

Stabilization Treatment Preparation (STP) Transitional Housing Program

Presented to the Board of County Commissioners on Thursday, May 5



What is STP?

- STP is a transitional housing program that also provides stabilization services.
- The program serves 16 adult males with behavioral health or medical concerns who are involved with the criminal justice system.
- STP clients need enhanced stability and support. The goal is to integrate them into the community.
- STP helps stabilize clients' behavioral health issues and prepares them for treatment, legal obligations and supportive services.

Who's involved?

STP is a collaborative effort. The following organizations work together to ensure clients' success:

- Multnomah County Department of Community Justice (DCJ)
- Multnomah County Mental Health and Addiction Services Division (MHASD)
- Central City Concern (CCC)
- Multnomah County staff provide oversight and supportive service engagement. CCC provides housing and support services.

How are clients referred?

STP serves individuals who are referred from the following programs:

- DCJ's Assessment Referral Center
- Health Department/MHASD Diversion Court programs:
 - Mental Health Court
 - Forensic Diversion

What's different about STP?

STP clients benefit from extra support. Unlike other transitional housing programs, STP gives clients several unique services:

- 24/7 staffing
- 2:16 staff-to-client ratio at all times
- Intensive case support for each individual
- Dormitory-style living
- On-site offices for Parole/Probation, Jail Diversion, nursing oversight, and behavioral health counselors

Community partners

STP wouldn't be successful without help from these several community partners:

- DCJ - Parole and Probation, Corrections Counselor, Health Assessment Team
- MHASD - Mental Health Court, Forensic Diversion Program
- Cascadia - Case Coordination, FACT Team
- Federal Parole and Probation
- Luke Dorf
- CCC - Old Town Recovery Center, CORE Team, Employment Access Center

What are the outcomes?

STP stats:

- 81 clients served between 7/15-4/16
- 16 clients currently in programming
- 65 clients have exited the program:
 - 47 clients successfully transitioned to another level of care/ housing
 - 18 clients required additional supports, stopped engagement early, or were unable to engage fully in program

Voices from clients

Without STP, I would be isolated. I wouldn't be talking to others. With STP, I'm surrounded with peers and people who share my experience. Now, I'm on track with my parole and I'm staying clean. - Jonathan

Before STP, I was living on the streets. This program gives me a place to "hang my hat," a reliable place to live, and resources for me to take care of the things I need to work on. - Barry

STP provides housing and intensive services to 16 adult men with an active waiting list. Looking forward, STP hopes to work on the following areas:

- Replicating/expanding the STP program for women.
- Expanding the men's program to meet the identified need.

Questions?

