

BEFORE THE BOARD OF COUNTY COMMISSIONERS  
FOR MULTNOMAH COUNTY, OREGON

**PROCLAMATION NO. 00-170**

Proclaiming October 15 through October 21, 2000 African American Wellness Week in Multnomah County, Oregon

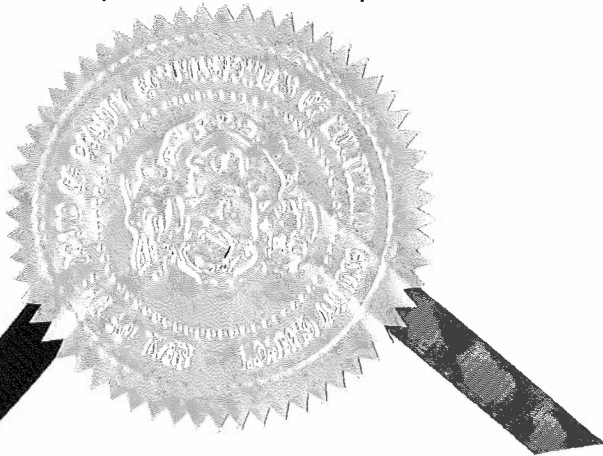
**The Multnomah County Board of Commissioners Finds:**

- a. Heart disease and stroke are the leading cause of death in the United States. African Americans are almost twice as likely to die from strokes as white Americans.
- b. African Americans are 1.5 times more likely to be diagnosed with diabetes than white Americans.
- c. Education, early detection and healthy life choices can reduce death and suffering from high blood pressure, diabetes, obesity, cancer and smoking.
- d. The African American Health Coalition was established in 1989 to promote and improve wellness among African Americans living in Portland through education, advocacy and research.
- e. The Coalition has received a \$196,000 grant from the Centers for Disease Control and Prevention to address the disparity in cardiovascular disease and diabetes between whites and African Americans, as part of the Racial and Ethnic Approaches to Community Health (REACH) initiative.
- f. The Coalition is sponsoring the 5th Annual African American Wellness Village on Saturday, October 21, 2000 from 9:00 a.m. to 5:00 p.m. at SEI, 3720 North Kerby and will provide vision screening, blood pressure checks, diabetes testing, health cooking demonstrations, lead testing, CPR classes and additional health information and entertainment.

**The Multnomah County Board of Commissioners Proclaims:**

The week of October 15 through October 21, 2000 to be African American Wellness Week and encourages all African American residents in the County to take part in the Wellness Week activities.

Adopted this 19th day of October 2000.



BOARD OF COUNTY COMMISSIONERS  
FOR MULTNOMAH COUNTY, OREGON

  
Beverly Stein, Chair