

**BEFORE THE BOARD OF COUNTY COMMISSIONERS  
FOR MULTNOMAH COUNTY, OREGON**

**PROCLAMATION NO.**

Proclaiming July 2, 2015 as Bring Your Dad to the Doctor Day in Multnomah County, Oregon.

**The Multnomah County Board of Commissioners Finds:**

- a. The current County wellness campaign is called "Taking Charge! The Seven Dimensions of Wellness." Designed by a team of employees from across the county, the Taking Charge! Campaign is all about the Seven Dimensions of Wellness which promote emotional, intellectual, physical, social, environmental, financial and a sense of purpose.
- b. According to Dr. Harvey B. Simon, Associate Professor of Medicine at Harvard Medical School, "men die younger than women, more frequently than women, and have more chronic illnesses than women." Diseases and conditions such as AIDS, gout, kidney stones, alcoholism, bladder cancer, heart attacks, aortic aneurysms and duodenal ulcers are more common in males than in females.
- c. Heart disease is the leading cause of death for men in the United States, killing 307,225 men in 2009 - that's 1 in every 4 male deaths. It is also the leading cause of death for most racial/ethnic groups in the United States, including African Americans, American Indians or Alaska Natives, Hispanics, and whites. For Asian American or Pacific Islander men, heart disease is second only to cancer.
- d. Men are less likely than women to see a doctor. Minority men are less likely to get timely preventive care, such as flu shots and colonoscopies which can contribute to preventable health inequities.
- e. Men are important members of our communities and it is imperative that we emphasize healthy behaviors and preventive care for those who are at risk for heart disease, cancer, accidents, chronic lower respiratory diseases, strokes, Type 2 diabetes, suicide and other conditions or diseases. As a county, it is necessary to ensure healthcare access and community conditions that support healthy living and strong families.
- f. By providing opportunities to visit health professionals for regular checks, Multnomah County is providing men with resources and services to live happy, healthy, productive lives in our community. On this day, families and friends are encouraged to take their dad to the doctor.

**The Multnomah County Board of Commissioners Proclaims:**

July 2, 2015 as Bring Your Dad to the Doctor Day in Multnomah County, Oregon.

**ADOPTED this 2nd day of July, 2015.**

BOARD OF COUNTY COMMISSIONERS  
FOR MULTNOMAH COUNTY, OREGON

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Deborah Kafoury, Chair

REVIEWED:  
JENNY M. MADKOUR, COUNTY ATTORNEY  
FOR MULTNOMAH COUNTY, OREGON

By \_\_\_\_\_  
Jenny M. Madkour, County Attorney

**SUBMITTED BY:** Commissioner Loretta Smith, District 2