatable illnesses of the brain;
- c. Scientific research is producing tremendous breakthroughs in the understanding of mental illnesses, resulting in more effective treatments that allow people to reclaim full and productive lives,
- d. Misunderstandings exist about many mental illnesses and our social culture often wrongly imposes stigma on them;
- e. There is an ongoing need for education about mental illness and how to access treatment; therefore,

The Multnomah County Board of Commissioners Proclaims:

The week of October 5 through 11, 2008 is proclaimed to be National Mental Health Awareness Week in Multnomah County, Oregon. We invite all residents of Multnomah County to observe this week by participating in programs, activities, and ceremonies supporting this year's theme, **"Building Community, Taking Action"**.

ADOPTED this 2nd day of October, 2008.


BOARD OF COUNTY COMMISSIONERS
FOR MULTNOMAH COUNTY, OREGON



Ted Wheeler, County Chair


Maria Rojo de Steffey,
Commissioner District 1


Lisa Naito,
Commissioner District 3




Jeff Cogen,
Commissioner District 2


Lonnie Roberts,
Commissioner District 4

SUBMITTED BY:
Joanne Fuller, Director, Dept of County Human Services